

October 2018

SALISBURY

the magazine

STRING THEORY

Youthful band dives
into bluegrass

Salisbury Cathedral

A closer look at
historic church in England

Across the Pond

Join the Walkers
and have a cup of tea

Positively pimento (cheese)

Rowan Countians know how
to spread it on thick



POWLES STATON
FUNERAL HOME

913 W MAIN STREET · ROCKWELL NC 28138

Veteran Appreciation Breakfast

THURSDAY, OCTOBER 11, 2018

9:00 AM

Free Breakfast with an assortment of breakfast sandwiches.

Register to win a gift card basket

PLEASE BRING A FLAG

PLEASE BRING AN
UNWRAPPED TOY



— ★ —
**RETIRE YOUR
FLAG WITH
HONOR**



SALISBURY

the magazine

PUBLISHER - Greg Anderson
greg.anderson@salisburythemagazine.com

EDITOR - Mark Wineka
mark.wineka@salisburythemagazine.com

CREATIVE DIRECTOR - Andy Mooney
andy.mooney@salisburythemagazine.com

PHOTOGRAPHY DIRECTOR - Jon C. Lakey
jon.lakey@salisburythemagazine.com

EDITORIAL

Elizabeth Cook
elizabeth.cook@salisburythemagazine.com

Andie Foley
andie.foley@salisburythemagazine.com

Liz Moomey
liz.moomey@salisburythemagazine.com

Deirdre Parker Smith
deirdre.smith@salisburythemagazine.com

Rebecca Rider
rebecca.rider@salisburythemagazine.com

Shavonne Walker
shavonne.walker@salisburythemagazine.com

ADVERTISING

Joel Honeycutt
joel.honeycutt@salisburythemagazine.com

Karen Hurst
karen.hurst@salisburythemagazine.com

Malynda Peeler
malynda.peeler@salisburythemagazine.com

Shanna Pruett
shanna.pruett@salisburythemagazine.com

Jason Slusser
jason.slusser@salisburythemagazine.com

PRODUCTION

Director - Sharon Jackson
sharon.jackson@salisburythemagazine.com

GRAPHIC DESIGNERS

Susan Baker
susan.baker@salisburythemagazine.com

Lisa Jean Humphrey
lisa.humphrey@salisburythemagazine.com

CONTRIBUTORS

Mark Brincefield, Jenny Hubbard,
Margaret Young

Project Manager - Len Clark
len.clark@salisburythemagazine.com

On the web:
www.salisburythemagazine.com

On Facebook:
www.facebook.com/salisburythemagazine

To subscribe
call 704-797-4213 or go online at
salisburythemagazine.com

Salisbury the Magazine
P.O. Box 4639
Salisbury, NC 28145-4639

Value \$3.99
Published 9 times / year

Salisbury Dental Care

Efthimios Koveos, DMD

Cosmetic, Implant & Reconstructive Dentistry

704-630-6600

New Patients Are Welcome!

- Free Consultations & 2nd Opinions
- Dental Implant Surgery & Restorations "A to Z"
- Cerec- Same Day Crown Technology
- Mini Implants for Snap in Dentures
- Invisalign/ Clear Braces
- Sleep Apnea Diagnosis & Treatment
- Teeth Whitening/ Bleaching
- Cosmetic Fillings & Smile Makeovers
- Custom made Sports Mouthguards
- All-On-4 Bridge



Efthimios Koveos, DMD

"We pride ourselves in dental excellence!"

Salisbury Dental Care
480 Jake Alexander Blvd. West
Salisbury, NC 28147

704-630-6600
rowdental.com
SalisburyDentalCare1@gmail.com

DAN NICHOLAS PARK

Be an original.

OCTOBER 6 & 7, 2018

10 AM - 6 PM

39th Annual AUTUMN JUBILEE

GREAT FOOD &
FAMILY ENTERTAINMENT!

6800 Bringle Ferry Road | Salisbury, NC 28146 | 704-216-7803

www.dannicholas.net

FREE ADMISSION • FREE PARKING

Handicapped parking & rides available • Shuttle pick-up located in front parking lot

PLEASE NO PETS • No bikes, rollerblades, skates or skateboards • We are now a tobacco free park

ON OUR STAGE

Saturday, October 6

11:30 - 12:00 Mailvis
12:00-2:00 Wayward Reason
2:00-2:45 Mailvis
3:00-5:00 Too Much Sylvia

Sunday, October 7

10:30-11:30 Praise Grass Band
11:30-12:00 Mailvis
12:00-2:00 Darrell Harwood
2:00-2:45 Mailvis
3:00-5:00 Heart Breaker

KIDS ZONE

Magician • Pumpkin Painting • Face Painting • Interactive Theater of Jef Knightly Order of the Fiat Lux • Rock Wall & Bungee Jump
Soap Bubble Circus • 3-Story Inflatable Slide • Moon Bounce • Sand Man
Dakota Friends: "Live" Dinosaur Fun

VENDORS

Over 100 craft vendors located behind the carousel and playground, and in the food area

Check out our Heritage Village located at the Gem Mine!



Carolinan HealthCare System

gerryWood
AUTO GROUP



VACATION VILLAGE
RESORTS AND AFFILIATES

**BATH
FITTER**



**NOVANT
HEALTH**

FEATURES

.....October 2018.....

34

String theory

Youthful band dives
into bluegrass

by MARK WINEKA

44

Cathedral with a capital 'C'

Seeing the construction
of Salisbury Cathedral
up close

by JENNY HUBBARD

50

Hospitality 101

Walkers make Across the
Pond an 'impeccable' stay

by ELIZABETH COOK



On this page: A figurine at Across
the Pond Bed and Breakfast.
On the cover: The fiddle of Grace
Bemus, a member of One Fret Over.
— Photos by Jon C. Lakey



INDEX OF ADVERTISERS

Baker's Shoes 60
 Bare Furniture. 10
 Barnhardt Jewelers. 59
 Blue Bay Seafood 31
 Burleson, Lanny 67
 Candy Shoppe on Main 43
 Caniche. 43
 Carolina Cremation 2
 Carolina Golf Mart 69
 Catawba College 42
 CHS Primary Care. 83
 Dan Nicholas Park 4
 F&M Bank. 40
 Fisher Co, Inc., J.A. 69
 Godley's Garden Center 61
 Griffin, Cathy 33
 Helms, Jayne 66
 Hollingsworth, Susanna 67
 Karczewski, Jennifer. 68
 LaCava 43
 Landis Plumbing. 69
 Laurels of Salisbury. 58
 Lazy 5 Veterinarian 32
 Lexington Medical Center 84
 Medicine Shoppe. 56
 Merrell Family Dentistry. 58
 NC Transportation Museum. 57
 North Hills Christian School 69
 Novant Health 21
 Oak Park Retirement 41
 Rapp, Greg. 67
 Rowan Animal Clinic. 59
 Rowan/Kannapolis ABC Board. 65
 Salisbury Dental Care. 3
 Salisbury Emporium 43
 Slim Solutions. 60
 Southern Images Lawn. 61
 Stout's Heating. 65
 Tom's Carpet Care 61
 Trinity Oaks. 49
 Voya Financial. 48
 Windsor Gallery 68
 Yatawara Gynecology. 66
 Young's Flooring. 61
 YSUP Rowan. 29

IN EVERY ISSUE

Editor's Letter p.7 | Through the Lens p.8 | Bookish p.11 | Rowan Original p.12
 The Scene p.70 | Events Calendar p.80 | Salisbury's the Place p.82

THE ARTS

14 **Imagine it this way**
 Artist Jeffrey Hargave challenges stereotypes

FOOD

18 **Spreading it thick**
 For good pimento cheese, look no farther than Rowan County



24 **Resurrection from Down Under**
 A couple leaves Australia to take on Spencer house restoration

62 **Easy riders**
 Bob and Margie Shoaf saw America 10 times from their motorcycle



Revving up for houses, history, hospitality

Lord knows, I had no idea 36 years ago what kind of family I was marrying into on my wife's side. Take her parents, for example. I quickly learned they were an adventurous duo — more so than I was — and enjoyed taking long vacation trips on their motorcycle.

They traveled on a Honda Gold Wing, which had more bells and whistles than any of our cars. The monster bike often pulled a small, meticulously packed trailer full of their clothes and other necessities.

Other times, even when they visited Salisbury from their home in Tennessee, they rumbled down our street on the Gold Wing and steered into our driveway pulling a mini pop-up camper. Our sons loved that and thought their grandparents were way cooler than their mom and dad.

My father-in-law regularly commuted to work on his high-horsepower motorcycle, and my in-laws belonged to a local Gold Wing chapter in Oak Ridge, Tenn., called the Touring Eagles. The Gold Wing community and just their motorcycle journeys in general introduced them to all kinds of people and locales, including a good friend named Paul in Nova Scotia.

In this issue of Salisbury the Magazine, you will meet another Gold Wing couple, Bob and Margie Shoaf, who have criss-crossed the country 10 times on their motorcycle and attended countless chapter meetings and Gold Wing shows and conventions.

Don't tell my father-in-law, but I think the Shoafs have been even more involved in Gold Wing adventures. The May issue of the national magazine "Wing World" dedicated a story to the couple.

