

May 2018

SALISBURY

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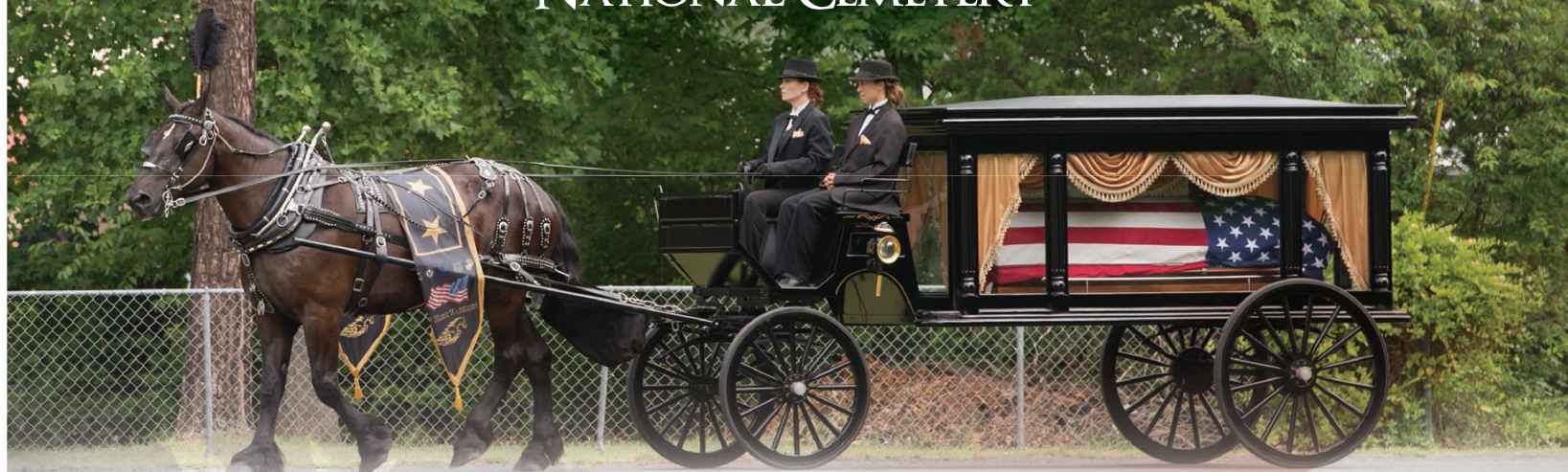
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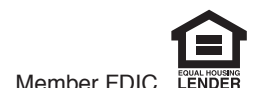
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Drawing them in

Mark 'Mook' Brincefield has an interesting take on life.

by MARK WINEKA

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It's time to develop a life with your dog.

by MARK WINEKA

On this page: Trainer Nina Dix gives Gibbs, a golden doodle, the 'leave it' command.

— Photo by Jon C. Lakey

On the cover: A self portrait watercolor by Mark 'Mook' Brincefield.

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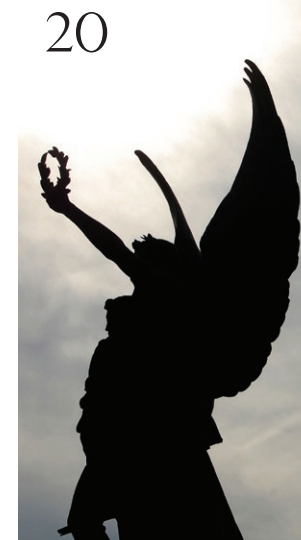
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A pack mentality comes in handy

As trainer Theresa Pitner stood in a circle with six puppies and 10 people around her, she encouraged the dogs' handlers to see how their pets were communicating, processing all the new, exciting information they were receiving through their noses.

"We're establishing the pack," Pitner explained. And though it may not have seemed so then, Pitner promised that by the end of this first class in a six-week training course, the puppies would feel more at ease with each other and be demonstrating a pack mentality of teamwork.

But at first, there was barking, straining at leashes and nervousness.

In the hour to come, Pitner worked with the dogs and owners on things such as walking on a leash, focusing on their owners, sitting (and not jumping) for treats and socializing in general.

"All dogs can do it," Pitner said, "but it's up to us to teach them to do it. Don't give up."

By the end of their first class, Bear, Daisy, Cali, Milo, Levi and Sam reassembled with their handlers in the circle. The puppies were much calmer, much more comfortable with the people and dogs around them.

"This is the pack," Pitner said. "Often when dogs are together as a pack, they figure it out. It's why socialization is so important."

Thanks to Pitner and Nina Dix, both of whom have an enviable way with dogs and are beloved by their students, you'll find sev-



eral good dog training tips in this issue of *Salisbury the Magazine*.

In another feature, we catch up with Mark Brincefield, the eccentric editorial cartoonist for the *Salisbury Post*, who also is a terrific watercolorist. It's hard to believe, but Brincefield has been drawing the Sunday editorial cartoon for the local newspaper for 30 years. In addition, he has drawn maybe thousands of illustrations for the *Post* over the same period.

Andie Foley introduces us to the equally unconventional Scott and Kathy Adams, a couple who literally have made their home their castle. You'll find they have somehow blended their love for both pirates and Renaissance times into quite an interesting home in Salisbury.

On the food side, this issue connects with Chef Jose Dos Santos, whose Brazilian-influenced cooking makes his restaurant on East Fisher Street one of the important anchors in

Salisbury's version of a theater district.

Susan Shinn Turner provides the story of how eight industrious women came together as a collective and established the SoFul Yoga & Wellness studio on South Fulton Street. Dewey Bryan proves you should stay busy in retirement, and he does so with his love for repairing old clocks.

Aaron Kopley explains his love for history as this issue's Rowan Original, and Dr. John E. Wear tells us the importance of community partnerships in his *Salisbury's the Place* column.

This issue also offers a good chance to introduce Becca Benson, an intern photographer from Randolph Community College, whose work you'll find in several stories, and North Rowan High School juniors Spencer Gettys and Millie Small, who provided us the story and photographs on the *Salisbury History and Art Trail*.

It takes a village behind each magazine — or at least one with a pack mentality. **S**

Mark Wineka,
Editor, Salisbury the Magazine



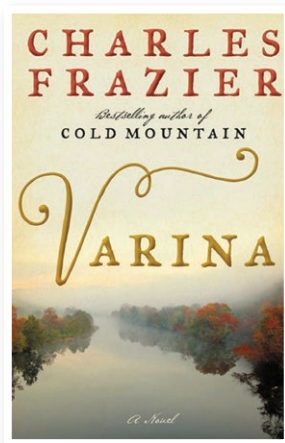
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Frazier gives epic take on Confederacy's first lady



"Varina"
By Charles Frazier

Years ago, Charles Frazier won wild acclaim for "Cold Mountain," a North Carolina- and Virginia-based story which brought to life the chaos and devastation of the Civil War.

Frazier's fourth novel, "Varina," takes us back to the Civil War and its aftermath again, only this time through the eyes of Jefferson Davis' second wife, Varina Howell Davis.

Be warned, Frazier takes great license with history, but he delivers a fictional story that's epic in its scope and power like "Cold Mountain."

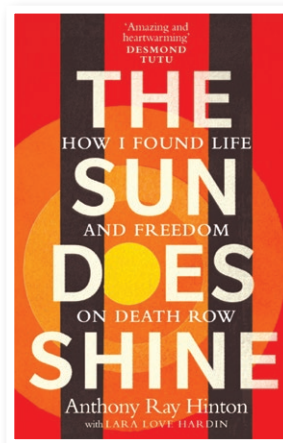
As a teenager and with her prospects for marriage limited, Varina agrees to marry the much-older widower Jefferson Davis. She does so expecting a lifetime of security as a Mississippi landowner. Davis instead pursues a political career that, as history knows, leads him to the presidency of the Confederacy.

Varina finds herself at the volatile center of one of the darkest moments in American history, and she feels culpable, regardless of her intentions.

The Confederacy falling, her marriage in tatters, and the country divided, Varina escapes Richmond with her children, and they travel south on their own, now fugitives with "bounties on their heads, an entire nation in pursuit."

Reviewers say "Varina" is intimate in its detailed observations of one woman's tragic life.

Ultimately, it provides a portrait of a woman who realizes that complicity carries consequences.



"The Sun Does Shine: How I Found Life and Freedom on Death Row"
By Anthony Ray Hinton

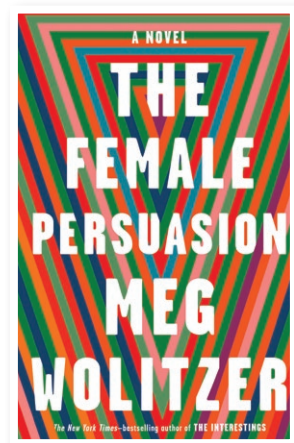
"The Sun Does Shine: How I Found Life and Freedom on Death Row," by Anthony Ray Hinton, is destined to become a classic memoir of wrongful imprisonment, shining human spirit in the face of injustice and, ultimately, freedom won. As the title suggests, Hinton found a way to live on death row for 30 years before winning his release in 2015.

In 1985, Hinton was arrested and charged with two counts of capital murder in Alabama. Stunned, confused and only 29, Hinton knew it was a case of mistaken identity and believed the truth would prove his innocence and lead to his release. But with no money and facing a different system of justice for a black man in the South, Hinton was convicted and sentenced to die by electrocution.

He spent his first three years on Holman State Prison's death row without saying a word, full of anger and despair. But something changed for Hinton, and he resolved to transform his spirit and the souls of the inmates around him.

Hinton lived while 54 of those men were individually executed over time in a death chamber not far in distance from his cell.

Hinton's memoir, which includes an introduction from civil rights attorney Bryan Stevenson, a man who helped in gaining Hinton's freedom, will serve as an extraordinary testament to the power of hope sustained through the darkest of times.



"The Female Persuasion"
By Meg Wolitzer

Charming and wise, knowing and witty, Meg Wolitzer delivers in "The Female Persuasion" a novel about power and influence, ego and loyalty, womanhood and ambition.

Wolitzer writes about the flame flickering in all of us, waiting to be discovered and fanned by the right person at the right time. For Greer Kadetsky, that person is Faith Frank.

Greer is a shy college freshman when she meets Frank, who at 63, still dazzles people with her persuasiveness and elegance. For decades, Frank has been a pillar to the women's movement and an inspirational force for others to make their mark on the world.

Greer is madly in love with her boyfriend, Cory, but hearing Frank speak for the first time awakens a dormant ambition and turns on an inner light. Frank later pushes Greer to make something out of her new sense of purpose — a path that steers her away from Cory and into the future she really wants.

Wolitzer reveals this yearning to be admired by someone we admire. In Greer's case, it also leads to a new kind of life and a much bigger world.

Deep down, "The Female Persuasion" is about people who guide and people who follow and a desire in all of us to be pulled into the light. **S**



Rowan County photographer R. Wayne Wrights captured this butterfly, a pipevine swallowtail, next to a Turk's cap lily, while shooting pictures in Laurel Springs, North Carolina, last July. Wrights used a Nikon D600 camera with a Nikon 600mm lens.

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2018 MAY EVENTS

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Every Saturday & Sunday

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PAWS, CLAWS & SCALES DAY

May 5 10am-5pm - Nature programs, guided tours, animal paintings for sale.

Sponsored by Rowan Wild.

SNAKES OF ROWAN COUNTY

May 5 1pm - Learn about the most common snakes seen in Rowan County and how to identify venomous snakes. Meet at the Nature Center Auditorium.

GEM MINE

May 12 & 13 - (Mother's Day Weekend) Mothers get \$2 off any bucket bought at the mine and a free sterling pendant for any stone they buy to fit it. (Must be a pendant we have in stock) We want you to get a discount, so ask before you buy.

SENIOR CITIZEN FISHING TOURNAMENT

May 14 -18 Cost: Free Age: 60 & up

Show off your fishing skills. Register at the concession stand. Prize will be awarded for the largest fish.

NIGHT PROWL NATURE PROGRAM AT CAMPGROUND

May 19 9pm - Meet at the campground shelter. For registered campers only.



Aaron Kepley has been at his job as executive director for Rowan Museum Inc. for almost two years.

Through its properties, programs, exhibits, education and events, the museum mission is to save and share the long, rich history of Rowan County and its people. Kepley dedicates himself to that goal.

Rowan Museum properties include the 1854 Rowan County Courthouse, which holds the museum's offices at 202 N. Main St.; the Old Stone House in Granite Quarry; the China Grove Roller Mill; and the Utzman-Chambers House in Salisbury.

Salisbury the Magazine recently caught up with Kepley for a quick interview:



Q. What was it that turned you on to history in the first place? Was there one benchmark moment or were there an accumulation of things?

My mom and dad always took me to historical things when I was little. I grew up playing in Gold Hill Park around the mines, Sunday trips to the Transportation Museum because I loved trains and, of course, going to Grace Lower Stone Church on Sundays. I grew up with an incredible amount of history all around me, and I was tuned into it natively.



A future in the past

Aaron Kepley keeps trying to bring history forward.

by Mark Wineka

What's the most fascinating era in U.S. history to you and why?

Before college the answer would have definitely been the Civil War. For a long time I lived and breathed Civil War history. I wore out two VHS sets of the movie "Gettysburg" before the eighth grade. Now though, I would say it goes back to the Colonial era to Antebellum and primarily deals with the Germans of eastern Rowan. I like how historic events shaped their lives and their decisions. Slavery during this period has also fascinated me.

Is there a story or era related to Rowan County history that is your favorite? How come?

Let's go with during the Revolution and the British were chasing the American army through the county. If not for rain swelling the Yadkin River and General Greene making sure he had all the boats on the north side of the river, there is a good chance that the decisive action of the Revolution would have been fought near Spencer, not Yorktown, and we could still be British.

Had you not been a history major in college and gone this route, what might have been other fields you would have pursued?

I tell people all the time that sharing history is the only thing I can do. They laugh, but it is absolutely true. Any of my past math teachers reading this are probably nodding in agreement right now. I don't like to do the same thing every day, and I like to be outside whenever possible getting my hands dirty. The museum allows me to be hands on when possible and still forces me to dress up and shake hands. Sometimes I go from dirty in the field to speaking at events within an hour of each other.

If Rowan Museum Inc. had unlimited funding at its disposal, what kinds of programs would you love to add to those you already do? Where is there a void, or what's lacking do you think?

There are so many problems that money

could solve, but I think this one is probably a key thing to the historical accuracy and viability of what I'm trying to do — finding an interpretation of Rowan County history that speaks to our sizable minority population. This is something that the museum has been trying to do for a long time, and we just have not been able to get it absolutely right yet.

Let's use the Old Stone House as an example: Michael Brown had 15 African slaves living on his property in 1790. They outnumbered the whites living there. Unfortunately, we know virtually nothing about them besides when two of them are mentioned in his will being passed to his survivors. This adds a whole new dimension to the interpretation of the house, and we're struggling to bring that story forward. It's especially an acute problem when a lot of our public schools are becoming majority minority.

What's the biggest misconception about what Rowan Museum is or does?

I've heard this many times, and not just at the Rowan Museum: "So do you just sit in there and wait on people to come?" I haven't been in my office much at all this month and I've gone all over the county to meetings, giving historical talks, researching, working on programming, trying to balance third- and fourth-grade tours at three of our facilities. Add to that our near bottomless events calendar. Another huge misconception, although we do get some county and city funding (for which we are eternally grateful), we are a non-profit organization and entirely dependent upon the amazing generosity of our community to operate. In other words, we're very busy and could use more money to help us save more history!

What big event or projects are being discussed for the future?

Tanks, trucks, howitzers, maybe even a fly-over by a super fortress. The 75th anniversary of World War II is coming up in 2020. One of my awesome board members, Randy Lassiter, is working on this already and comes to me almost weekly with something else mind-blowing that someone in our community has volunteered. This one is going to be B.I.G. if it keeps up as it's going. Stay tuned for it.

What's the best history-related book you've ever read?

Eric Foner's "A Short History of Reconstruction." It took all my preconceived notions of Reconstruction from growing up in the South and destroyed them one at a time. It shook me to my core beliefs about what it meant to be Southern and then helped me to rebuild myself with facts instead of traditions and sometimes outright lies. I love a history book that makes me feel uncomfortable with facts I can't disprove.

How about your favorite history-related movie?

Mel Brooks' "History of the World Part 1." OK, not "factual" per se, but it reminds us not to take life too seriously. And the scene where Moses comes down the mountain with 15 — drops a tablet — TEN! Commandments gets me every time.

What hobbies or other interests do you like to pursue?

No one can believe this for some reason. I play guitar. I love Led Zeppelin and Black Sabbath, and I was so desperate to play in a band back when I first started playing that I was in a punk band. My last band was a mix between Queens of the Stone Age and Corrosion of Conformity. I haven't played in a band in a while because real life gets in the way, but I love to play extremely loud, slow, and down tuned.

Two foods that are always in your fridge or pantry?

Oranges and apples. I hardly ever get to eat them. My little girl loves them and we seem to have an endless supply for her. She catches me eating one though and it's game over.

Who has had the most influence on your life so far and why?

I feel it's a composite of many people: my grandparents, parents, teachers, professors, career mentors and friends. I worry so much about letting those people down that I think if you are one of those people, you have the most influence on me. **S**



Chef Jose Dos Santos holds a plate of lasagna at his restaurant, Chef Santos by Goodfellas.



Top chef

Santos brings a touch of Brazil to Salisbury.

Written by Mark Wineka | Photography by Rebecca Benson

No one ever said Chef Santos doesn't know his customers. On this day, he's wearing an Appalachian State University ballcap, but should a customer walk in who's a fan of say N.C. State, Duke or Carolina, the diminutive chef likely will change his cap to reflect the allegiance.

"He gets a bunch of hats from all the customers," says young waitress and assistant Isabella Diniz. The caps come in handy when Santos makes one of his

nightly strolls through the dining room to greet customers. Once he gets to know the regulars — and there are many for his small establishment — Santos also remembers their favorite dishes.

So it happens frequently: As someone enters his restaurant, Santos is changing hats and starting in on their entrees before they even order.

Jose Dos Santos, 66, constantly stays in motion, running between his two restaurants — the Italian Grill at 121 E. Innes St.

and Chef Santos by Goodfellas at 123 E. Fisher St.

"Daytime there, nighttime here," Santos says in his heavy Portuguese accent.

FOOD



Chef Santos talks with all of his guests to get to know them and remembers his regular customers' orders.

The recently remodeled Italian Grill (he used to call it Cafe Brazil) serves only lunch, from 11:30 a.m.-2 p.m. Monday-Friday, and also is available for private parties. It has an \$8 lunch buffet that Santos believes rivals anything in town.

Chef Santos by Goodfellas is a pricier, fine-dining experience, open from 5 to 9 every night. With its white linen tablecloths, nicely folded napkins, goblet glasses and intimate dining area, the restaurant has a New York feel to it, which is understandable given Santos' cooking background.

Here, the nightly specials and their sauces reflect the Brazilian, French and Italian influences

at work in Santos' food. Santos says giving his own style to the sauces is "like making music."

The pollo pietto is topped with an Alfredo cream sauce; the crystal scallops, an avocado cream sauce; the Brazilian salmon, a light marinara sauce; the filet au poivre, a peppercorn cognac cream sauce; and with the chicken, tilapia and veal Francese, a combination of lemon white wine butter sauce and Marsala wine sauce.

Jim and Marla Gobbel like to dine at Santos about every Sunday night. Jim Gobbel says they have eaten at a lot of good restaurants, in places such as Charleston and Savannah, but "his food is as good as any."

"He's a great chef," Jim says.

Santos' homemade desserts include limoncello cake, chocolate mousse cake, New York-style cheesecake and tiramisu. He makes his bread daily.

The Chef Santos specials are supplemented by a regular menu, which includes appetizers, salads, soups, pasta, steak, veal and seafood. Prices on entrees range from \$14.95 to \$23.95.

"My favorite dish is the steak au poivre and Susan's is the Brazilian salmon," says Ed Norvell, a longtime customer. "Susan and I love to eat at Chef Santos. It frankly is our favorite restaurant and, as Susan said, it is like going home, like eating with family, comforting."



Lucia Monteiro, left, and Chef Santos prepare dishes for guests. Below: Isabella Diniz, right, hands a plate to Laura Lewis.

The Norvells, the Gobbels and Luke and Diane Fisher became fans of Santos' cooking soon after the chef arrived in Salisbury more than 20 years ago and was cooking at places he called Goodfellas. His former locations included the old Ramada Inn and a place near Interstate 85 off East Innes Street that no longer exists.

"His restaurant was kid-friendly," Diane Fisher says. "Our kids ate anything he cooked for them, and we have followed him ever since, probably close to 25 years. ... Anytime our children are in town, they want a family dinner at Santos."

When Piedmont Players Theatre bought the former Beattie's Open Kitchen building on East Fisher Street, "we were anxious to get him downtown," Norvell says.

It took some creative input from Greer Arey, Clyde the artist and Piedmont Players Director Reid Leonard to entice Santos to the East Fisher Street location, Norvell adds, but it helped the chef was interested.

Chef Santos by Goodfellas turned out to be an anchor during the transformation of this area into an entertainment district that now includes Mambo Grill, City Tavern, Salty Caper, Emma's



and Thelma's, along with the two Piedmont Players theaters — The Norvell and the Meroney.

Through it all, Norvell has become one of Santos' many friends.

"We have enjoyed his dinners at 'Night on the Stage' at the Meroney Theater and also his catering for events like Rotary and this year for the reception at our house for the Salisbury Sculpture Show," Norvell says.

Fisher says Santos catered her son Ben's wedding rehearsal dinner in 2016. "All of our guests raved about the fabulous food," she says. "Santos' willingness to cook for such a special occasion meant a lot to all of us — Santos included. He's such a good man."

The Gobbels say a combination of things make Santos one of their favorite restaurants. "The food, of course," Jim says, "and Santos and his staff go out of the way to make you feel like you belong there."

When the Gobbels walk through the front door, they usually decline a menu, because they know what they're ordering. The staff also knows what wine to send to their table without asking. Jim especially likes when Santos stops by.

"We understand about every other word," Jim Gobbel says. "He's a very gracious man, and the stories he has told us — you can just tell from talking to him how appreciative he is of all the support he gets in Salisbury."

Fisher sees it, too. "He's so supportive of all the downtown businesses," she says. "His commitment seems to have no bounds, and he's always so positive and optimistic."

Santos is surprised when you remind him he has cooked and run restaurants in Salisbury longer than anywhere else. All told, he has now lived in the United States for 38 years.

Santos grew up in Brazil, learning to cook from his grandmother, then attending culinary



*Santos cooked at times
for musician Dave
Matthews and his
band members.*

school.

He was a chef for Pan American Airlines before moving to New York and working in a Brazilian restaurant called Sign of the Dove, where Frank and Barbara Sinatra liked to dine. In Washington, D.C., he gained notoriety as chef at Dona Flor and earned a reputation for making anything you wanted in 20 minutes.

Later restaurant stops would take him to West Virginia, Virginia and Poughkeepsie, N.Y. In Roanoke, Va., Santos cooked at times for musician Dave Matthews and his band members.

Santos says he stopped in North Carolina on his way from Poughkeepsie to New Orleans. He hasn't left the state yet. He has told Gobbel on occasion that God told him to stop in Salisbury.

What has made Santos stay in a town this small? Santos says there's no rush hour, no subways, nice people and you can get from one end of town to the other in 15 minutes.

"You see horses and everything," he says, "and I love the people here."

Santos rises around 5 or 6 a.m. every day and usually drives to Charlotte, where he stops at Restaurant Depot and a couple of fresh markets to pick out the meat, seafood and vegetables he wants. He also visits Sysco Food Service in Concord.

"They usually deliver (food), but he'd rather go and pick it up himself," says Diniz, who has known Santos since she was 4 and serves as his right-hand person at the restaurant. "I do a little bit of everything here."

Kelly Hammill helps with the catering. In his kitchen, Santos has a couple of sous chefs, but his signature is on every dish heading out to the dining room.

"The food here is quality," Santos says, and he delights in knowing customers come to the little restaurant from many different cities in the region.

A Salisbury friend, who asked not to be mentioned, is putting together a Chef Santos cookbook, which will include his personal story and many of his favorite recipes.

Santos hopes any proceeds from the book can go to nonprofit causes.