Otherwise in this edition, you'll read a lot about houses, history and hospitality, which you'll especially find at *Across the Pond*, Mary and Andrew Walker's beautiful bed-and-breakfast on North Fulton Street. Elizabeth Cook tells their story, punctuated by stunning photos from Jon Lakey.

Lakey also visited the home of Robb and Lorraine Rodd, who are restoring a magnificent home in Spencer. While the Walkers bring their

English influence to *Across the Pond*, you'll learn that the Rodds offer a bit of Australia to their Eagle-Burdette House, one of the stops on this year's OctoberTour.


We welcome again a contribution from writer Jenny Hubbard, who has recently returned from an overseas trip that included an insider's tour of the Salisbury Cathedral. The Salisbury we live in, of course, owes its name to our sister city in England, and nothing is more magnificent in either place than the 800-year-old cathedral.

Shavonne Walker catches up with New York artist and Rowan County native Jeffrey Hargrave and his thought-provoking work. On the musical side of things, you'll be introduced to the young bluegrass band *One Fret Over*, whose members — 11 to 15 years old — are steadily making their presence known at regional fiddlers conventions and festivals.

Andie Foley might crush your world view when she explains that pimento cheese did not originate in

the South. Still, Rowan County can claim to have some of the best pimento cheese-makers anywhere.

Foley also sat down for an interesting Q&A with Rowan County Manager Aaron Church, our Rowan Original. Try out Deirdre Parker Smith's reading recommendations in *Bookish*, and check out Lakey's *Through the Lens* photo and artist Mark's Brincefield's watercolor in Salisbury's the Place.

It's a Salisbury the Magazine on which to take wing, maybe even a Gold Wing. 



Mark Wineka,
Editor, Salisbury the Magazine





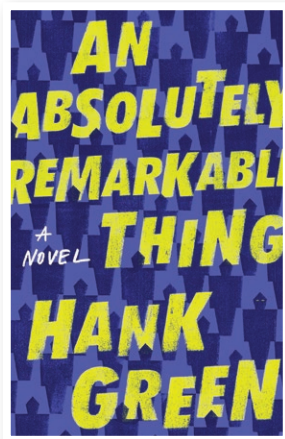
A rare sunset rainbow is a fleeting visual as a fast-moving late storm breaks long enough for the low golden light to filter through the moisture lingering in the sky above downtown Salisbury.



Bare
FURNITURE
CO.

1660 N. Main St. China Grove, NC 28023 • 704 857-2619 • BareFurnitureCo.com

Debut novel introduces the remarkable Carls



"An Absolutely Remarkable Thing"
By Hank Green

This book is getting great attention. Critics love it, booksellers are touting it, and it's showing up on must-read lists.

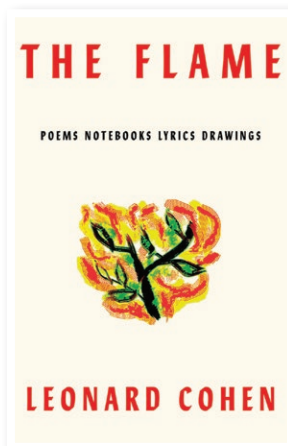
It is Green's debut novel. Green is the co-creator of *Crash Course*, *Vlogbrothers* and *SciShow*. Here, he spins a cinematic tale about a young woman who becomes an overnight celebrity before she realizes she's in the middle of something much larger and stranger than anyone has imagined.

The Carl just appeared. Coming home from work at 3 a.m., 23-year-old April May stumbles across a giant sculpture. Delighted by its appearance and craftsmanship — like a 10-foot-tall Transformer wearing a suit of samurai armor — April and her friend Andy make a video with it, which Andy uploads to YouTube.

The next day April wakes up to a viral video and a new life. News quickly spreads that there are Carls in dozens of cities around the world and April, as their first documentarian, finds herself at the center of an intense international media spotlight.

Now April has to deal with the pressure on her relationships, her identity and her safety, all while being on the front lines of the quest to find out not just what the Carls are, but what they want from us.

The book grapples with big themes, including how the internet is changing fame, rhetoric and radicalization; how our culture deals with fear and uncertainty; and how vilification and adoration spring from the same dehumanization that follows a life in the public eye.



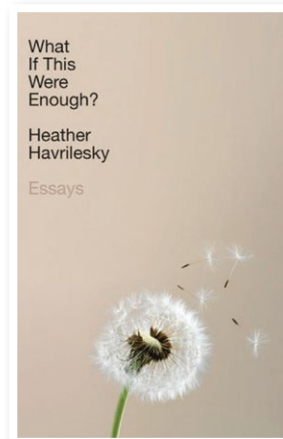
"The Flame: Poems Notebooks Lyrics Drawings"
By Leonard Cohen

"There are very, very few people who occupy the ground that Leonard Cohen walks on," Bono said.

"The Flame" is the final work from Cohen, the revered poet and musician whose fans span generations and whose work is celebrated throughout the world. Featuring poems, excerpts from his private notebooks, lyrics, and hand-drawn self-portraits, the book offers an intimate look inside the life and mind of a singular artist.

"This volume contains my father's final efforts as a poet," writes Cohen's son, Adam Cohen, in his foreword. "It was what he was staying alive to do, his sole breathing purpose at the end."

Leonard Cohen died in late 2016. But "each page of paper that he blackened," in the words of his son, "was lasting evidence of a burning soul."



"What If This Were Enough?"
By Heather Havrilesky

This is an impassioned collection tackling our obsession with self-improvement and urging readers to embrace the imperfections of the everyday.

Havrilesky's writing has been called "required reading for all humans" (Celeste Ng). In her work for *New York*, *The Baffler*, *The New York Times Magazine* and *The Atlantic*, as well as in "Ask Polly," her advice column for *The Cut*, she dispenses a cutting wisdom — an ability to inspire, provoke and put a name to our most insidious cultural delusions.

"What If This Were Enough?" is a mantra and a clarion call. Havrilesky takes on those cultural forces that shape us. We've convinced ourselves, she says, that salvation can be delivered only in the form of new products, new technologies, new lifestyles.

From the allure of materialism to our misunderstandings of romance and success, Havrilesky deconstructs some of the most poisonous and misleading messages we ingest today, all the while suggesting new ways to navigate our increasingly bewildering world.

Havrilesky urges us to reject the pursuit of a shiny, shallow future that will never come. These often hilarious essays suggest an embrace of the flawed, a connection with what already is, who we already are, what we already have. Our salvation, Havrilesky says, can be found right here, right now, in this imperfect moment. **S**



Going to Church

When you're the county manager, there's never a typical day.

Written by **Andie Foley** | Photography by **Jon C. Lakey**

Home. Friendly. Fun. Growth. Original. These are the five words that Rowan County Manager Aaron Church uses to describe the county. But, for the Rowan County transplant, the descriptors are nothing new.

He recounted discussions with his wife, Erica, in late 2014, when the job for county manager became available.

“Both of our children were in elementary school,” he said. “My wife and I agreed that Rowan would be a great place for our children to grow up and call home. Rowan County for us was and is the perfect county: not too large and not too small. It is close to Charlotte but not too close, and it’s a prime area for growth.”

Church came to Rowan with experience in administra-

tive roles in both Burke and Yadkin counties, following his work as a congressional aide for U.S. Rep. Virginia Foxx, R-N.C.

In Burke, he served as an assistant to the county manager, an experience he said provided more learning than his undergraduate and graduate degree studies at Appalachian State University.

“I learned more in three years working for a veteran manager during the height of recession than in all seven years of college,” he said.

The biggest lesson? To always respect and treat each elected official, citizen and employee the same, he said.

It’s a lesson he routinely puts into practice in his work overseeing the day-to-day operations of Rowan.

Q *What does a typical workday or week look like for you?*

There really isn't a typical workday or week when managing a county. Every day is different and things are never boring. I try to maintain a policy of responding to all calls and emails from citizens on the same day they are received.

Talk about Rowan County. What are you most excited about?

The county is positioned for a bright future. In 2014, we issued 217 new residential permits. In 2017, that number doubled to 432. Recently, Chairman (Greg) Edds summed it up perfectly when he said, "We are aligned," when referring to our current position. We have companies and developers looking at several properties on I-85 and positive, smart growth is on the cusp. This within itself is exciting. The board and staff have worked hard to position ourselves for this moment in time where we can be selective in shaping the future of Rowan County. I believe in 20 years we'll look back and see that this was a time of positive change in Rowan County, and I am grateful for the opportunity to be a part of this advancement.

Who had the biggest influence on your career and how so?

Ron Lewis, Paul Ijames and my wife, Erica. Ron was a 30-year veteran county manager and Paul was a 25-year veteran finance officer that I worked closely with in Burke County for three years as the assistant to the manager. I had the good fortune to be their right arms during the recession and I learned how to manage a budget with revenues shrinking by the month. I also earned a certificate in county administration from the School of Government at the University of North Carolina at Chapel Hill while in Burke County. Erica and I met in preschool, and 20 years later we married. She is a wonderful wife and mother who has always been there for me. Without her I could never do what I do.

How does your family feel about living in Rowan County? Was it a big adjustment?

My family considers Rowan County their home. My children were in elementary school when we moved here and their memories of Yadkin are far removed. The biggest adjustment was for my oldest, Finley, who was in the fifth grade. He felt out of place the first week of school. I could tell something was bothering him. I will never forget taking him to Dunn's Mountain and going on a hike to talk to him about what was bothering him. Moments like these leave a lasting imprint on you as a father and strengthen the soul.