"He's a very giving person," his local ghost-writer says. **S**

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THE ARTS



Above: 'Sentinel #2' is near the corner of East Fisher and South Lee streets. Below left: The plaque for banking is located near the corner of East Bank and South Main streets. Below: A plaque at Oak Grove-Freedman's Cemetery.





The plaque for Wiley Lash is located near the corner of West Council and North Main streets.

Trailblazers

Public Art Committee provides rich History and Art Trail to explore.

Written by Spencer Gettys | Photography by Millie Small

Some 15 years ago, when Susan Kluttz served as mayor, the city of Salisbury created a master plan for where it wanted to be in 2020. Part of the plan included having public art, and to address this goal, the city's Public Art Committee was born.

A diverse group of organizations make up the Public Art Committee, including the city of Salisbury, Rowan Public Library, and even the Salisbury Symphony. The committee is

responsible for the annual Salisbury Sculpture Show and what might be one of the city's more under-appreciated treasures — the Salisbury History and Art Trail.

The history side of the Salisbury History and Art Trail — represented mostly by well-crafted sidewalk and wall markers in the downtown — covers important events in the city's past over five different eras, spanning from Colonial times in the 1700s to modern day.

There are currently 20 historical events or people documented on the trail, which may not sound impressive until you consider the work going into a single plaque.

THE ARTS



The tiled mural 'Smoke & Steel' runs along Depot Street.

First, the committee must figure out what historical event it wants to want acknowledge. Significant research and fact-checking follows. Money must be raised. Words must be crafted, and the plaque design agreed upon. Then the proposed plaque is run by all individuals and parties for final approval. If OK'd, the design goes off to a company in Pennsylvania, where the marker is made. All of the preliminary work here is done by volunteers.

Money donated for the markers comes from individuals and organizations. The Woodson Foundation was a big contributor early on, and other organizations have helped when plaques referenced their histories. For example, the Salisbury Rotary Club helped with its marker, and the Salisbury Fire Department assisted in paying for its 200th anniversary installation.

The national award-winning Salisbury Sculpture Show is a great opportunity for artists to show their artwork as well as sell pieces. In addition to the sculptures temporarily on display

*Earlier this year,
UNC-TV came to film
a story.*

*“The producer said
that for a town of this
size to have this
much public art is
amazing.”*

during shows, there are 15 permanent pieces of art that have been purchased and placed in or around Salisbury.

“Jeremiah the Bullfrog,” lounging at North Main and East Liberty streets, was the first to become permanent. In following years, he has

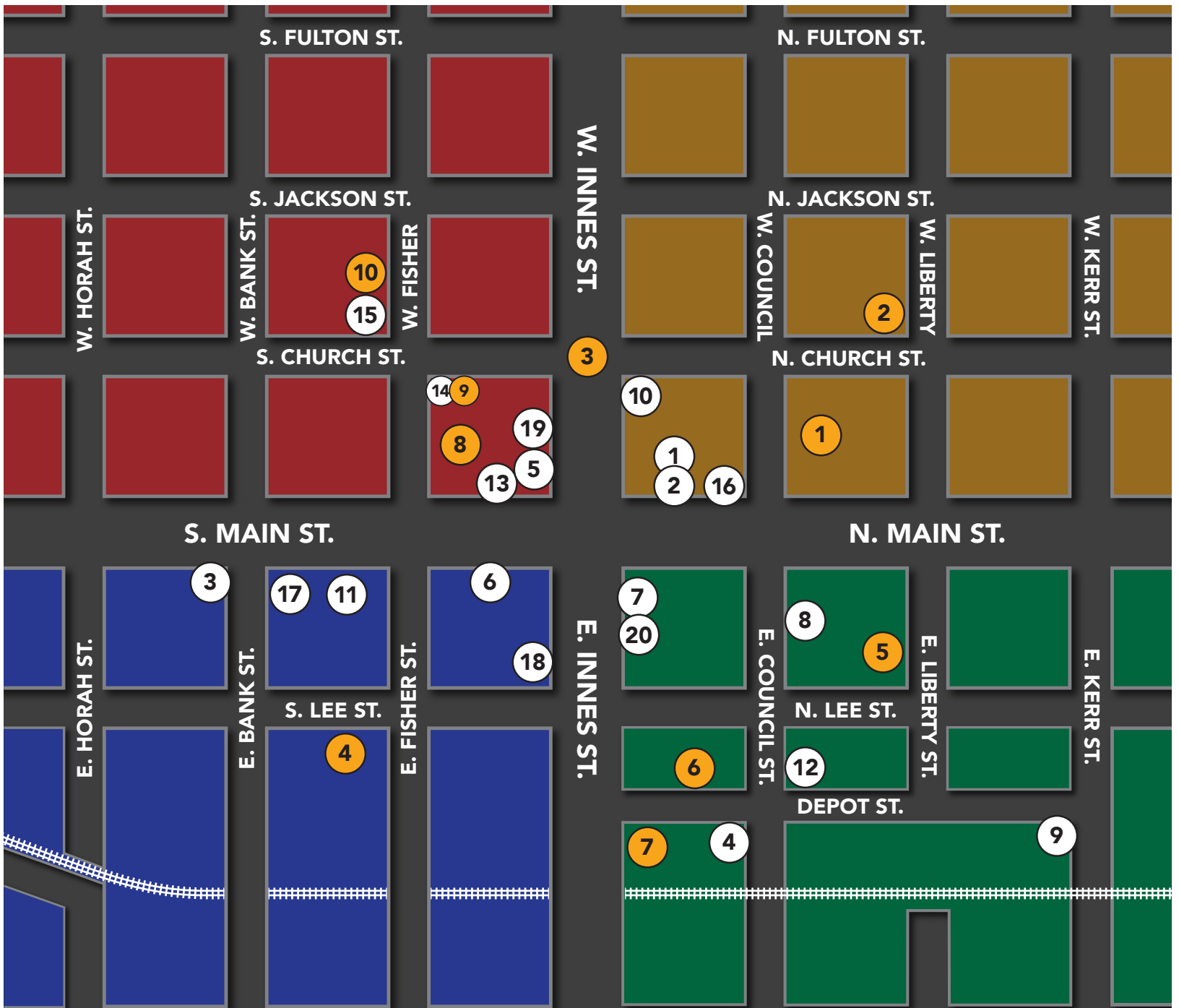
been joined by others, such as the dragonfly statue in Spencer.

Public art in Salisbury has caught the attention of those outside of the community. Earlier this year, UNC-TV came to film a story.

“The producer said that for a town of this size to have this much public art is amazing,” said Barbara Perry, a member of the Public Art Committee since its creation.

Catty-corner to Rowan Public Library, not far from Go Burrito!, stands a large wall made of brick salvaged from a Salisbury cotton mill and covered with tiles decorated by elementary school students. The wall commemorates the cotton mill built after the Civil War to provide jobs for people and keep them in town.

“I love the Cotton Mills Corner,” Perry said. “It was a collaboration with young people who gave up their Saturdays. ... We worked with Waterworks, we worked with the city, we worked with the bank. And believe it or not the parking lot, at the time, was owned by the University of



● Historical markers

- | | |
|-----------------------------|----------------------------|
| 1. John Steele | 11. Meroney's Theatre |
| 2. Elizabeth Maxwell Steele | 12. Sparks Circus |
| 3. Banking on Bank Street | 13. Theo. Buerbaum |
| 4. Coming of the Railroad | 14. Salisbury Cotton Mills |
| 5. Hinton Rowan Helper | 15. Travelers' Club |
| 6. John Willis Ellis | 16. Wiley Immanuel Lash |
| 7. William Valentine | 17. Sister Cities |
| 8. Joseph Ballard | 18. Death of Otto Wood |
| 9. Salisbury Arsenal | 19. Integration |
| 10. Lee Slater Overman | 20. SFD 200th anniversary |

● Public art

1. 1888 Iron Fence
2. Oak Grove-Freedman's Cemetery
3. Confederate Monument
4. *Sentinel #2*
5. Sculpture & Sensory Garden
6. *Smoke & Steel*
7. Fountain
8. *Crossroads: Past Into Present*
9. Cotton Mills Corner
10. Frances Fisher Tiernan



The fountain at East Innes and Depot streets.

Alabama.

“A middle school football team helped us plant all of the trees. I loved that we had all these groups working together and how everyone had fun. And when we dedicated it, we had all these parents and grandparents come to see their child or grandchild’s art.

“I like everything we’ve done, but that’s my favorite.”

The most recent thing to be installed on the History and Art Trail was the monument to the 200th anniversary of the Salisbury Fire Department. The committee worked for seven months before installing it on Dec. 8, 2017.

Even though a significant number of stops exist on the trail already, the Public Art Committee is not resting. The group is working on its next site and hopes to install it this year.

Gretchen Witt, head of the History Room at Rowan Public Library, is redesigning the trail’s brochure. This new brochure will soon be published and available at the library, the Convention and Visitors’ Bureau, Rowan Museum,



Oak Grove-Freedman’s Cemetery is located near the corner of North Church and West Liberty streets.

and other places where tourism information is distributed. **S**

Writer Spencer Gettys and photographer Millie

Small are juniors at North Rowan High School. Both are serving as interns for Salisbury the Magazine and the Salisbury Post.

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Kathy and Scott Adams enjoy the sun on the 'castle' side of their bungalow. They've incorporated the look of a drawbridge and moat.



A compass rose marks the center of the Adamses' great room floor.

Arrr-itecture

Pirate enthusiasts build their dream stronghold.

Written by Andie Foley | Photography by Rebecca Benson



Left: A world globe sits in the pirate corner of the front room. Right: Where's the rum? You'll find many bottles on this living room shelf.



Above: Elves and other fantastic creatures are tucked within the Adamses' collection of mini-bottles. Below: A photo of Scott and Kathy's pirate-themed wedding hangs on the fridge.

Scott and Kathy Adams call themselves crazy. Fortunately, they say, they're crazy in the same direction.

Others would call them mutually enthusiastic. The pair share a passion for all things fanciful, and live in a world of pirates and mermaids, dragons and gargoyles, of fairies, goblins and elves.

And they're all real — sort of.

Three years ago, the Adamses began the process of transforming their 1930s home from brick bungalow into a stone castle.

The remodel includes a statuesque garage capped with a quarterdeck, a new great room and a convincing castle facade at the home's rear entrance.



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Scott, a bearded and jovial retiree, stands in the driveway and faces the looming entrance. In front of him, a purposefully distressed drawbridge is laid over blue concrete, his moat.

“Kathy and I both stained the drawbridge,” he said. “So we can both say we had a hand in building it.”

Inside and out, the house is decorated with statues of mermaids, gargoyles, and fairy creatures alike. It’s an interesting choice for a man retired from the hospitality industry and a woman working in retail business services at the Food Lion corporate office.

“We like to think we have a very fun house,” Scott said.

For both, the foray into the fantastic began when they met through a mutual pastime: the Carolina Renaissance Festival or, as they call it, “faire.”

Scott was a cast member — a rabble-rousing pirate known as Spyglass, the navigator. Kathy was a TDW — a “top dollar wench.”

In the years that have passed, Scott has risen through the honorary ranks to become Commodore Spyglass. Kathy, once Miss Kitty, now joins his arm as Lady Kitty.

“We like to think we have a very fun house.”

Today, the pair regularly attend both Renaissance festivals and pirate conventions, traveling with a group of friends and “adopted” family members called the Scoundrels of the Sea.

“Most of our family are emotionally adopted,” Scott said. “... In other words, we’re family because we want to be family.”

It would be the blending of these networks that led to their ongoing home remodel. They met while both were caring for aging parents and married possessing many belongings from family members related by blood.

“We have basically done what most people do in a 20-year marriage,” Kathy said. “... We’re still trying to go through all the years we’ve had stuff and the years our parents had stuff.”

With virtually two-and-a-half households moving into one, she said, the choice to add onto the bungalow came as they merged traditions as well as belongings.

Scott’s family had a near 70-year tradition of hosting a neighborhood tree-trimming party where folks come to collectively deck the halls and hang ornaments on a 12-foot tree.

It was a tradition that Scott and Kathy couldn’t pass up. They also spend their winter months as Mr. and Mrs. Claus at the North Carolina Transportation Museum and in the Holiday Caravan Parade.

But their bungalow had a structural problem: The rooms were far





The Adamses' great room displays a nautical-themed opulence.

AT HOME



Left: Dragons and skulls guard the Adamses' dining room table. Right: A dresser received as a wedding gift is painted in a pirate theme. Below: Kathy holds a custom cake topper from her wedding.

too small for a neighborhood that had expanded to include friends from Raleigh, Murphy and as far south as Florida.

"We wanted a room that we could have people in that they didn't feel ... like they were in a sardine can," they said, Scott finishing Kathy's sentence.

The resulting great room was constructed in the home's former carport, which meant the garage had to come first.

"I needed somewhere to put my play toy," Scott said, meaning his black, fully personalized '83 El Camino. The coupé's hood is emblazoned with Scott's "Spyglass" custom logo, a skull and pair of crossed spyglasses rather than bones.

Scott's truck also has skulls throughout its interior and exterior: on the door locks, tire stems, floor mats, gear shift and rearview mirror. Sudden Impact Auto Body and Paint Shop played a big part in the custom work.

The two car, castle-style garage — and most of the house's expansion — was designed by builder Scott Crawley.

Scott said Crawley suggested the "quarterdeck" atop the garage, a green-space-saving patio that looks out over the Adamses' quiet neighborhood.

But why the quarterdeck and not a full pirate

ship? Better, why a castle and not a nautically themed construction?

Scott said the reason is twofold. One, the pirate ship was not exactly architecturally feasible. Two, "pirates have to come to shore sometime," he said.

He more commonly refers to his and Kathy's abode as a stronghold. "Castle" is easier to di-

gest for the uninitiated into Renaissance and pirate living.

It helps that some in the Adamses' extended network of family and friends call him King of the Pirates, even dubbing the future expansion "The Great Hall of the Pirate King."

For a king, the room is well-suited. It's both expansive and ornate, with custom wooden floors and a vaulted ceiling. The wood circles in a complex pattern around a wooden compass rose, angled due north.

Kathy and Scott came across the design while traveling. The two were exploring Hillsborough when they were inspired by the floor of the town's Gallery of Arts.

That's not the only time inspiration struck them in daily life. The rails of their quarterdeck were modeled after those at a hospital in Concord.

Kathy said their builder appreciated this constant harvest of inspiration.

"He said the biggest problem he has with people is they say they want to build their dream house," she said. "When he asks them what they want, they ask, 'What do you think?'"

Not so for the Adamses. They had a distinct look in mind, and they were often prepared with picture references.

The rest of the Adamses' great room is dec-





orated with a collection of inherited and serendipitously amassed furniture: Kathy's antique desk. A dresser received as a wedding gift. Three bishop chairs Scott traded for his '78 Ranchero.

"We both had a vision," Kathy said. "... It's just amazing how our furniture ... blends together."

Decorations include stunning sculptural elements in a complimentary theme. There's a towering floor lamp of enchanting mermaids, a melancholy fairy keeping watch by the door.

And then there's another passion on display. Nearly circling the room is the Adamses' collection of mini-bottles — 361, to be exact.

For now, the original portions of the house remain as they were, with only minor updates currently in the works.

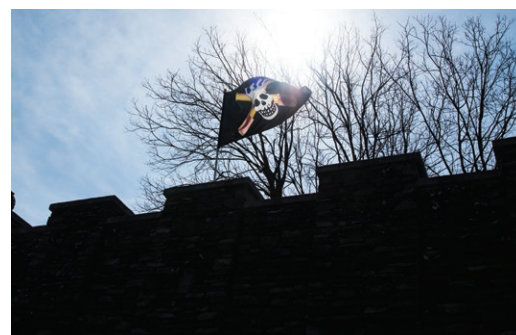
"The house had small rooms and we weren't going to knock out areas because there's architectural components of this house you cannot find," Kathy said, referencing arched doorways and built-in cabinets. Some rooms may be tight, she said, but they're just enough to meet the Adamses' needs.

But, Kathy said, the couple are open to more updates as their needs change. They aren't getting any younger, she said, and they want to enjoy their shared space as long as possible.

"We have an older home, but you can do things," she said. "You can add onto the home and still keep its integrity." **S**



Clockwise from left: Scott's custom 1988 Chevrolet El Camino; the looming facade of the Adamses' stronghold; Scott's custom logo waves in the wind; the 'Pirate Corner' of the Adamses' home; A nautically inspired eye glass rests on a desk.



A photograph of a cluttered room, likely an artist's studio or a living space. The walls are covered with numerous framed artworks, including portraits and abstract pieces. A table with a grey top and dark legs is in the foreground, with a red chair tucked under it. A guitar is visible in the background, and a string of colorful beads hangs from the ceiling. The lighting is warm and somewhat dim, creating a cozy but busy atmosphere.

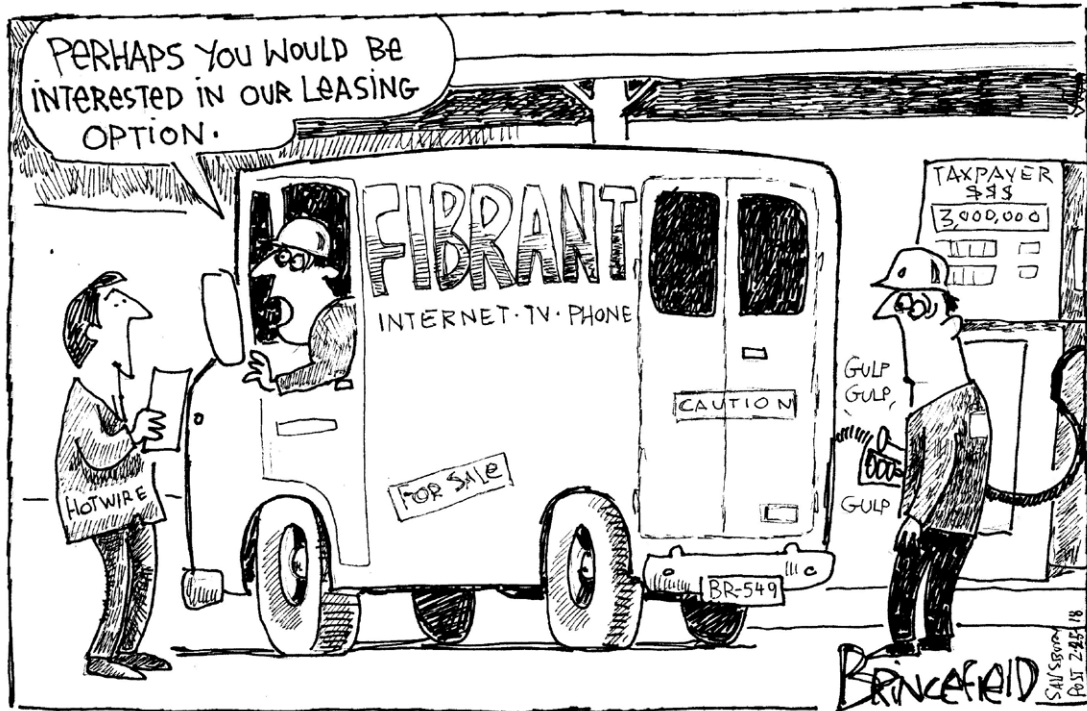
CARTOON CHARACTER

Mark 'Mook' Brincefield helps us with the absurdity of it all.

Written by Mark Wineka | Photography by Jon C. Lakey



Mark Brincefield, who goes by the nickname 'Mook,' has been offering up his artwork to the Salisbury community on textured watercolor paper and newsprint. Aside from his various watercolors, Mook has drawn editorial cartoons for the Salisbury Post.



M

Mark Brincefield has a flair for fashion, and it mimics the backroom studio where he works.

This particular day finds Brincefield wearing his favorite fedora, a Philadelphia Flyers hockey jersey, baggy pants, argyle socks and high-top Converse sneakers.

The studio is filled with his watercolors, which populate the walls, work table, even the floor. You might see a landscape or street scene here and there, but most of the paintings are musicians — the likes of Bob Dylan, Tom Waits, Leon Russell, Lou Reed, Tom Petty, Joe Strummer, Ray Charles and Jimi Hendrix.

Then you see more — jazz players such as Miles Davis, Buddy Rich, Thelonious Monk, Dave Brubeck and Muddy Waters.

“I breathe Bob Dylan,” Brincefield says, and as for the jazz musicians, “there’s a whole bunch of them I still want to do.

I just like doing portraits of people doing music — and it’s good practice.”

The paintings find elbow room in the studio with all things imaginable. An ordered chaos exists among the dartboard, rusty tricycle, a skull, his first guitar, a pair of old boxing gloves, a “funeral no parking” sign and various statutes and wood carvings — some big, some small, some his, some done by others.

A song by Waits thumps out of the large speaker in the corner. Brincefield props his feet on a small table that came out of the old Carousel restaurant, and he also salvaged a dec-

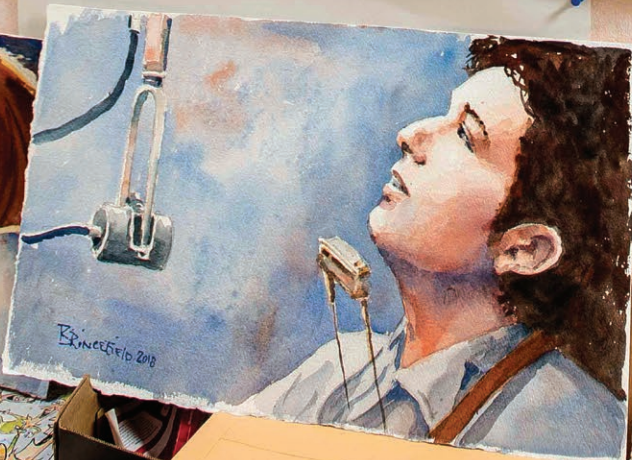


Common sense
 (Or uncommon wisdom, as the case may be.)
*Imagination is but another name for
 super intelligence.*
 - Edgar Rice Burroughs

Samples of
 Brincefield's
 watercolors
 hang in
 his studio.
 Often, the
 subjects are
 musicians.



NAME	
DATE	
TIME	
LOCATION	
REMARKS	





Brincefield likes to stand when he paints.

Each week, Brincefield goes through the daily papers, letters and editorials looking for ideas, “something I think I can work with.”

orative horse from there. “My wife (Susan) is big on horses,” he explains.

At 58, Brincefield could be called a painter, carver and frustrated musician. But over the past 30 years, he has become most familiar as a Sunday editorial cartoonist, illustrator and courtroom sketch artist for the Salisbury Post.

Since April 1988, Brincefield has produced more than 1,500 editorial cartoons for the Post in a popular opinion page spot called “Mook’s Place.” “Mook” is the nickname Brincefield has gone by since he was a young adult.

He started out at \$35 a cartoon and now receives \$90.

The newspaper also has relied on Brincefield, who is not a Post employee, for hundreds, maybe thousands of illustrations and courtroom sketches over the same time period. He does the annual watercolor portrait for the Post’s Newsmaker of the Year.

“I couldn’t begin to add that up,” he says.

In his younger days, Brincefield often carried around 200-page drawing pads and filled them beginning to end with his own cartoons, just making up characters. He also created comic books, each about 20 pages long.

Teachers encouraged him along the way in school, and he was influenced heavily by the cartoons and illustrations in MAD Magazine.

“Everything I am now is from MAD Magazine,” Brincefield says.

He came up with his own minimalist style of cartooning, along with a philosophy that believes readers don’t like a lot of words in their cartoons.

Back in 1988, then Post editor Steve Bouser called him one day and said he understood Brincefield drew cartoons.

Brincefield took a couple of his sketch pads with him and met with Bouser. Pretty soon, his cartoon — always on a local subject — became a regular



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**Sam Quinones, (Excerpt from Senate Testimony, January 2018)
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editorial page offering. His first cartoon dealt with an eminent domain issue confronting Rowan County commissioners at the time.

"That's a luxury — to have editorial cartoons about local issues and people," present day Post editor Elizabeth Cook says. "He follows the news, reaches his own conclusions and has at it. I don't always agree with him, but that's OK. We want a variety of opinions in the paper."

Brincefield initially signed his contributions "Mook," until Bouser protested and said they should be signed with his real name.

"I wanted to be anonymous," Brincefield says, "and he wouldn't allow that. I never really was comfortable doing editorial cartoons. Even now, it's just a comment on what's going on — the absurdity of what's going on."