What book or books have been among your favorites?

My two favorite books are "Mere Christianity" by C.S. Lewis and "Orthodoxy" by G.K. Chesterton.

What pastimes or hobbies are you passionate about?

Spending time with my family, exercising, going to the beach, trying to play golf (I've only been able to play nine holes this summer), landscaping, reading and church activities. I spend most of my free time driving my children to travel basketball on the weekends.

Two foods that are always in your fridge or pantry?

Cereal and milk.

What is something most people don't know about you?

I have a green thumb and love landscaping. I frequent Lowe's Hardware's "sales rack" for the discount, dying plants. My wife and children are very annoyed at the number of plants I bring home, plant, re-plant, move around, talk about, read about and share with friends, etc.

What's your pet peeve?

People who drive too close to the cars in front of them.

If you could go back and talk to a young Aaron Church, what advice would you give him?

I would tell a younger Aaron Church to buy and hold Apple stock.

What aspect of your job motivates you the most?

The people around me are very motivating. Rowan County has very compassionate and caring political leaders who truly care about the future of the county. The directors and staff are also very motivating and push you to continue to do more. There are approximately 19 department directors, including the sheriff and register of deeds. In total, (they) ... have over 500 years of work experience, 414 years of government experience, 113 years of private sector experience, 31 years of U.S. military experience, 79 years of college, five associate degrees, 16 bachelors, nine masters and 65 professional certificates. **S**





Clockwise from above: 'Fish Fry on Da' Grass (version 2)'; 'Purple Sumo,' from 2018, 'The Way the Heart Works'; Gangster Mao Zedong from 2018; 'Geisha Warrior' from 2018



Imagine, then reimagine

In New York, artist Jeffrey Hargrave explores, challenges himself.

Written by **Shavonne Walker**

Jeffrey Hargrave always felt as though he had something to say. Hargrave, born and raised in Salisbury, is the fifth of six children. As a child, he wanted to become a children's book illustrator.

"Everyone said, 'You've got to major in painting,'" he said of his decision before he headed to college.

Hargrave changed his mind about illustrating and is now a New York-based artist, who was most recently tapped to create a portrait of former President Barack Obama and First Lady Michelle Obama for his presidential library.

Hargrave, 44, has a brother, Kevin, who also is an artist, and they're uncles of Pittsburgh Steelers defensive player Javon Hargrave, who starred at North Rowan in high school.

Jeffrey Hargrave applied to and graduated from the University of the North Carolina School of the Arts, where his primary focus was on visual arts. Afterward, he went on to the Rhode Island School of Design and Skowhegan School of Painting and Sculpture.

He was 25 when he earned his first gallery representation with Tricia Collins Contemporary Art in New York. Before that, Hargrave had various works of art on display at AS220,

Artist Jeffrey Hargrave lives in Manhattan.



a non-profit community arts organization located in downtown Providence, Rhode Island.

Within eight months of being accepted to the Rhode Island School of Design, Hargrave had a sold-out show. In June 1997, he moved to New York and said he thought it was “the best way to get my feet wet.”

Hargrave worked in an art gallery, which led to an art show. He applied and was accepted to join the Tricia Collins Contemporary Art gallery.

Life for Hargrave soon changed very quickly as he found himself the subject of articles in popular magazines, including the now-defunct urban magazine, OneWorld.

Once he parted ways with Tricia Collins, he found it hard to get representation by another gallery.

“I didn’t realize how hard it was because it happened for me so quickly,” he said.

It was a few years before he had the opportunity to have his work featured as a solo exhibit in another gallery.

In 2015, Hargrave was chosen from 1,000 other artists, had an interview, went through another round and was accepted for a solo exhibit at the Bronx Museum of the Arts. He had about 40 to 50 paintings on display and sold them all. The Bronx museum acquired one of his pieces as part of its private collection.

This solo exhibition at the Bronx Museum of the Arts paved the way for his current work on display at Ethan Cohen in New York.

The Ethan Cohen gallery provides a bigger platform for Hargrave’s work. He describes his work as a re-imagining of art history.

He took a look at how African-Americans were left out of art history and wanted to create

Above: ‘Mother and Child Green Blue’ from 2018 is an acrylic on paper. Hargrave says his inspiration was a photograph of a slave wet nurse and her charge in the 1800s. The painting is in the collection of Dr. David Colbert of New York.

Right: Hargrave’s ‘The New Generals,’ an acrylic paint on antique poster.



THE ARTS

a space where he could re-imagine other works of art and then prominently feature them with stereotypical images of African-Americans. His works mix art-history clichés with racial stereotypes.

His work has been featured in various exhibits throughout the years and he has a number of people who regularly buy his pieces, including a New York doctor.

There have been several people who have supported and provided inspiration for Hargrave throughout the years including teachers, family and the late Salisbury Post publisher Jim Hurley.

“Jimmy Hurley was a big supporter,” Hargrave said. “I kept up with him over the years until he passed.”

Other inspirational people were his first-grade teacher, Ellen Clark, who noticed his talent early; Salisbury artist Cara Reische, who was a mentor; and James Donaldson, an African-American painter in Salisbury.

Clark was one of the first to plant an artistic seed in Hargrave. He asked if he could have a cardboard cutout of an Easter bunny and his teacher suggested he draw one of his own instead.

“She said I can’t give it to you, but you can draw it,” Hargrave recalled.

“So many people saw something in me,” he added. “They saw more in me than I did at the time.”

When Hargrave initially applied to the University of North Carolina School of the Arts, he knew he didn’t have the money to attend. His aunt, Betty Hargrave, told him about a family friend, who turned out to be Hurley.

“He wrote me a check for the entire tuition,” Hargrave said. “It was a life-changer. If it wasn’t for him I’d never have gone off to that school.”

In fact, during the summer, Hurley also let Hargrave use a newspaper-owned apartment as studio space so Hargrave could focus on his work. The two kept in touch through letters.

“He gave me hope,” Hargrave said. “He was just that kind of amazing



Above: “Gold Minnie” by Jeffrey Hargrave. Below: “Fish with Pork Fried Rice,” 2017, by Hargrave.

person.”

In 2012, Hargrave was dealt two hard blows — his mother died and Hurley, the man who supported his dream, also passed away.

Their deaths gave Hargrave the “gumption to try for a lot of things that I didn’t have the courage to do while they were living,” he said.

Hargrave doesn’t just paint. He has produced a couple of films, drawn animation and created sculptures as well as a series of dolls.

“I’m always trying to challenge myself ... explore,” he said.

Hargrave finds inspiration while watching television, looking at art books and through others. He often teaches himself new skills and said he would tell any young person who aspires to become an artist that anything is possible.

Life will throw you challenges, Hargrave said.

When people doubted him, he kept going.

He has overcome the challenges in life through his faith in God and belief in himself. **S**





Pimento cheese, please

Exploring a not-so-Southern staple.

Written by Andie Foley | Photography by Jon C. Lakey

Portrayed on the stage of Salisbury's Meroney Theater, character Guy Noire sits at the counter of College Barbecue and contemplates the contents of his sandwich.

The skit, one of many during the Salisbury Symphony's 2018 production of the public radio-inspired "A 'Bury Home Companion," featured many nods to Salisburian staples: Diversified Graphics, Salisbury the Magazine and Mean Mug Coffee, to name a few.

Fitting then, that the studied sandwich of Noire's would be filled with pimento cheese, a true and Southern institution.

Or is it?

It's no great secret that Southerners — and Rowan Countians specifically — love our pimento cheese. It's stocked year round at grocery stores and deli counters. It's featured on the menus of barbecue joints and diners alike.

But its journey to the South, according to food blog Serious Eats, began in the late 19th century in New York with the evolution of cream cheese.

In the 1870s, northern farmers began producing soft, unripened cheese modeled after the French Neufchatel. These Neufchatel curds were then mixed with cream and marketed as that somehow-Philadelphian spread.

Then? Well, then came the experiments of adventurous housewives, who combined the at-the-time trendy canned pimento with the soft cheese and ingredients such as mustard and chives for a good teatime snack.

Verne McCombs catches the cheese as it comes out of the grinder.





Above: Julie Blalock adds the mayonnaise to the crushed pimentos. Below: Packaged McCombs pimento cheese, ready for delivery.

It was a popular combination. By 1910, the spread was being mass-produced and sold around the country.

And when it landed here in the South, our own food scientists decided to perfect the art of the cheesy, peppery paté.

PIMENTO CHEESE IN ROWAN COUNTY (AND BEYOND)

With over 100 years to experiment in both professional and amateur kitchens alike, Rowan County producers of pimento cheese have taken it in a multitude of ways.

In many cases, we've ditched the cream cheese and chive, opting for traditional, hard cheeses like cheddar, provolone or Colby.

These ripened cheeses are bound together with mayonnaise and perhaps a touch of evaporated milk, if you're looking to keep things on the creamy side.

But that's about as far as our local through lines extend. Beyond this, each batch is mixed with its own combination of spices, its own ratio of softs to solids.

If you're a purchaser rather than purveyor, you're certain to have your loyalties to a certain brand.

Perhaps you keep your fridge shelves stocked with McCombs & Co.'s bright orange spread, or perhaps you venture outside of the county to partake from what McCombs' heiress





Our hands fight **cancer and advance cures**

At Novant Health, we're committed to advancing cures and providing comprehensive cancer treatment options. Our nationally recognized teams deliver compassionate care and personalized solutions, from diagnosis to treatment and recovery.

Every hand tells a story. See our stories at [NovantHealth.org/advancedcare](https://www.novanthealth.org/advancedcare).

Advanced cancer experts



Julie Blalock calls the company's biggest competitor: Lexington's Conrad and Hinkle.

Maybe you prefer to treat yourself to a toasted sandwich filled with the finely grated spread of Troyer's Country Market, or the chunky, yellow-on-white creation of Wahoo's Diner in Granite Quarry.

Whatever your pick, each falls in its own unique location on at least three different spectrums: creaminess, spice and number of ingredients.

Producers McCombs & Co. and Wahoo's Diner serve as prime examples. The McCombs mix contains no less than 10 ingredients, combining into a smooth spread with some mixes containing jalapeños for additional heat. Wahoo's, with a five-ingredient mix, comes with each bit of cheese identifiable from the next and a satisfying, savory flavor.

They're also produced in tremendously varying quantities: McCombs with a near-90-pound batch biweekly, Wahoo's with a quart and a half — or 48 ounces — each day.

Each is the product of time and tradition, a honed skill passed along a paternal line.

A FAMILY AFFAIR

In the small quarters of Julie Blalock's basement-turned-industrial kitchen, three generations of the McCombs & Co. legacy can be found in a flurry of movement.

There's 87-year-old Verne McCombs, the brains behind the operation. He started mixing the spread in 1958, behind the meat counter of the McCombs & Co. store in Faith.

With him are his daughter and grandson, Julie and Jarrett "Link" Blalock.

The three work in a near-choreographed dance: Jarrett slicing cheeses, Julie loading the tray of a 1950 model electric grinder. Verne, who never stops despite his age, is elbow deep in a mixture of pimento, mayonnaise, evaporated milk, sugar and vinegar.

It's an effort they've completed together twice a week for four years, crafting and packaging original and jalapeño-infused batches of the cheese for sale at local markets throughout the area.

Their work, as all interaction with family, is generally peppered with some good-natured ribbing.

"I'll give you the most important rule of working with family," Jarrett offers mid process. His grandfather and grandmother look at him expectantly, and he continues: "Don't."

It's a rule he obviously doesn't obey and, judging by the hints of amusement in his voice as he delivers the zinger, doesn't intend to.

In working with family, the McCombses and Blalocks have created a dynasty of other sandwich fillings and sides, including chicken salad, egg salad and slaw.

It all began with pimento cheese, which they now sell mostly wholesale in 8- and 16-ounce containers.



Above: Wahoo's Diner's Brandon Hendrix whips up a batch of pimento cheese for use in his restaurant.

Right: Julie Blalock uses a large knife to cut the cheese down at McCombs.





The secret to a good pimento cheese? Each person gave his or her own answer.

“A lot of cheese,” said Julie.

“Not too much mayonnaise,” offered Jarrett.

Master-of-the-mix Verne was a bit more specific.

“Real cheese, for one thing,” he said. “You can’t take American cheese by itself. You’ve got to have three or four different kinds.”

Brandon Hendrix, the creator of Wahoo’s unique blend, might disagree.

LIKE FATHER LIKE SON

Shortly before an afternoon lunch rush at Wahoo’s Diner in Granite Quarry, co-owner Hendrix has sneaked into a closet-turned-prep-counter to mix the day’s 1.5 quarts of pimento cheese.

Unlike the McCombs blend of sharp cheddar, mild cheddar, medium cheddar, Colby longhorn and American, Wahoo’s coarse spread contains just two: cheddar and provolone.

The cheeses are grated or hand-diced rather than put through a grinder. They’re then mixed

Verne McCombs and his grandson Jarrett Blalock work on making the pimento cheese.

with mayonnaise, pimento, and a secret blend of spices that give the concoction its satisfying zing.

It’s a process he learned from his father, though Hendrix opts for provolone rather than his father’s choice of pepper jack.

For Hendrix, his secret to a good batch of pimento cheese most closely aligns with advice from Jarrett Blalock: It’s got to be heavy on the dry ingredients.

“Just a little bit of mayonnaise,” he said. “Just to bind it all together.”

His fellow co-owner, Jamie Vanhoy, said this makes the difference when the dish is served warm.

“The more cheesy that is it, the more creamy,” she said, sharing some of the restaurant’s most popular, cheese-filled offerings: grilled cheese sandwiches, pimento cheeseburgers and chicken sandwiches topped with a scoop of the oo-

ey-gooney goodness.

“I never ate pimento cheese before,” said Hendrix. “I wouldn’t because of the pimento. Then I made it and decided I had to try it. It was like ‘Oh, my gosh, I’ve been missing out on this my whole life.’”

THE PRIDE OF THE SOUTH

With so many variations on the once-Northern treat, it’s no wonder why so many Southerners have claimed the dish as their own. We’ll continue to bring it to gatherings and enjoy it despite its origins: toasted or chilled, in stalks of celery or on crackers or even in the rogue omelet or two.

And that, perhaps, is the most crucial ingredient of any good pimento cheese: it’s the family and friends to share it with. It’s Verne and his golf buddies gathered around an open container with plastic knives and Ritz crackers to share, or Jamie’s family stopping for a picnic on a journey to the mountains.

It’s that feeling of home and comfort and nostalgia, perhaps the most “Southern” of all. **S**



Character builder

Transplanted couple from Australia take on their biggest house yet.

Written by Mark Wineka | Photography by Jon C. Lakey



Robb and Lorraine Rodd purchased the 1909 Eagle-Burdette House at 409 Fourth St. in Spencer and are working on restoring it while living in the home. The two-story stucco house was built for W.M. Eagle, an engineer for Southern Railway. The home is on the 2018 OctoberTour.

There was a lot to like about this century-old house at 409 Fourth St., Spencer.

The home had, as preservationists like to say, good bones. That translated to tall windows, high ceilings, seven fireplaces, an unusual stucco exterior, a wrap-around porch, wide crown molding, a steep interior staircase and a magnificent entrance into which light poured in from the street.

So why, when Robb and Lorraine Rodd first opened the front door to this place around Christmas 2017, did they soon do an about-face and not return for a couple of days?

“If you would have come in December, you would have walked out, too,” Robb says.

What confronted them, after laborious travel and a life-changing move from Sydney, Australia, was disheartening. Ceilings upstairs had collapsed from a leaky roof. There was no heat and often no water, because the badly configured pipes would freeze.

They soon realized they would need a new furnace, plus new heating and air-conditioning ductwork.

About 25 sheet-metal radiators had to go, remnants of a 1930s steam heating system that hadn't been operating in years. Cast iron piping had to be replaced, leaving holes in the floor at many places. Every room needed serious attention.

After they were in the house for a while, the Rodds also heard rats inside the walls.

“It was pretty bad,” Lorraine says. “This house had just been neglected.”

Above: A drawing of the home by local artist Betty Sedberry hangs on a wall. Right: Storage area under the stairs.



People going on this year's OctoberTour (Oct. 13-14) will be able to see what the Rodds have accomplished in the months since that fateful December day. Historic Salisbury Foundation is billing this tour site — one of five this year in Spencer — as a restoration in progress.

The Rodds would heartily agree with that assessment.

“It's taken a lot longer than we thought — and we have experience,” Robb says.

Historians refer to the 1909 property as the Eagle-Burdette House. W.M. Eagle was an important figure in Spencer's history — a Southern Railway engineer who doubled as a financier for residential construction in the railroad town's early days.

Eagle's daughter, Annie Laurie, married T.R. Burdette Jr., who worked for the railroad and served as Spencer's mayor from 1953-1977. After the Eagles, the Burdette family lived in this house into the 1980s.

From an architectural view, the house reflects a Colonial Revival style popular in the early 20th century. “It is notable for its perfect symmetry, easily seen in both the house and the one-story porch which wraps around both sides,” a HSF description says.

The house's history and connection to Spencer's development mean a lot to the Rodds.

“... This is a great opportunity to do something like this,” Lorraine Rodd says. “This is a great area — Spencer — and I think it's a great honor to be in this home.”



Above: A sitting parlor leads to the dining room. Right: Lorraine holds up a new Tiffany lampshade that will attach to a ceiling light fixture in the second-floor hallway.

But how did a couple from Australia end up here, restoring a 3,600-square-foot house with five bedrooms? It's a little complicated.

A New York native, Robb was a Navy Seabee, serving in ports throughout the world. But he met Lorraine, a native of Australia, in New Orleans. They lived two different times in Virginia Beach, and off and on, the couple have spent roughly 18 of their 26 years of marriage in either New Zealand or Australia.

All told, this is about the 10th house Robb and Lorraine have taken on as a restoration.

"They are our children," Lorraine says. "Every place we buy, we renovate more. Every house we buy is a step up in commitment."





Top: The kitchen was remodeled to a more modern feel. Above: One of the upstairs bedrooms is a work in progress.

The couple actually lost a house in Christchurch, New Zealand, to an earthquake. They still own two properties in Australia, but of every house renovation they've taken on, "this is probably the biggest project," Lorraine says.

But again, why Spencer?

The truth of it is, Sydney was becoming too expensive and too crowded for the Rodds, who lived in a 1919 bungalow in the Blue Mountains outside of the city.