There are times he takes a side that is opposite his personal opinion, only because it makes for a better laugh. Fibrant, the city of Salisbury's sometimes beleaguered fiber optic utility, comes to mind.

"I like Fibrant myself," Brincefield says, "but it seems I've rubbed (Councilman) David Post the wrong way."

Cook says Brincefield's satire can be biting, "but it's not unusual for politicians to buy originals of the cartoons that skewer them."

Former Rowan County Commissioner Dave Rowland was one of those politicians who used to purchase the originals of anything from

Brincefield in which he was depicted. The same could be said for former City Manager Doug Paris.

Each week, Brincefield goes through the daily papers, letters and editorials looking for ideas, “something I think I can work with.” He sketches out his panel in pencil, then inks it and adds a few more details. He says he also makes sure to spell words correctly.

Cook has rejected some cartoons, usually when she questions their sensitivity. Brincefield laughs, remembering a time when she told him never to use the Grim Reaper again.

He considers his best editorial cartoon one he drew while Food Lion’s meat handling practices had come under fire by ABC’s “PrimeTime” television show, anchored by Diane Sawyer.

On one side of the cartoon panel, Sawyer was giving her report. On the other, then Food Lion chief executive Tom Smith was at a store saying, “This is the meat department, and over there (referring to Sawyer) is the baloney.”

Brincefield’s barometer for what’s funny often comes down to his late father, Bill, who died in 2008.

“My dad had a great sense of humor,” Brincefield says. “He would come up with the greatest one-liners sometimes.”

When he gets stuck on a cartoon, Brincefield often asks himself, “What would Dad say?” “Usually, it works,” he adds. “Yeah, he would probably say this.”

People often call Brincefield or see him somewhere and offer ideas for his next cartoon.

“I like talking to people about it and have them give me ideas and feedback,” Brincefield says. “But ultimately, it comes down to me.”

His favorite newspaper work over the years became providing illustrations for news, lifestyles, sports and opinion pages. “It was some of my best stuff,” Brincefield says.

But courtroom sketches were another animal: “I never warmed up to that,” he says. Brincefield smiles and says he could never capture the likeness he wanted of former District Attorney Bill Kenerly.

And he knows at least one judge who wasn’t happy with his work.



One morning before the day’s court session started, the judge called Brincefield up to the bench and warned the artist that if he ever sketched another unflattering picture of him, “I will find you in contempt of court.”

“I was just scared to death,” Brincefield says. “The bailiffs got a kick out of it. I just told him I’m sorry.”



Brincefield has been part of one-man and two-man shows, featuring his cartooning and watercolors. In 1998, he was one of several featured cartoonists, such as Doug Marlette and Gene Payne, in the Waterworks Visual Arts Center’s exhibit “The Art of Cartooning.”

Brincefield says he was a big fan of the late Jeff MacNelly, editorial cartoonist and creator

of the “Shoe” comic strip.

When he’s not drawing, Brincefield might be in his studio, slinging paint around and having a blast listening to music while he works. “It’s a good way to get away from everything,” Brincefield says.

Often he stands while painting, holding the brush at the end of its handle. When he moves in for more detail, he sits in an old swivel chair that once belonged to T.W. Summersett, founder of the local funeral home.

When requests from the newspaper were steadier, Brincefield also worked many years part-time for Summersett Funeral Home. He did jobs such as putting up tents and moving flowers and was appreciative he never had to wear a suit.

Sometimes he carved while waiting for the next assignment at the funeral home. He says he’ll never consider selling his own wood carvings.

“You’re talking about blood and sweat,” he explains. “I don’t think I’ve ever carved where I didn’t cut myself.”

Bill and Vivian Brincefield had seven sons, and Mark was fifth in line. He started drawing

cartoons before first grade, and by the time he reached Salisbury High, Brincefield found he wanted to draw more than study.

His instincts told him it was a mistake, but after he graduated in 1977, Brincefield enrolled at Central Piedmont Community College in hopes of earning a degree in commercial art.

“I would just show up for the classes I liked,” Brincefield says. “It didn’t last long.”

Brincefield then worked 10 years for Tidwell Homes in Rockwell, and it was at the mobile home plant that someone first called him Mook.” Larry “Buzzard” Hammill bestowed the name on him, only because “Mook” sounded close to “Mark.”

“He was just a nut,” Brincefield says. “I always tell people it came from a guy named Buzzard.”

His love of watercolors started in 1994. As

part of the learning process, he went to the library and checked out books on watercolor techniques, while also studying every picture and example he could find.

“It just kind of evolved from there,” he says. “You’re going to paint a thousand pictures before you get any good at it. And you can always flip it over and do something on the other side. You learn something from all the ones you mess up.”

Cook marvels at Brincefield’s natural talent and versatility. “I have some of his work in my home,” she says.

Brincefield does landscapes and portraits of people and animals. He’s appreciative to Fine Frame Gallery for promoting some of his work. Nothing is more fun to Brincefield than painting something that matches his passions, such as musicians.

“That’s what I’ve been doing these past 10 days or so,” he says, looking around the studio.

Brincefield took piano lessons at age 14, learning basic notes and chords. “The rest I kind of picked up on my own,” he says.

Through the years — maybe 40 years now, Brincefield says — he has jammed regularly with brother Joe and friends such as Al Dandison, Mike Kennedy, Jim Charles and Richard Sunding.

For a time, these guys went through various names for their bands. One was the Hoovers, as in the brand name for the vacuum cleaner. “Because everyone thought we sucked,” Brincefield says.

Brincefield once made a special band T-shirt for the Hoovers that said, “Papa’s got a brand new bag.”

Now that belongs in Mook’s Place. **S**



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Bobby McGee, owned by Hal Meacham, is introduced to a class of potential therapy dogs being trained by Nina Dix. Meacham and his dog were visiting at the Trinity Oaks Rehabilitation Center.

— Photo by Jon C. Lakey





A NEW LEASH ON LIFE

Trainers say relax, pay attention and do more with your dog.

By Mark Wineka



Gibbs, a golden doodle owned by Georgia Simons.

— Photo by Jon C. Lakey

T

The five students and their dogs have several things to cover. Gathering in the activity room of Trinity Oaks Rehabilitation Center, trainer Nina Dix likes what she is seeing already.

“There’s obvious improvement in every dog here,” Nix says to her Canine Good Citizen Class for potential therapy dogs.

In their hourlong session, Dix has the dogs and their owners passing each other, stopping and having conversations while the dogs remain in control, getting over the anxiety of being separated, greeting Trinity Oaks residents and learning how to “leave it.”

The students put a treat on the floor in front of their dogs, but the canines are not allowed to go for it. “Leave it,” the owners command.

“First, you got to get him to understand what ‘leave it’ means,” Dix tells Georgia Simons, standing with her golden doodle, Gibbs. “And he can never have the thing you told him to leave.”

With their dogs on a leash, Dix advises the men and women to look where they are going — not down at the dog. Walk with a purpose. Be loose and relaxed. Place the dog and leash on their left. Dix has the attention and respect of all the dog owners in the room.

“She taught our dog to sneeze on command,” Todd

Shinn says.

Meanwhile, on the other side of town at Happy Roots on South Fulton Street, trainer Theresa Pitner is conducting what she calls her Puppy 101 class — socialization training for dogs 13 months or younger.

Over six weeks, the puppies (and their humans) learn basic commands and things such as confidence, complete housebreaking, walking and self-control (no more nipping and jumping).

Pitner also offers teenage and adult obedience classes for dogs and addresses issues in the home. In other words, she makes house calls.

“Ninety-five percent of dog training is the human,” Pitner says. “It’s the human we are training.”

Beyond their work as certified dog trainers, both Pitner and Dix spend much of their time promoting fostering, adoption, rescue and a new city dog park.

Pitner, who lives in Salisbury and serves as volunteer



Theresa Pitner gives Bear a treat for sitting at her six-week socialization training for puppies course.

— Photo by Rebecca Benson



Nina Dix, right, works with Sue Lewis and her dog, Maggie.

— Photo by Jon C. Lakey

coordinator for Hospice and Palliative Care of Cabarrus County, likewise leads a volunteer citizen group called Dog PAWS, which has raised \$14,000 toward a new dog park behind the Salisbury Civic Center.

That dog park should be ready to go sometime this spring or summer.

Dix owns and operates Doggie Holiday Boarding and Training.

“Everybody knows Nina,” Pitner says.

“Everybody who has a dog,” Dix adds. “We can’t remember the human’s name. We remember the dog’s name.”

Pitner and Dix are heartened by how Salisbury has become a good place for dogs — a dog city, if you will.

“That’s a good thing,” Dix says. “That shows what we’re made of.”

The new city dog park will be situated on about an acre of land. Since 2012, Pitner and

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“Ninety-five percent of dog training is the human. It’s the human we are training.”

others have been deeply involved in working with the Parks and Recreation Department to arrive at a design and fund-raising strategy.

The dog park will have electronic entry, meaning users will be issued key cards. Pitner says there will have to be some training on how to use the park. A walkway around the outside perimeter of the fence will help dogs become acclimated before going inside.

Much of the \$14,000 raised by Dog

PAWS will go toward the dog park fence. The new venue will be one more place where people can get out and enjoy time with their dogs — Pitner’s No. 1 goal.

“Folks just need to do more with their dogs, and I’m there to do that,” Pitner says of her training mission. “That’s the goal, to get folks to do things with their dogs. Nina is a great proponent of that as well.”

Dix’s best advice for any owner: Develop a life with your dog.

Beyond the basic obedience classes, dog



Milo waits for a treat from Theresa Pitner.

— Photo by Rebecca Benson

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Levi licks Theresa Pitner's face while trying to get a treat. — Photo by Rebecca Benson

owners often seek out trainers when their dogs are in some kind of crisis. Maybe they're barking, biting, guarding their food, struggling to ride in cars or unable to socialize.

"They might have a lot of baggage," Pitner says. "... My love is issues. I love to work with those kinds of things."

It doesn't matter whether a dog comes from a rescue shelter, foster home or breeder. It can have issues. So can the human who is its owner.

"Sometimes the expectations are too high," Dix says.

An example might be a dog owner who brings a puppy into his home as a replacement for the trusty 15-year-old Muffin which just passed away. He expects the new dog to be just like faithful Muffin, not recognizing it's an entirely different animal — and that they themselves have changed.

"I have to remind them, your life was different 15 years ago," Dix says.



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Cindy Rentz reaches out to Bob Redwine and his dog, Gretchen, during a walk through Trinity Oaks Rehab Center.

— Photo by Jon C. Lakey



Cali jumps on Theresa Pitner for a treat during her Puppy 101 class. — Photo by Rebecca Benson





Here are a few good dog tips for any human:

- Relax, put your arms down, breathe. “Dogs pick up on your energy,” Dix says.

- Move, walk, get off the couch and do something with your dog. It’s as bad for your dog as it is for you to come home after 12 hours at work, sit down and watch television. That’s not a great day for the dog, either.

Sam jumps up to grab a treat during Theresa Pitner’s Puppy 101 class.

— Photo by Rebecca Benson

“Then they call me and say, ‘Fix my dog,’” Pitner says.

- Again, don’t have built-in expectations of the dog. He or she won’t be like the other dogs you’ve had.

- See things from the dog’s perspective. You can learn a lot from the body language

of a dog. Reward what you like, discourage what you don’t like.

“Dogs want to please you,” Dix says. “We’re so bad at communicating what we want.”

- It’s not always the case, as most people assume, that little dogs will be more manageable, the trainers warn.

It doesn’t happen often, Dix says, but she has told people when they are not suited for their particular dogs. She helps them find new homes, then look for other dogs that are better matches.

Not everyone is meant to be a trainer, either.

“A lot of it is paying attention and being observant,” Dix says. “A lot of people fail at becoming trainers. They find one thing that works and try to apply it to all dogs.”

“You have to think out of the box some-

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what,” Pitner adds. “You just can’t think all in one bubble with dogs.”

Dix grew up with five brothers, was good at math and naturally fell into a career as a machinist and toolmaker. During a time 11 years ago when she had to be close and care for her Alzheimer-stricken mother, Dix also dived into her passion for training, boarding and rescuing dogs.

“Everything about my life involves dogs,” she says now. “My connections to people involve dogs.”