Sydney's population has been growing dramatically, enough so that Robb's 20-kilometer commute back and forth was getting to be troublesome. Real estate prices also had exploded, according to the couple. A comparable house in Sydney to the one in Spencer might cost \$1.2 million to \$1.3 million, Robb says.

"To put it in perspective," he adds, "this house is cheaper than a parking space in Sydney. ... We wouldn't have the opportunity to buy a house like this."



The home has seven fireplaces.

The couple began talking about a return to the United States and initiated the immigration process two years ago. Meanwhile, they looked for houses online through a website called “Old House Dreams,” narrowing their search at first to the states of Vermont and North Carolina.

Vermont was eventually ruled out because of its harsher winters. The Rodds concentrated on the Asheville area of North Carolina but also looked at Rowan County because of a family connection. Robb’s sister, Laura Young, had settled in Spencer, as had her in-laws.

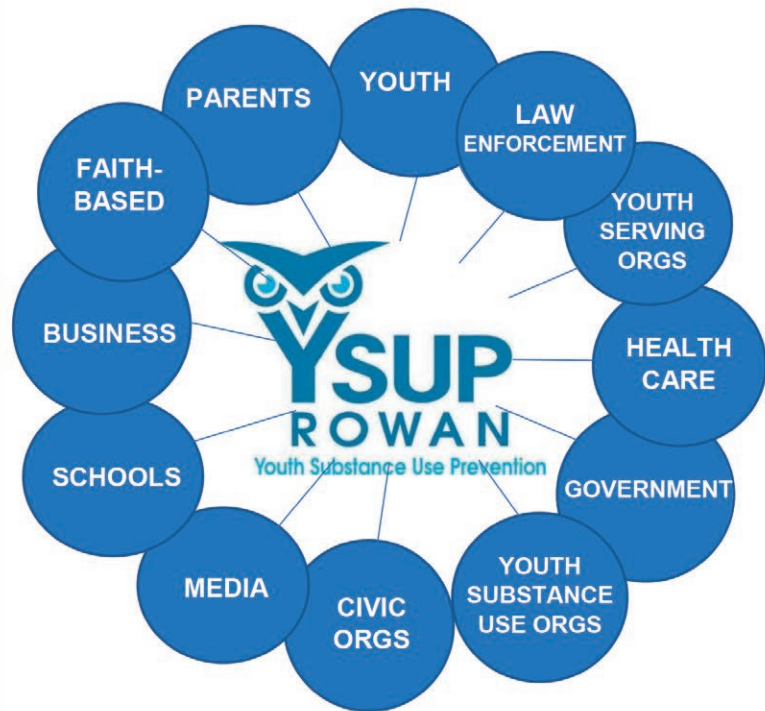
By August of 2017, Robb flew to the United States, looked at several places for sale and ended up buying the Eagle-Burdette house just down the street from his sister. Owned by a bank, the house had been listed on the Old House Dreams website — and the price was right.

From what she had seen on the website, Lorraine approved, though the online pictures were from five years prior and did not reflect how much the house had deteriorated.

“The pictures online looked a lot better,” Lorraine says today.

Among the many things they liked about the home were the squareness of the rooms and the simple fact it was two stories — something not common in their Australian homes. Robb returned to Australia, and the couple made their final preparations for relocating to the United States in December 2017.

The cost of the new heating system, ductwork, piping and ceiling repair



Our MISSION is to engage the Rowan County community in creating conditions that will lead to the PREVENTION and REDUCTION of SUBSTANCE USE by YOUNG PEOPLE in order that they may build healthy, safe and successful lives.

Local Needs Require Local Solutions CHOOSE to VOLUNTEER

*Coalition members ... Community Workgroups
Strategies and Data ... Event Planning ...
Youth Council ... Marketing & Media ... and More*

**Contact: Liz Tennent, Project Coordinator
info@YsupRowan.org 704-633-5636, x106
www.YsupRowan.org**



**WISE UP ROWAN
BE INFORMED.
BE INVOLVED.**





Above: The dining room. Left: The front left corner of the wrap-around porch. Below: The Rodds decided to keep the handbuilt bookshelves that cover one wall in an upstairs bedroom.



AT HOME

took a big chunk of the Rodds' renovation budget. "It was a shock when we realized we had to spend that money," Lorraine says. "... That's the reality of an old house."

The couple otherwise have been taking on the things they could address themselves, and they started with the front two parlor rooms, which essentially needed some patching and fresh coats of paint. Robb says they've done a lot of patching of ceilings and walls throughout the house.

The bay window area in the dining room had to be rebuilt. In the kitchen, Robb and Lorraine tore the walls out to the studs and installed new drywall. The kitchen had three layers of vinyl flooring and what the couple describe as "toxic black mold." They removed all the flooring, bleached everything, installed a waterproof floor and brought in new appliances.

The home's fireplaces are accented by tile and sculpted metal covers. Three of the fire-

places are connected to natural gas. But the Rodds say they will need a professional to come in for cleaning and inspection before they think about using them.

Wooden floors throughout the house will be refinished. Renovations will come for the two bathrooms.

With all the improvements they're making, the couple are respecting the original design. They are furnishing the house with vintage items from consignment shops and antique stores.

"This house has so much character," Lorraine says.

In the spring and summer, when the weather cooperated, the Rodds concentrated a lot on the outside landscaping. Their lot is graced by four giant white oaks — and a couple of white squirrels. The couple installed fencing and landscape timbers, fashioned gardens and planted numerous crape myrtles and flowers.

"We were out here almost non-stop for a



Two Locations to Serve You

2050 Statesville Blvd. 1007 East Innes St.
704-639-9500 704-633-9585

DELICIOUS SEAFOOD & Your Favorite Entrees



• Senior Citizen Discounts •
Children's Menu • Healthy Choices

**Voted Best Seafood
Two Years in a Row!**



www.bluebay-seafood.com

AT HOME



month,” Robb says.

Before they tackled anything outside, the Rodds had to address the pile of debris that had accumulated in the yard while the home was vacant. The yard had become a dumping ground, and Robb counted eight Christmas trees and an old leaf blower among the things that had been discarded.

The Rodds enjoy biking, kayaking and would love to find a favorite cafe, like the ones they frequented in Australia. They share the big house in Spencer with Ollie, their cat.

The couple have given a prominent spot on one of the entrance hall’s walls to a framed Betty Sedberry drawing of their house. The drawing came with the house when they bought it.

In mid August, Lorraine still hadn’t received her green card, which would allow her to work in the United States. Meanwhile, Robb has

a land surveying job with a Charlotte-based company.

Major things on their agenda before and after OctoberTour include the spray-painting of the exterior stucco, which the Rodds intend to do themselves; repairing the back porch and screening it in; and sanding and refinishing all the floors.

Lorraine’s upper-arm strength has increased from all the yard work, scraping, sanding and painting.

“I’m doing painting in my sleep,” she says.

A door from the spacious landing at the top of the inside staircase leads out to a small balcony overlooking Fourth Street. “It will be nice to sit out there,” Lorraine says.

But first there will be more scraping and painting.

“I think we’re both mad,” Robb says. “That’s how you get through it.” **S**

The Rodds did not bring any furniture and decorations with them, so they purchased items from local consignment shops to furnish their home.

Everything for Your Pets in One Place!



Rebekah Julian, DVM
Leah Jones, DVM
Ashley Wilkie, DVM
Kelsey Stover, DVM
Jessica Edelmann, DVM



704-636-1100 www.lazy5vets.com

2916 SOUTH MAIN STREET, SALISBURY, NC 28147

Camp Wagon Tails

New Boarding and Grooming Expansion is now open! Pets stay in safe, climate-controlled environment with individual or group play times. Several levels of basic or luxury boarding await your dog or cat.

Some of our other services...

- Grooming
- Large Animal
- House Calls
- Digital X-ray
- K-Laser Therapy
- Online Pharmacy
- Wellness Plans
- Ultrasound
- Free Dental Exams
- Easy Check-out



1st Place



1st Place

No Place Like Home. No Time Like the Present.

Over 140 Homes
Sold This Year!



Call us today!

*Ashlee and I will aggressively market and handle every detail
of your transaction for a smooth, successful sale!*



Cathy Griffin

#1 in North Carolina and
#6 in the U.S.
among Century 21 agents!

704-213-2464

www.cathygriffinhomes.com



Ashlee McNabb
704-267-3371



474 Jake Alexander Blvd., West
Salisbury, NC
704-637-7721

T

The youthful bluegrass band One Fret Over often leaves much of the introductions, talking between songs and joke-telling during string repairs to its spunky fiddle player, Grace Bemus.


“Who out there has seen us before?” Grace asks a recent crowd at Blankets & Bluegrass in Salisbury. “Parents, put your hands down.”

The crowd laughs, and several hands go up otherwise as the band launches into another song. During a practice earlier in the day, the kids found it amusing that a lot of the older bluegrass songs are about dudes breaking up, trains and hammers.

But that doesn’t mean they can’t play mean renditions of songs such as “Nine Pound Hammer,” “Wheel Hoss” and “Someday Soon,” just a few of the 25 tunes or more on their playlist.

Only one member of One Fret Over is driving yet, and he’s on his learner’s permit. The group includes Gabe Bemus, 15, on guitar; his sister, Grace Bemus, 13, on the fiddle; Elijah Moore, 14, on the mandolin; and Elijah’s brother, Lincoln Moore, 11, on the bass fiddle.