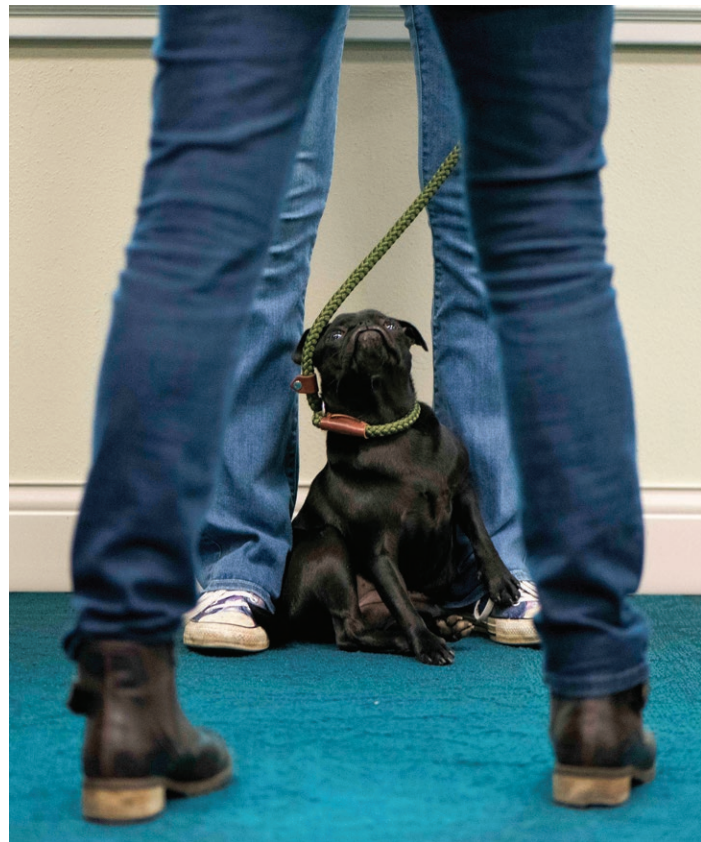
Dix routinely offers therapy training for dogs going into hospitals and schools. “I have dogs everywhere,” she says.

Dix trained Semper Fi at the VA hospice center in Salisbury. She picks her up on Fridays, just to give “Fi” a weekend break off the leash at her boarding establishment. The residents at the VA hospice always tell Dix not tot forget to bring Fi back on Mondays.

Pitner calls her training business “Understanding Your Dog: Training That Makes Sense.”

She often walks dogs downtown, getting them used to new settings and social situations. These days, more restaurants have outdoor seating and encourage customers to bring their dogs. Pitner is all about getting people to realize what they can do with their dogs and the places they can go together.

Peach, a pug owned by Amy Carlton, keeps a watchful eye on trainer Nina Dix. — Photo by Jon C. Lakey



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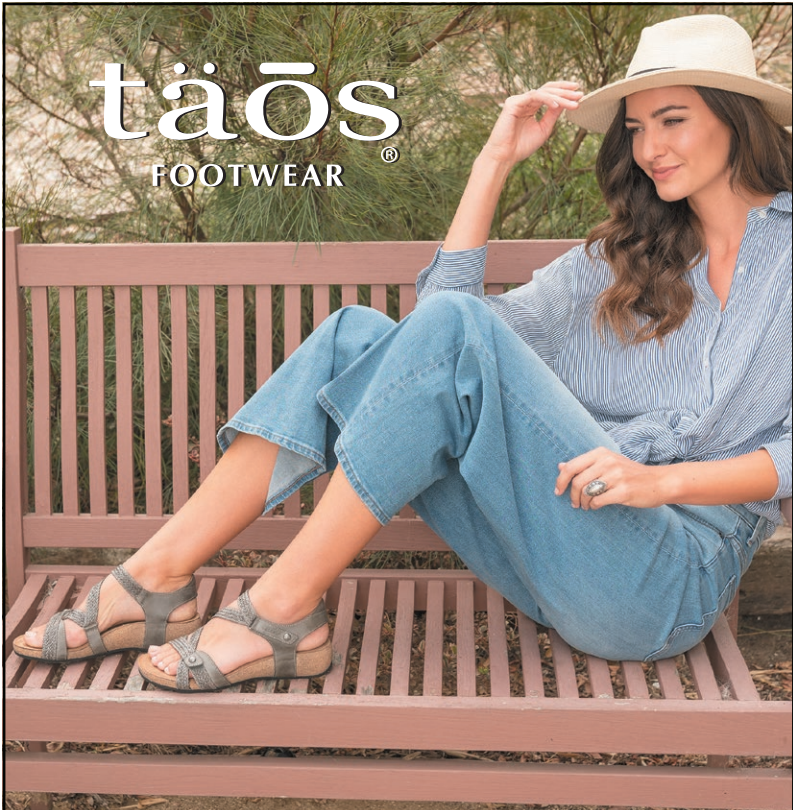


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Todd Shinn greets Maggie during a training session at Trinity Oaks Rehab Center. — Photo by Jon C. Lakey



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What happens when people walk? They usually calm down. The same thing happens with dogs, Pitner says, pleading, "Get them out of the house."

Her class for puppies aims at preventing troublesome teenage dog behavior. But Pitner warns that many dog owners seem to stop working with and training their dogs. "You need to continue on with it," she says.

Pitner once trained an older, deaf cocker spaniel, which taught her a lot about communication.

"I learn from every single dog I work with," Dix adds.

On house calls — 90 percent of her time is devoted to house calls — Pitner says she doesn't work with just one person in the home, she works with them all.

"It's kind of common sense," Dix says of training your dog. "I love to see the a-ha moment in both dogs and people."

"You can see a dog's ears turn when they get it," Pitner says. "It's fabulous."

Pitner has two dogs and is fostering another. Dix has seven dogs she considers her own, while keeping three or four rescue dogs at a time. She trains them and finds them homes.

Dix recently adopted out her 93rd dog. "Some are harder than others," she says.

Pitner is a big proponent of fostering dogs, then matching them with good homes. Seven months has been the longest time a foster dog has stayed with her family.

Back at Trinity Oaks Rehabilitation Center, Dix has a final test for this particular


day's class.

Hal Meacham and his dog, Bobby McGee, are visiting the center to see Hal's wife. Near the activity room, they come upon the unexpected scene of Dix, her students and their dogs.

McGee is curious, of course, and so are the other dogs on his arrival, but no one breaks ranks. In fact, Dix asks Meacham if he and McGee will walk past all the dogs, then walk by them again. The dogs in training stay quietly by their owners' sides as this new dog — this intriguing new smell — strolls by them twice.

"That's socialized," Todd Shinn says.

Here's one last bit of socialization advice from Pitner:

"Pick up your dog poop!" 



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WELLNESS





Instructors with SoFul Yoga and Wellness have a yoga session together.



A 'SoFul' journey

Women's co-op creates studio where yoga and wellness cohabitate.

Written by Susan Shinn Turner

Photography by Wayne Hinshaw





The SoFul Yoga team of instructors take a break in their studio, which is located above Mean Mug Coffee.

WELLNESS



Co-owner Maia Smith

There's just something about taking a yoga class in a studio. You're not in a gym. You don't hear the clanging of weights or the bounce of a basketball. What you do hear is soft music, the birds singing in their nest just outside the window, and the sounds of deep, peaceful breathing. Without distractions, you concentrate on poses.

That's what the founders of SoFul Yoga and Wellness envisioned — a place of calm and tranquility.

Last summer, eight women gathered to discuss founding a yoga co-op. The plan came together quickly, as those eight became the

founding instructors at SoFul — that's pronounced "so full" — in a space above Mean Mug on South Fulton Street.

The group includes Leilani Annand, Vanessa DuMont, Emily Ford, Madison Fowler, Nye Hartwick, Gail Poulton, Maia Janisha Smith

and Christine Zimmer. Each brings a unique experience to the table — er, mat. The women soon converted the co-op to a business, with Maia, Nye and Christine stepping up as co-owners. It's the only one in Salisbury.

Maia, 46, owned Maia's Fashions on South Main Street for 13 years. Her goal when she closed the business, she says, was to transition to health and wellness.

"The concept behind the studio is to enrich the community," she says. "We are there because our hearts are for the health and well-being of our community. We have gotten amazing, good feedback. It's a place of no judgment. We don't have mirrors or clocks or scales."

Classes are offered every day, at beginner and intermediate levels. The address is 1024 S. Fulton St., No. 4, with the entrance on Ridge Avenue. The door is locked when class begins,



In front, Christine Zimmer, one of the owners of SoFul, with Meredith Abramson, the newest instructor to join the group. On the right is Gail Poulton.

“It’s a place of no judgment. We don’t have mirrors or clocks or scales.”

so arrive early. Drop-in rate is \$10, with a 10-pass class at \$80. Some classes are by donation.

The women and family members did a lot of the renovations. Their creativity resulted in dove gray walls with exposed brick, gorgeous green plants, and eclectic décor. Giant floor-to-ceiling windows let in plenty of light, with handmade window treatments used as needed.

Wellness therapies include therapeutic massage, reiki, CranioSacro therapy, vibrational healing, nutritional coaching and reflexology.

(I told you these women are talented.)

The community has responded. Since November, some 523 people have become clients.

“We want Salisbury to be a go-to destination for yoga,” Maia says.

The women had been teaching yoga throughout

the city, Christine says. “We all came with the idea to have one place to teach classes. That idea gave birth to SoFul. This is a nice connecting place. All of our differences are complementary. We are a community place where yoga and well-being can cohabitate.”

Christine, 56, is a cancer survivor, and is certified in yoga for cancer. She also teaches laughter yoga.

“You come for yoga but you leave with so much more,” she says. “It lifts you up.”

Nye, 43, who has run other studios, takes care of the day-to-day operations.

“All of us just came together and had something to contribute,” she says. “It’s a well-oiled machine and we’re off to a great start. We really didn’t know what kind of response we’d get, but Salisbury was



Vanessa DuMont



LEILANI ANNAND
Age: 41
Years teaching yoga: 2
Certifications/specialties:
Mindfulness



VANESSA DUMONT
Age: 57
Years teaching yoga: 10
Certifications/specialties:
Vinyasa



EMILY FORD
Age: 47
Years teaching yoga: 4
Certifications/specialties:
Vinyasa



MADISON FOWLER
Age: 22
Years teaching yoga: 1
Certifications/specialties:
Vinyasa, Hatha, Pranayama and
Meditation.



NYE HARTWICK
Age: 43
Years teaching yoga: 9
Certifications/specialties:
Massage, Bodywork, restorative
yoga, children's yoga, Yin Yoga,
Yoga for Trauma, Reiki Master,
CranioSacro Therapist



GAIL POULTON
Age: 67
Years teaching yoga: 25
Certifications/specialties: Kripa-
lu, Iyengar, and Anusara Yoga,
tai chi, qi gong, meditation.



MAIA JANISHA SMITH
Age: 46
Years teaching yoga: 2
Certifications/specialties:
Vinyasa and power yoga



CHRISTINE ZIMMER
Age: 56
Years teaching yoga: 6
Certifications/specialties: Hatha,
Yoga for Cancer, Laughter Yoga



Above: Co-owner Nye Hartwick in front and co-owner Christine Zimmer and Gail Poulton in back. Right: front to back: Co-owner Maia Smith, co-owner Nye Hartwick and Vanessa DuMont.



WELLNESS



ready for this.”

Leilani, 41, has an interest in mindfulness.

“We go through our days without noticing things in our body,” she says. “If we can learn on the mat to be connected to our bodies in a consistent way, we can connect on a more regular basis. With mindfulness, we can learn to love our bodies.”

Leilani met Emily at the former Blue Ewe studio, and Nye through daycare. Leilani and Nye also taught yoga at a local dance studio.

“This is so exciting,” Leilani says. “This is the best thing happening in Salisbury. It’s a dream come true.”

Leilani takes care of the monthly newsletter. Emily manages the Facebook page. Maia oversees the retail store with apparel, jewelry, yoga mats, mat bags and essential oils.

“We all just pitch in,” she says.

All over town, people are discovering the



Above left: Anne Cote Hoffman.

Above: Emily Ford in back and Vanessa DuMont.

benefits of yoga.

A group of employees from Fisher Realty — Ellen Robertson, Beth Lewallen and Nicole Emerson — asked Maia to create a lunchtime yoga class twice a week, and followed her to SoFul. The company’s owners, Luke and Danny Fisher, paid for the classes, and their wives, Diane and Nan, have also joined in, as well as

Diane’s daughter-in-law, Baylee.

“It’s new for me,” Nan says, “and I love it.”

“It is way better than I imagined, and more strenuous than I imagined,” Diane says. “It was so intimidating to go to the Y. This was a small group and I wasn’t intimidated at all. I feel like this is something I can do the rest of my life.”

Jamie Beaver is also new to yoga.

“It’s more for me mentally as well as physically,” says Jamie, who lives in China Grove. “The gym is too aggressive for me. I’m not as likely to do something if I feel pressured.”

At 67, Gail has practiced yoga for more than

WELLNESS

35 years. She teaches gentle yoga, and offers a class called “Every Body’s Yoga” — everybody can do yoga, she believes.

“It’s been good,” she says. “We created a team and worked on the space together. I’m thrilled to be teaching in a studio. It’s a very different experience to teach yoga in a yoga space.”

Gail remembers when everybody was on the running bandwagon — and either got injured or found it wasn’t what they needed.

“People intuitively understand they need an inner experience,” Gail says. “It’s not exercise. It’s practice. It’s awareness. It’s a mind-body exercise if you want to call it exercise.”

Gail says yoga is now more popular than it’s

ever been. It was a part of the ’70s counterculture. “In some ways, there is a counterculture now — a backlash against harder is better,” she adds. “There’s a hunger and a need to be connected and look inward. This is a way to begin that process. We’re connected to work 24-7. There comes a point where you need to do things a little differently.”


“I love teaching at SoFul because all of us, the eight original teachers, are so different but we all have the same vision,” says Vanessa, 57. “The space is so full of good energy and it is very welcoming.”

“We have a space that is amazing with amazing people that are willing to care for each other and for the students who enter our

door. I feel a great love for my partners in this endeavor.”

“We had literally the exact right mix of people to start this studio,” says Emily, 47. “Now we’re expanding, and we’ve welcomed two new teachers to our team (Anne Cote Hoffman and Meredith Abramson) who each bring new ideas and energy to the studio. And the community is really responding! It’s just been an amazing, incredible journey. I can’t wait to see where this ride takes us next. Come see us!”

For details on SoFul class and wellness offerings, visit www.sofulyoga.com.

Susan Shinn Turner is a freelance writer living in Raleigh. 

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Original instructors at SoFul Yoga, include, left to right: Co-owner Christine Zimmer, Gail Poulton, Vanessa DuMont, Leliani Annand, co-owner Maia Smith, co-owner Nye Hartwick, and Emily Ford. An original instructor not pictured is Madison Fowler.

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Dewey Bryan examines the inner workings of a clock he's trying to repair.





Time on his hands

Dewey Bryan knows what makes clock tick.

Written by Mark Wineka | Photography by Jon C. Lakey

When you walk into Dewey Bryan's generously sized shop, there's no doubt this is where he repairs clocks.

First, there are plenty of them — grandfather clocks, mantel clocks, banjo clocks, anniversary clocks, quartz clocks, cuckoo clocks and commercial electric clocks for brands such as Pepsi, Coca-Cola, Cooper Tires, Chevrolet, John Deere and Monroe Struts.

“Everything on the wall is mine,” Bryan says as a point of explanation, because nearby he has the inner workings of four or five different clocks exposed and in

various stages of repair.

“You waste time if you're only working on one,” Bryan says.

A tiny room off to the side could pass for Geppetto's workshop — only for clocks, not puppets. This room is crammed full of additional timepieces, tools and neatly sorted drawers full of the parts he needs for this pastime of his that requires a world of patience.

REMINISCE



“Most of them can be repaired,” Bryan is happy to report of the numerous clocks he sees. “It just takes a little time to dig into them. ... In fact, I’ve been out on a clock call this morning.”

Bryan points to an anniversary clock, a kind of clock that theoretically is supposed to stay wound for a year. Bryan thinks it’s better to rewind them about quarterly. “Now that’s an aggravating clock,” he says.

Clocks and clock repair weren’t always part of the 81-year-old Bryan’s life. Over his work career, he has been a truck mechanic, insurance adjuster and arson investigator of big-dollar fires.

The interest in clocks started when Bryan was living in Statesville in the mid 1960s. One Saturday, when he had nothing to do, he bought a mantel clock. His wife, Wilma, expressed some reservations at first. “I don’t want to hear that thing,” she protested.

But by the third or fourth clock Dewey had purchased, she was a convert. Today, clocks are

a big part of their lives, and clock repair is a passionate pastime of Dewey’s.

“I’ve adjusted,” Wilma says. “I look at it as he’s happy doing this. I’m proud he’s interested in something.”

***“I’m still learning.
I learn everyday from
something,”***

Wilma quickly adds, “There’s not a lazy bone in this man.”

The mechanical side of Bryan naturally wanted to know what made clocks tick. So he started looking inside and taking them apart when they didn’t work. He realized he could repair many of the clocks he was buying, if they weren’t in running shape.

By 1971, the Bryans were living in Salisbury, and Dewey guesses he owned about 35 clocks by then. He took a course in clock repair at Davidson County Community College, and he joined the National Association of Watch & Clock Collectors, which has a chapter that meets in Lexington every other month.

Held at the Moose Lodge, the Lexington meetings include a private sales lot, where members might find something they like. They then divide into two classes — one for people interested in watches; the other, for clocks. Later, they all come together again to hear a speaker and receive association updates that apply to everyone.

“It helped,” Bryan said of joining the local group. “I’m still learning.”

But that’s the nature of clock repair, which has been mostly a self-taught process for Bryan. “Like I said, I learn everyday from something,” Bryan says.

In his shop, the cuckoo clock with an electric



Above: Bryan handles a lot of his repairs in a workshop in back. Below left: Just some of the clocks in Bryan's shop. Below right: These bushings give you an idea of how delicate Bryan's clock repair work can be.



REMINISCE



Bryan's workbench has drawers full of the clock parts he needs.

motor is a good example. He had never seen one of those before — a cuckoo with an electric motor. So it's been a good repair experience.

Dewey charges by the job, or by the hour. "I try to be fair and reasonable both ways," he says.

His is a world of springs, coils, wheels, weights, winding keys, paddles, hammers, levers, gears, bells, chains, cables, hooks, pendulums, clock faces, calendars and hands.

"You never have the right hands," Bryan says he has learned.

He sometimes has to fix the cabinetry on

clocks.

"You get into woodworking, too," he says. "Most of it I can take care of."

His best advice for anyone with an antique clock, or otherwise: "You never turn a clock backward," he says. "It will throw off the timing."

The tools of his clock repair trade are numerous, and some of them are specialized, such as an ice pick-looking device with square shoulders that assists in rotating the hands of a clock correctly. He depends a lot on pliers, screwdrivers and oils. He needs an industrial-sized

magnifying glass at times to work with minuscule bushings.

At his workbench, Bryan has drawers full of screws, washers and bushings. "All of them's got their place," he says. "You use a little bit of everything."

The clock repair keeps him busy, but at his own pace. "I may spend all day," he says of his personal schedule, "or I may spend a couple hours." He also doesn't advertise, depending instead on word of mouth. In other words, his clock repair customers find him.

"I'm not anxious to tell people too much," he

says. "I've got all I want to do as a retiree."

A native of Bladen County, Bryan worked first as a truck mechanic for Borden Chemical before starting a 34-year career in the insurance business as an adjuster and high-dollar arson investigator for Nationwide.

He retired in 1999, but for the next 12 years worked part-time in two different marketing jobs and running trade shows across North Carolina.

Dewey and Wilma have been married 61 years.

This place where he works on clocks and displays many of them started out as a car shop. He had the contractor include a cathedral ceiling, because he thought he would install a hydraulic lift. The clocks and clock repair just seemed to take over.

His and Wilma's own collection includes clocks that are simple, ornate, unusual and

majestic. They all are in working order, which means a lot of ticking and a lot of chimes and bells noting the hours.

"After you have the clocks for a while, you don't pay any attention to the noise," Bryan says.

Dewey has fixed clocks from as far away as Rock Hill, Wadesboro and Rockingham. He often has bought used clocks for parts.

"That clock was in a fire," he says, motioning to a majestic grandfather clock in the shop. Its inner workings rusted so bad from water, the clock probably will require all new inner workings.

He has an empty case for another clock nearby that a fellow bought in a sale at Thomasville Furniture. It never held clockworks, which Bryan will end up ordering and installing.

For grandfather clocks, he will often leave the cabinetry in a home and bring only the works

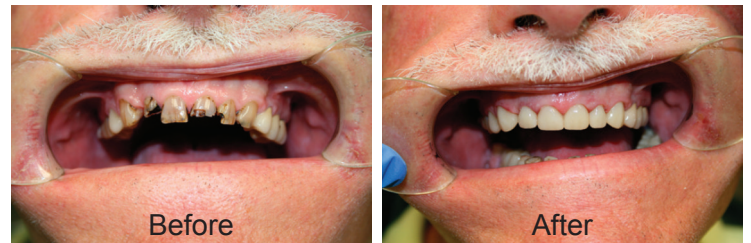


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Dewey and Wilma Bryan's
own collection of clocks
are part of their handsome
home's decor.



'You never know where you're going to find a clock.' Bryan says.




back to his shop.

Why the love for clocks and clock repair?

"You can see what you do," Dewey says. "You can see the results, and a lot of people don't know what a clock is — the inside of a clock, that is."

His own clocks have come from places such as antique stores and consignment shops across the Southeast.

"You never know where you're going to find a clock, or one that needs services," Bryan says. "But I'm cutting back a little bit now. My wife said we need to travel more."

But that doesn't mean the couple will avoid clocks while on the road. In March, they just happened to visit the National Watch & Clock Museum in Columbia, Pa. 

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Cheerwine President and CEO Cliff Ritchie works in one of the booths serving free Cheerwine during the soft drink's 100th celebration last year on May 20. The celebration returns this year on May 19. — Photo by Wayne Hinshaw

3 'The Best of 10 Years Cabaret'
 May 3-6: Lee Street theatre, 329 N. Lee St. — May 3-5, 7:30 p.m.; May 6, 2:30 p.m. The annual cabaret show is back. The musical revue is inspired by the music Lee Street has featured in past years. The theater will become a nightclub with barstools, tables and a cash bar. Sip on wine as the singers whisk you away to relive the best of previous seasons. Call 336-686-2707 for information.

3 'Barefoot in the Park'
 May 3-6 and 9-12: Meroney Theater, 213 S. Main St. — 7:30 p.m., except matinee performance May 6. Neil Simon's longest-running, Tony-nominated play about a pair of newlyweds. He's too staid, too boring, and she just wants him to be a little more spontaneous. Running barefoot in a park would be a start. For information: 704-633-5471.

May 2018

Upcoming events in the Salisbury-Rowan area

4 Spring Quilt Show
 May 4-5: First Baptist Ministries Center, 223 N. Fulton St. — 10 a.m.-5:30 p.m. May 4 and 10 a.m.-4 p.m. May 5. Browse over 150 quilts while enjoying door prizes, demonstrations and a tea room decorated in vintage linens, teapots and china tea cups. Lunch will be offered. At 2:30 p.m. May 5, there will be a special presentation of quilts to military veterans. The vendor mall will offer a wide variety of knitters, sewers and quilters. The boutique area will feature a display of handmade gift items including handbags, tote bags, table runners and place mats. Admission, \$7.

4 Jiggy with the Piggy
 May 4-5: downtown Kannapolis and N.C. Research Campus — 5-10 p.m. May 4 and 9 a.m.-5 p.m. May 5. Jiggy with the Piggy includes a Kansas City Barbeque Society Competition, rides, 5k Walk/Run, arts & crafts vendors, concert, a Friday night movie, an all-you-can-eat pancake breakfast at Cannon Memorial YMCA and People's Choice BBQ & Wings Tasting.

5 Country and Western Wit Pops Concert
 May 5: Keppel Auditorium, Catawba Col-

lege — 7:30 p.m. The Salisbury Symphony showcases the local talent of country artist Darrell Harwood, a native of China Grove. For information: 704-216-1513 or www.salisbury-symphony.org.