Members of One Fret Over use a Hall House bedroom to tune up and pause for reflection before playing at Blankets & Bluegrass.

BLUE-RIBBON BLUEGRASS

The band is young, but One Fret Over knows how to jam.

Story by Mark Wineka | Photography by Jon C. Lakey



Gabe and Grace are the children of Ronnie and Amy Bemus of Salisbury. Elijah and Lincoln are the sons of Eric and Jessica Moore of Kernersville.

Collectively, the kids have other outside interests such as golf, disc golf, dance, volleyball and theater, but unlike most of their peers, Gabe, Elijah, Grace and Lincoln spend considerable time devoted to bluegrass.

Thanks to their parents and dedicated instructors, they gravitated to the genre at an early age, and now they prefer listening to bluegrass CDs or tuning to the “Bluegrass Junction” station on XM radio.

They enjoy their mid-week practices, dividing those sessions between the Bemus house or the Moore house. “Their family room is way cooler,” Grace says of the Moore residence.

The group’s Friday nights or weekends are filled with playing at small venues, events or festivals. They have won many individual and group awards at places such as the Old Fiddlers Convention in Galax, Va., and other competitions in Union Grove, Granite Quarry, Yadkin

Valley, Alleghany County and Salisbury.

One Fret Over was among the musical performers at the 2017 production of “A ‘Bury Home Companion” and also did kid showcases at the 2017 Merlefest. The group played on the High Lonesome Strings Stage and at Isaac Hunter’s Tavern as part of last year’s annual International Bluegrass Music Association’s gathering in Raleigh.

***Left:** Elijah Moore practices on the mandolin before a concert at the Hall House.*

***Middle:** A closer look at the strings on Gabe Bemus’ guitar. **Right:** Ronnie Bemus made the microphone stand for the band.*

At Salisbury’s Busker’s Bash in 2017, they were voted top band and came in second overall out of 47 buskers. The One Fret Over members think their biggest accomplishment was winning against adult bands at Little John’s Mountain Music Festival in Snow Camp.

Elijah Moore’s only complaint about Snow Camp? “There’s no snow there,” he says.

The Bemus and Moore parents are full-fledged roadies. They spend a lot of time on the highways as chauffeurs, getting the kids to practices and performances and helping with equipment. Eric Moore considers himself the sound man.

The parents find themselves making key decisions based on what’s best for the band.

When the Moore family went to a car dealership looking for a new vehicle, they took Lincoln’s big bass fiddle with them to make sure it would fit while still leaving room for everything and everyone else.

“That, and with the sound system, it gets pretty full,” Eric Moore says.

Does the band ever try to send their parents away during practices?

“We try,” Grace says with a deadpan expression, “but they always do (sit in).”

Amy Bemus has a measured take on the parental involvement: “They want independence,” she says, smiling, “but they don’t want



One Fret Over performs for a crowd at the Hall House.



independence doing all the adult stuff.”

The parents themselves play instruments, but when it comes to bluegrass, the kids boarded the train and left them back at the station long ago.

“They amaze me all the time,” Jessica Moore says.

Gabe has been playing guitar for six years; Grace, the fiddle for more than four. Elijah also has been playing the mandolin for four years, and Lincoln just started on the bass in 2017.

The kids met at a youth bluegrass camp in Morganton in the summer of 2016. The parents got along, the kids enjoyed hanging out and playing, and soon they were being invited to the Bemus or Moore households for Sunday jam sessions.

By early 2017, Gabe, Elijah and Grace had formed One Fret Over, and not to be left out, Lincoln quickly joined them.

“He has been playing bass for a year, and we think he’s doing fantastic,” Grace says in her usual introduction of Lincoln during their performances.

The band’s name comes from dialogue between songs on “The Pizza Tapes,” an album by David Grisman, Tony Rice and Jerry Garcia.



Grace Bemus and Lincoln Moore chat at the Hall House before a concert.

The Pizza Tapes originated from two evenings of jamming together in 1993. During the conversation, one of the men lamented, “I was just one fret away.”

That phrase struck a chord, so to speak, with the kids. They found out the band name “One Fret Away” was already taken by another group, so they went instead with “One Fret Over.”

During the week when they are not togeth-

er as a group, Grace says, the kids come home after school, do homework, then practice individually. Gabe and Grace attend North Hills Christian, while the Moore brothers are homeschooled by their mom.

Alex Edwards was Gabe’s first guitar instructor, and for the past three years, he also has learned under John Marler. Carrie Webster teaches Grace the fiddle. Daniel Thraikill provided voice lessons for both Gabe and Grace, who handle most of the singing chores for One Fret Over.

“I just always loved the fiddle, and I still do,” Grace says.



Elijah has taken his mandolin lessons from Ralph McGee, and at home he never seems to be without a mandolin or ukelele. “If it’s in his hands, he’s playing it,” Jessica Moore says of her son, who has become a spokesperson for Silverangel mandolins.

Lincoln Moore practiced at times with the fiddle and banjo, but “once he picked up bass, that was it,” his mom says.

At their performances, Lincoln almost always is wearing some kind of hat, whether it be a newsboy cap or fedora. Grace looks the bluegrass part with her bright, flowing dresses and cowboys boots, though she recently has substituted Birkenstocks.

Her dad, Ronnie, has fashioned a step for Grace that gives her some of the extra height she needs to have a better angle on the microphone. It doesn’t help that Gabe and Elijah are getting close to 6 feet tall.

Amy Bemus says she and Ronnie never had a grand plan of seeing their children pursue bluegrass the way they have. In the beginning, it didn’t occur to them that Gabe and Grace would ever be a duo, let alone be part of a group.

One Fret Over is pretty democratic when it comes to the members’ decisions on what songs



Top: From left: Lincoln Moore, Elijah Moore, Grace Bemus and Gabe Bemus.

Above: Eric Moore takes the large standup bass to the family van.



Grace Bemus at warm-ups.

they'll practice and play. Often, it's something one of them has heard on the radio or on a CD. Or it might be something the parents suggest.

Now and then, they bring in a band coach, such as Edwards or Marler. The kids also have found the bluegrass community to be a sharing one in which some of the most talented professionals — musicians they have met at the festivals — make time to give a quick lesson or offer a tip for playing a certain song.

On occasion, they also have been called up on stage to play with them.

"The kids get to see they're crazy talented, yet so humble," Eric Moore says. "That part is really cool."

Whenever One Fret Over plays a set, the kids give each other room to shine individually. At practices, they are good at self-correcting and saying, "Let's reset."

HELPING *Your* BUSINESS IS *Our* BUSINESS



F&M Bank Merchant Services turns one of the toughest aspects of running your business into one of the easiest. Our credit and debit card payment processing system:

- Can save you money
- Includes on-site installation and training—with no down time
- Comes with the stability and local support you'll always find with F&M Bank

Let F&M Bank show you how one simple change can totally change your business.

"I like the new portal where I can view all activity online so much. The entire experience has been incredibly positive. Plus, I'm saving \$180 a month!"

—Rick Anderson, The Sidewalk Deli, Salisbury



Savings will vary depending on transaction volumes, types and current provider

Member
FDIC


For more info, contact Rhonda Martin at 704-762-2258, rmartin@fmbnc.com or visit us online at fmbnc.com.

“They play much better if they’re not too hot and they’re not hungry,” Eric Moore also reports.

If One Fret Over keeps on going, the kids and their parents says the future might hold recording a CD and writing some songs of their own. Ultimate goals, the band members add, would be playing at the Silver Dollar City theme park near Branson, Mo., or on the Grand Ole Opry stage in Nashville.

But who knows what happens in a relatively short time from now when college or the work world beckon? Will One Fret Over still be together?

“I think we’ll still be making time for some gigs,” Grace says.

Go to One Fret Over’s website (onefretover.com) or its Facebook page for information on the band’s upcoming shows. 



Gabe Bemus sings during a performance.



*Enjoy the colors
of the season
in your beautiful new home!*

Schedule a tour this autumn to experience our gracious retirement lifestyle first-hand. At Oak Park, all utilities except personal telephone are included in one reasonable monthly rent, along with three delicious chef-prepared meals served daily. We take care of the cooking, housekeeping, and local transportation. When you make Oak Park your home you can relax and spend more time with new friends and family. We look forward to seeing you here!

For more information, please call

704-636-4600

Oak Park Retirement
Gracious Retirement Living 

548 White Oaks Drive, Salisbury, NC 28147

HAWTHORN
SENIOR LIVING
© 2018 HSL



Elijah Moore and Gabe Bemus at the Hall House.

2018  **2019**

BECOME PART OF CATAWBA CHIEFS CLUB TODAY

CELEBRATING 42 YEARS OF COMMITMENT, EXCELLENCE, & HELPING GRADUATE CHAMPIONS



GET ACCESS

to people & programs that make Catawba Athletics great by offering outstanding benefits which secure you as part of the Catawba Indians family.