5 Paws, Claws N' Scales Festival
May 5: Dan Nicholas Park, 6800 Bringle Ferry Road — 10 a.m.-5 p.m. Enjoy a fun-filled day with family and friends to learn more about native North Carolina animal species. This Rowan Wild spring event showcases some of the park's wonderful animal ambassadors.

5 Carolina Classic Motorcycle Show
May 5, N.C. Transportation Museum, Spencer — 9 a.m.-5 p.m. Your chance to see vintage motorcycles up close and personal. Open to all motorcycles from around the world. Model years from 1900 to 1997. Bikes don't have to be perfect. Come show what you've got! People's choice awards. For information: 704-636-2889.

5 Legends at the Lantern
May 5: N.C. Transportation Museum, Spencer — 7:30 p.m. Enjoy a nighttime walking tour of the museum, exploring Spencer Shops' historic structures. The Legend by Lantern tours feature stories of N.C. railroads and Spencer Shops. Tours are 90 minutes in length. For information: 704-636-2889.

8 'Saving History One Shot at a Time'
May 8: Rowan Museum, 202 N. Main St. — Photographer Wayne Hinshaw speaks at this History Club event. Free and open to the public.

11 Rhythm & Run 5K
May 11: N.C. Research Campus, 600 Dale Earnhardt Blvd., Kannapolis — 6:30-9:30 p.m. The annual fundraiser for the North Carolina Music Hall of Fame & Museum, a non-profit. Call 704-934-2320 for information.

12 Gold Rush Days
May 12: Gold Hill Village, 840 St. Stephens Church Road — 10 a.m.-5 p.m. Features local artisans with authentic handmade arts and crafts. Live music, gem mining, gold panning, food and more.

12 National Train Day, Train Show
May 12: N.C. Transportation Museum, Spencer — 9 a.m.-4 pm. Train lovers will be celebrating National Train Day, offering special train rides, tours and children's activities. Members are invited to enjoy this event free, with special activities just for them.



A performer during last year's Cirque evening at Lee Street theatre. This year's Cirque Du Vol is May 19. — Photo by David Stevenson Jr.

The Historic Spencer Shops Train Show will feature all sorts of railroad memorabilia, model trains and much more for sale. Now held in the museum's Back Shop, this train show is under cover, moderately climate controlled and a great event for collectors. For information: 704-636-2889.

12 Lester J. Brown Memorial ATHS Truck Show
May 12: N.C. Transportation Museum, Spencer. Trucks of all types will be filling the museum grounds for the annual show. The Piedmont Carolina Chapter of the Antique Truck Historical Society hosts this gathering. To register, call 336-431-6824 or 336-664-0974.

12 Spring Farm-to-Table
May 12: Patterson Farm Market and Tours, 10390 Caldwell Road, Mount Ulla — Enjoy a Rowan Arts & Ag farm-to-table dining experience featuring a chef-prepared five-course meal with locally sourced ingredients. Rowan County's breweries and wineries will be on site serving samples. Enjoy performances by the Salisbury Symphony. More info at www.RowanArtsandAg.com.

18 A Night on the Stage
May 18-19: Meroney Theater, 213 S. Main St. — 6:30-9:30 p.m. Piedmont Players' biggest event of the year. Enjoy dinner on


stage by Chef Santos, followed by an intimate performance by one of Broadway's biggest stars. Call 704-633-5471 for information.

19 Ed Dupree Memorial 5K, Walk and Fun Run
May 19: East Rowan High School, 175 St. Luke's Church Road — Registration, 7:30-8:15 a.m.; 5K Run, 8:30 a.m.; Fun Run, 9:30 a.m. Proceeds benefit the Glenn A. Kiser Hospice House and the Ed Dupree Memorial Scholarship at East Rowan High. Cost: \$30 for the 5K, \$10 for the Fun Run. Contact Allison Dupree Adams at 704-279-7265.

19 Cheerwine Festival
May 19: downtown Salisbury — 10 a.m.-8 p.m. Festival-goers will enjoy cold Cheerwine, live music, great Southern food, shopping for Cheerwine merchandise, family-friendly activities, a beer garden and local craft vendors.

19 An Enchanted Evening with Cirque Du Vol
May 19: Lee Street theatre, 329 N. Lee St. — 7 p.m.-midnight. This black-tie gala benefits Lee Street theatre and its educational programs. An Enchanted Evening with Cirque du Vol features cocktails, dinner, dancing and live performances. Acts include stilt walkers and acrobats during cocktail hour and a showcase featuring aerial acts, juggling and more during dinner. Tickets are \$100 per person. A limited number of tables may be reserved for parties of 8-10 people. Call 336-686-2707 for information.

19 Hippie Fest
May 19: Rowan County Fairgrounds, 1560 Julian Road — noon-7 p.m. Hippie Fest is the grooviest festival of the year, featuring one-of-a-kind artists and vendors, local goods, bohemian shopping, live music, hippie car show, cirque performers, DIY tie-dye, sideshow acts, food trucks and more. All ages welcome. Admission, \$5. Tickets must be reserved in advance through Eventbrite.

20 Riot at Walnut Hill
May 20: Vista at Walnut Hill, 1090 Mountain Road, Cleveland — Riot at Walnut Hill, 3-7 p.m. The annual farm-to-fork event is casual with a family focus. Food is locally sourced; musicians are local; kids activities. Pulled pork, cooked on site, is featured. Vegetarian option. Beer and wine are available. The mission of Bread Riot is to promote local food and local farmers. Ticket info at www.breadriot.org or info@breadriot.org. 



Above: North Rowan Key Club members Emily Hartsell and Caylinn Helm.



Right: At the griddle, Erik Lipscomb, Linda Hildebrand and Ayden Reinholz (in front).



On sausage detail: Karen Coggins, Don Coggins and Ann Eidson.

Kiwanis Pancake Festival

A tradition since 1957, the two-day Salisbury Kiwanis Pancake Festival was held at the Hurley Family YMCA. The classic menu included pancakes, sausage, Cheerwine, coffee, milk, butter and syrup. Proceeds support the many Kiwanis charities. Members of high school Key Clubs assisted the Kiwanians in their effort.

— Photos by Mark Wineka



Above: Grace and Nicholas Eppeheimer

Left: Parker and Ann Hatchett

Right: Emmett, Brad and Jeffrey Stephenson





Above: Phyllis Duren and Sue Collier. Below: Caroline Cardelle and Caroline Clark, who are both members of the Salisbury High Key Club.



In front: William Garland and Ethan Diaz; in back, Olivia Schumacher, Morgan Ridenhour, Taylor Sienerth and Mansi Patel. They are members of the East Rowan High Key Club.



Jaxson Little, Keara Gabriel and Christian Little



Erandi, Cinthia and Lenny Rodriguez



Above: Paityn Butler, Gage Sienerth, Mike Sienerth and Tristen Butler

Left: Mary Kate Powell, Jill Powell and Eleanor Spencer





Author George Singleton talks with a symposium supporter during a reception held at Catawba College's Hedrick Little Theatre.



Paul Woodson, Beth Woodson and author Tom Cooper

Brady Author's Symposium reception

Featured authors George Singleton and Tom Cooper were able to meet and mingle with some key supporters of the 32nd annual Brady Author's Symposium during a reception on the stage at Catawba College's Hedrick Little Theatre. Those who attended enjoyed light refreshments and heard short readings from both Singleton and Cooper.

— Photos by Mark Wineka



Larry and Libby Gish



Forrest Anderson and Jimmy Barnett



Kerstin Rudolph, Salvatore Musumeci, Patrick Swaney and Darin Spencer



Dr. Ozzie Reynolds, Meg Dees, Patsy Reynolds, Gwin Barr and Lucy Barr (in front)



Above: Erin Dougherty and Julie Chamberlain. Left: Erin Dougherty and Julie Chamberlain





Above: Salisbury resident Beth Woodson chats with Hart.



Right: Cindy and Michael Adkins pose for a photo with author John Hart in the middle.



Heather Misenheimer and Hart

John Hart book signing

The South Main Book Co. served as home for a well-attended John Hart signing session for his new book, "The Hush." The signing was a big reunion for Hart, the former Salisburian, who found many friends and friends of family in the crowd of book fans. The long evening included much conversation with Hart and lots of pictures. Hart's book tour was taking him across the state and country. He now calls Charlottesville, Va., home.

— Photos by Deirdre Parker Smith



Right: Jayne Hubbard with the author



Left: M.J. Simms-Maddox, who has authored books of her own, stands for a picture with John Hart.

Meals on Wheels BBQ



Annie Bates, Donna Wilson and Kaydin Hogan were manning the Meals on Wheels BBQ drive-through tent outside of First Presbyterian Church.

Meals on Wheels Rowan held its 10th annual barbecue fundraiser at First Presbyterian Church in Salisbury. This was the first year customers had the opportunity to participate in "Each One Feed One!" A \$15 ticket included a barbecue plate for the giver, plus a meal during March for an individual not having the financial resources to pay for their meals. College Barbecue provided the barbecue.

— Photos by Mark Wineka



Betty Jo Hardy and Ramona Wright



Terry Jordan, Nadine Potts and David Potts



Above: Linda Miller and Rob Miller. Right: Liz Shifflette, Crystal Hogan and Connie Basinger, board president for Meals on Wheels Rowan.



Preparing meals in the kitchen, this Meals on Wheels Rowan BBQ crew includes Kevin Pruitt, Martha Bostian, John Munday, Jason Matthews and Samantha Dagenhart.



Ruth Kepley, Melissa Shue and Natalie Murphy



Robin Cohen, Hazel Trexler-Campbell and C. Vincent Campbell



Carole Brooke, Ann Bullard, Brenda Bassinger, Doris Yost and Anne Corriher

Center for the Environment builds on magic of partnerships

I have served as executive director of the Center for the Environment at Catawba College now for 22 years. As I reflect on that time, I realize what an amazing partnership of town and gown it has been.

When I returned to my hometown of Salisbury back in 1993 to serve on the faculty of Catawba College with the charge to develop the Environmental Program, a number of thoughts guided my actions:

- We were living in a time when students had a strong passion to protect the environment, but they didn't have a good understanding of how to work collaboratively within the community. Consequently, it was going to be imperative to teach them collaborative leadership skills so they could work and engage with others in a productive way.

- I recalled my father, a past mayor of Salisbury, telling me upon hearing that I had been hired by Catawba that he and others with whom he worked in city government did not feel that Catawba was as integral a part of the community as it might be, at least to the degree that many colleges were.

Those two factors set me on a path to find ways to engage our students — and our institution as a whole — not only in their college community but also in the greater Salisbury community. It was these thoughts that ultimately led to the creation of what was later to be called the Center for

the Environment.

Our earliest effort, which began in the early 1990s, spawned the creation of the Salisbury Greenway, which was initially started as a grassroots effort in partnership with the city. Other such partnerships quickly followed. In the 1990s we held the second largest statewide watershed conference in the nation right here on the Catawba College campus in partnership with an organization called the North Carolina Watershed Coalition. We partnered with the LandTrust for Central North Carolina to acquire a tract of land we named the South Yadkin Wildlife Refuge. This ultimately set the stage for further efforts by the LandTrust to create the Two Rivers Preserve.

In 2004 we initiated what was to become our Campaign for Clean Air, focusing on improving the region's air quality. In 2009 we partnered with organizations of faith in the creation of the Faith, Spirituality and Environmental Stewardship Conference, followed later by a series of workshops for congregations. In 2011 we held our first

National Environmental Summit for High School Students. In 2015 we partnered with a national organization called Smart Power on our Solarize Salisbury-Rowan campaign. That same year we assumed leadership of the North Carolina Green Schools Certification Program promoting environmental stewardship in schools across the state.

All of these have provided opportunities for our Catawba students to learn firsthand how efforts get accomplished. It has given them opportunities to work with community leaders from around the state and nation. They have learned new skills while developing as collaborative leaders.

Those partnerships have clearly helped us in our conservation efforts, but they have also helped to ensure that future generations will be able to experience the wonderful quality of life we enjoy in Salisbury.

There is a certain magic in creating collaborative partnerships. Through these connections we create a kind of synergy that allows us to achieve things that as a single entity we might never accomplish. We have been

able to do this, of course, because of the incredible support of individuals, businesses and organizations in Salisbury and beyond. This community support has been vital to our success. **S**

Dr. John E. Wear is executive director for Catawba College's Center for the Environment.



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