CATAWBA CHIEFS CLUB

2018 HOME FOOTBALL SCHEDULE

SEPT. 15	vs. UNC PEMBROKE	7:00 PM
SEPT. 29	vs. CARSON-NEWMAN	1:30 PM
OCT. 6	vs. ALBANY STATE	1:30 PM
OCT. 20	vs. TUSCULUM	1:30 PM
	HOMECOMING	
OCT. 27	vs. LIMESTONE	1:30 PM

Join Chiefs Club today & enjoy all the benefits! Visit CATAWBA.EDU/CHIEFSCLUB or contact JEFF CHILDRESS 704.637.4265



Unique Shops, Antique Stores, Restaurants

Museums & Galleries,
Festivals & More

Fresh Fudge
Ice Cold Bottled Sodas
18 Flavors of Taffy
Sugar-Free Chocolate
Gourmet Cotton Candy
Fruit Slices
Fancy Truffles
Gummy Bears

**Deweys Cookies
and Crackers
Salem Baking
Moravian Cookies**

Salisbury Fall
2017
ROCO **gold** PEOPLE'S
CHOICE
AWARDS
1st Place
Best Gift/Specialty Store

**Take a stroll down memory lane...
for ALL your candy needs**

119 South Main Street | Salisbury, NC 28144 | (704) 603-6514
thecandyshoppe2013@gmail.com

More than just antiques

Some Old • Some New • ALL NICE

**The Salisbury
Emporium**

230 East Kerr Street • Salisbury
Across from Depot 704-642-0039
www.salisburyemporium.com
TUES - SAT 10 AM - 6 PM
SUN 11 - 5PM; CLOSED MONDAY

La Cava Restaurant
Fine Italian Cuisine

329 South Church St.
Salisbury, NC 28144

RESERVATIONS RECOMMENDED
704-637-7174
Catering Available

115 South Lee St.
Salisbury, NC
28144
704.633.1101

Your downtown destination for...

FINE GIFTS • JEWELRY • APPAREL

704.638.5522 | 200 S. Main St. | Downtown Salisbury
www.shopcaniche.com

FOLLOW US ON #SHOPCANICHE



*A ground-level
view of Salisbury
Cathedral.*

WITH A CAPITAL 'C'

800 years later, iconic Salisbury Cathedral remains an engineering marvel.

Story by Jenny Hubbard | Photography by Jenny Hubbard and Steve Cobb



From above, a look at the spectacular sanctuary of Salisbury Cathedral.

SALISBURY, England — “You must be the Hubbards,” the tour guide, Rodney, said with a raised eyebrow. He was efficiently compact and trim, and we were late. It was Friday the 13th, and on our first day of driving on the wrong side of the road, we’d had difficulty finding a place to park in the bustling town of Salisbury, England.



My husband, Steve (Cobb), apologized but didn't elaborate. The point was that our fortune had made a turn for the better when I'd explained to the information-desk attendants that we'd come from the sister city across the pond. Without a moment's delay, they hailed an off-duty guide on his way out, who cheerfully escorted us up a narrow spiral staircase to join Rodney and the 10 other people on their way to the top of the 400-foot tower.



Jenny Hubbard

There are cathedrals, and then there are Cathedrals, and the one in Salisbury, England, is most definitely the latter. Because the Cathedral and all of its parts took 100 years to build, men spent their entire careers on it: the foundation stones were laid April 28, 1220, and the main building was consecrated on Sept. 28, 1258, though they didn't stop there. In 1300, the Cathedral began to expand vertically, in the form of a spire. While Steve, who volunteers as a house rehabilitator with Historic Salisbury Foundation, marveled at the wooden timbers crisscrossing the ceiling, I studied archangels in the stained glass and the grooves in the stone floor worn smooth from centuries of work boots.

Above: From the rooftop of Salisbury Cathedral, visitors enjoy a wide view of the surrounding countryside.

Right: An archangel in the cathedral's stained glass.





Above: Extensive bracing is needed throughout the Cathedral. Right: The ruins of the Old Sarum Cathedral.

So much stone, mined from a local quarry — how in the world did they construct the tallest spire in England without trucks and technology? Twenty years it took. Onward the tour group climbed, eventually reaching the giant pulley system, and as we paused there for Rodney’s expert history lessons, I snapped photos of the carvings in the stone walls. I. Futchter 1791. ROB’T BROWN [with a backwards N] 1811, right above Ch. Barnes SARUM.

With pride Rodney explained: “They are the signatures of the proud builders.” (Rodney, it turns out, grew up in the cathedral’s shadows, the last in a long line of cathedral volunteers.) I wondered what the I of I. Futchter stood for: Ian? Ichabod? I pictured his little boy bringing him a midday meal, begging, “Please, Father, please may I have a go at the pulley?” I pictured Robert and Charles, slump-shouldered, heading across the Cathedral Close at the end of a winter’s day for a pint at the Haunch of Venison Pub, which has been serving Salisbury’s work force since 1320. (Steve and I ended up eating dinner there.)

The dates in the carvings spanned centuries. Capital-C Cathedrals require ongoing maintenance. Scaffolding in evidence,





restoration continues to this day, with a target finish date of 2020, the Cathedral's 800th birthday. I hoped they would make it. I hoped I would make it. As Rodney continued to lead us onward and upward, I grew increasingly uneasy and unsteady. When stone steps gave way to wood ones with the thinnest of hand-rails, I asked if I could stay where we were, on a level midway up the spire.

"Ah, no," said Rodney. He informed me that he'd been a Cathedral guide since 1979. "I couldn't possibly leave you here. Why don't you follow directly behind me?" The other 11 stepped aside so that I could sidle my way to Rodney's heels. They couldn't stop looking at the ceiling, and I couldn't stop wishing I were sitting on the ground with the rest of those picnickers I saw through the Gothic

windows.

When people from other places ask me to describe my town, the first adjective I employ is "historic." But I was pushing the reset button on that. Once we climbed as high as we could go, Rodney unlocked a narrow wooden door, allowing us one by one onto a balcony the width of a dictionary. After he alerted us to the fact that, as it was nearly 5 p.m., the Cathedral bells might ring and they were loud, he instructed us to look north. "That hilltop in the distance," he said. "That's Old Sarum. The first Salisbury."

Sarum was established during the Iron Age. Our sister city was not only historic; it was prehistoric. I looked it up when I was safely back on the ground, after the ringing bells had chimed

Longtime Salisbury Cathedral tour guide Rodney Targett explains one of the interesting construction facets of the structure.

The future is yours. I can help with information about retirement planning.

Lets get acquainted.

Shoulder to shoulder, working toward your financial goals

You may be thinking about your financial goals. You wonder, "How much will I need to reach them?" "How much should I be saving?" "Am I on track to reach a comfortable retirement?" These are challenging questions, but they're ones I can provide information that will help you find answers.

With this information, you can move toward your objectives, while keeping you in financial control along the way.

No matter what stage of life you find yourself in, you're never too young or old to prepare for your financial future. I can help you get the conversation started.

A bit about me

Voya is a full service investment firm providing financial services for individuals and employer sponsored retirement plans.

If you are an individual looking for a financial advisor committed to providing professional, personal service that would be my commitment to you.

As a lifelong resident of Salisbury, I am committed to client service and community service as I believe they are necessary to create a successful and prosperous place to live.

I would welcome the opportunity to listen to your life goals and share what Voya can offer to help achieve life and financial success. Please give me a call and let's see

if we can collaborate on creating a more successful future for you.

I hold the following registrations, licenses and/or professional designations:
 -Series 6 - Investment Company/Variable Contracts Products Representative
 -Series 7 - General Securities Representative
 -Series 24 - General Securities Principal
 -Series 65 - The Uniform Investment Adviser Law Examination
 -Life, Health, Long Term Care, and Variable Annuity Insurance license



John Henderlite
 Financial Advisor
 Voya Financial Advisors
 Phone: (704)762-9900
 Cell: (980)234-5356
 Fax: (704)762-9910
 john.henderlite@voyafa.com

PLAN | INVEST | PROTECT
 Voya.com

VOYA
 FINANCIAL

Not FDIC/NCUA/NCUSIF Insured | Not a Deposit of a Bank/Credit Union | May lose value | Not Bank/Credit Union Guaranteed | Not Insured by Any Federal Government Agency
 Investment adviser representative and registered representative of, and securities and investment advisory services offered through Voya Financial Advisors, Inc. (Member SIPC).
 166988 3026751.I.G-3. © 2017 Voya Services Company. All rights reserved. CN0218-31159-0319D

us all the way down the 332 steps. There's written evidence (history) that the cathedral at Old Sarum was completed in 1092, that William the Conqueror stopped by in 1086, and that, in 1220, "disputes with the military" and a lack of water drove the community to a location a mile and a half away. New Sarum, they named it, the formal name for Salisbury.

After our pub meal of venison and ale, Steve and I drove through a five-minute rainstorm to Old Sarum and parked the car at the base of the hill, donning jackets in case the rain started again.

But the sun was out now, glow-

ing pink, and as we walked the grassy path, it slid between swaths of gray clouds. Giant hares hopped out of our way, and birds swooped and sang. When we reached the ruins of the old cathedral, we could see the spire of the capital-C Cathedral that we'd climbed only

two hours before, and we felt it: that mystical quality that drapes you in the soft, eerie knowledge that people you'll never know anything about have lived long before you and that life will endure after you are gone. **S**

Jenny Hubbard is a writer who lives in the real Salisbury — Salisbury, North Carolina.

A worker's signature from 1791, when the cathedral already was more than 500 years old.



Contact Us Today
To Come
Take A Tour

704-603-9202
1-800-610-0783

TRINITY OAKS
728 Klumac Road
Salisbury, NC 28144

SIMPLIFY
YOUR LIFE
& ENHANCE
YOUR LIFESTYLE!

Trinity Oaks is a magical place. Trinity Oaks offers a relaxed retirement living with historic elegance, nestled in a beautiful wooded setting. Come visit our gorgeous, newly renovated apartments and cottages and experience the comfortable feeling of home that offers a maintenance-free lifestyle. Our community has activity-filled opportunities, inviting atmosphere, encourages friendships and dining with family and friends to help you shape each day your way.

www.TrinityOaks.net



Andrew Walker relaxes in the sunroom of the Across the Pond Bed & Breakfast, where tea and scones are set out.



ACROSS THE POND

The house draws you in, but the Walkers bring you back.

Written by Elizabeth Cook | Photography by Jon C. Lakey

“W

“Where’s the pond?” one visitor asked after looking around.

“You got fishing?” a caller inquired.

Across the Pond Bed and Breakfast owners Mary and Andrew Walker are happy to set people straight. Natives of Great Britain, they named their establishment at 324 N. Fulton St. with a bigger pond in mind — the Atlantic Ocean.

It’s a sign that this bed and breakfast goes beyond Southern hospitality.



Above: One of the three guest rooms at Across the Pond.

Right: A full English breakfast, which consists of bacon, sausage, sautéed mushrooms and tomatoes, fried eggs — all cooked in bacon grease — with toast and fruit.

The Walkers crossed the pond in the late 1980s and eventually settled in the Pittsburgh area to raise sons Sam and Joe, now 29 and 26. Mary was an elementary school teacher, Andrew a civil engineer. He became president of a large geotechnical engineering company whose challenging projects included stabilizing the site of the World Trade Center for redevelopment after the 2001 terrorist attack.

That year was a turning point. The Walkers decided to become U.S. citizens and, after a rigorous two-year process, earned dual citizenship.

Fast forward a decade. As they anticipated retirement, Mary and Andrew decided to get away from Pennsylvania's frigid winters. They looked first in the North Carolina mountains, expanded their search to the Piedmont and traveled to Salisbury. Here they fell in love with the stately Stokes-Snyder House on a large corner lot not far from downtown.

The 4,700-square-foot Colonial Revival structure is part of the Ellis Street Graded School Historic District and has a distinguished history. Dr. J. Edgar Stokes, the surgeon at Salisbury's first hospital, had





***Clockwise from right:** Andrew and Mary Walker, owners of Across the Pond Bed and Breakfast; the house has British touches, such as toy soldiers carrying the Union Jack; the house has six modern bathrooms; tea is served in china which belonged to Mary's great-great aunt; the house has an air of elegance and charm.*





Across the Pond is located in the Stokes-Snider House, a 4,700-square-foot Colonial Revival that was built in 1919 for Dr. J. Edgar Stokes.



The house has three bedrooms available for guests, each with a different theme.



Making sure every guest room in the B&B had a modern bathroom was an important part of the renovations.



A bookcase is filled with volumes and artwork.

the house built in 1919. It was later owned by leading citizens Arnold and Kate Mills Snider, who raised their family and entertained friends in the house for 59 years. After Kate Mills' death in 2006, heirs gave the house to Historic Salisbury Foundation, a cause close to her heart.

The Walkers bought the property in 2013. A house that big, though, would have to be more than a home for the two of them. Mary and Andrew had no experience as innkeepers but plenty at having guests in their home — so much so that friends said it was as though they ran a bed and breakfast. After a six-month renovation of the Stokes-Snider House, led by Central Piedmont Builders, their friends' prophecy was fulfilled. Across the Pond Bed and Breakfast opened in January 2014.

While the house has British touches here and there — tiny toy soldiers stand at attention under the Union Jack on a bookshelf, for example — the Walkers have an eclectic mix of artwork that creates a modern, international atmosphere. Pieces range from Asian figures and a Greek-like bust to bright, impressionistic paintings and historic black-and-white photographs.

The late Franchot Palmer let them take home a succession of floor coverings from his mountain of rugs at 1839 Antiques until they found just the right ones. Contractor Chad Vriesema's mother crafted a beveled glass window for the front door.



The fine architecture of the Stokes-Snider House is evident in the living room.

Overall, the house has an air of elegance and charm.

The spread the Walkers put out in the afternoon is the most obvious British touch: tea and scones served on fine china. Mary says the gilt-edged tea service belonged to her great-great-aunt Katie, who started in the service as a low-ranking scullery maid and rose to the position of lady butler at Eton College.

Their first guest was a young Vietnamese woman interviewing for a job at Integro after being in the United States only six weeks. Snow fell on her second night in town, closing the Charlotte airport and forcing her to stay longer.

The front room is inviting for travelers from around the world or around the county.

The young woman seemed homesick, Mary says, so rather than serve her breakfast in the sunroom as planned, the Walkers invited her to eat with them in the kitchen. Mary taught the young woman how to make blueberry buttermilk pancakes. Later, there was a walk in the snow to Bangkok Downtown for noodles.

Andrew's gregariousness and Mary's gentle nature have proved to be a good fit for the B&B business.

The Walkers say being with each other constantly has been an adjustment. "We worked together and we learned together," Mary says. They have worn out a number of irons making sure linens are crisp and neat. But their mutual



From books to figurines and artwork, Across the Pond has an international, eclectic feel.

Caring Beyond Prescriptions

Compounding



Dispill

Deliveries



Immunizations



Nutritional Supplements



Teresa Casmus, RPh
Compounding Pharmacist

We are already your neighbors and friends, *Let us be your pharmacy too!*
Transferring your prescription is as easy as a phone call.

1357 West Innes Street
Salisbury, NC

704-637-6120

*The Medicine
Shoppe®*
PHARMACY

Monday - Friday 9:00am-5:30pm
Saturday 9:00am-12:30pm

Accepting most major insurance plans,
Medicare and Medicaid

salisbury.medicineshoppe.com

knack for putting new acquaintances at ease has opened the door to a steady stream of satisfied guests, many coming back for repeat visits.

The guestbook is sprinkled with words like “immaculate,” “impeccable” and “amazing.”

“We felt right at home,” one guest wrote.

“You’ve pretty much ruined any future B&B experience I might ever have again,” said another.

The big surprise, Mary says, has been how friendly guests are and how much they love visiting Salisbury and its downtown. “They open up to you quite quickly and ask us a lot of questions.”

“The guests have been the best part,” Andrew says.

The list of memorable guests sounds like a cast of characters in a bizarre whodunit: An expert on the Magna Carta. A retired five-star general. An attorney-turned-goat-farmer from Durham. The granddaughter of Eleanor Roosevelt, in town for the 45th anniversary of her grandmother’s visit to Salisbury. Two German policemen cycling across the United States on vacation.



Mary cooks breakfast for guests. One of her specialties is lemon ricotta pancakes with blueberry compote.

NORTH CAROLINA
TRANSPORTATION
MUSEUM

THOMAS & FRIENDS
DAY OUT WITH THOMAS
Big Adventures Tour
2018

Big Adventures, Bigger Memories!

All aboard for a train ride with Thomas, meet Percy, and so much more!

SEPT 28-30, OCT 5-7
NC TRANSPORTATION MUSEUM
Spencer, NC nctrans.org

FOR TICKETS:
Visit ticketweb.com/dowt
or call 866-468-7630

MATTEL Day Out With Thomas™ © 2018 Gullane (Thomas) Limited. Thomas & Friends™ Based on The Railway Series by The Reverend W. Awdry. © 2018 Gullane (Thomas) Limited. Thomas the Tank Engine, Thomas & Friends and Day Out With Thomas are trademarks of Gullane (Thomas) Limited. ©2018 Mattel. All Rights Reserved. ® and ™ designate U.S. trademarks of Mattel, except as noted.



Casey (right) and Dawn Ingram from Mooresville recently spent a night away from home to celebrate their 23rd wedding anniversary at Across the Pond.



THE
LAURELS
OF SALISBURY

A Skilled Nursing and Rehabilitation Center

215 Lash Drive | Salisbury, NC 28147 | 704-637-1182

Experience The Laurel Way of Caring

The Laurels of Salisbury offers comprehensive medical care to extended-stay guests and those seeking a positive, compassionate environment for short-term rehabilitation, long-term care, respite, or palliative care. Our homelike facility offers private and semi-private rooms as well as several lounge areas that make for pleasant small gatherings.

The Laurels of Salisbury accepts Medicare, Medicaid, most Medicare Advantage Plans, and many other insurances.

**To schedule a tour or to inquire about services call
(704) 637-1182.**



www.laurelsofsalisbury.com

Let us transform your smile
In One Day!



704.857.6161



Check our
facebook page
for giveaways!



MERRELL
FAMILY DENTISTRY

merrellfamilydentistry.com



They get visitors to the N.C. Transportation Museum, patients visiting the Hefner VA Medical Center. Mothers and daughters having a girls' weekend. Brides and attendants primping for the big day.

Other nationalities on the list include Canadian, Australian, Swiss, Dutch, New Zealand.

One couple from Australia stayed for six weeks to settle in their son, soccer player Jack Ragen, at Catawba College. Andrew had played soccer until he was about 50, and the couples became close friends. The Walkers "adopted" Jack for the duration of his college career, and more than once they invited the soccer and tennis teams over to do yard work, followed by dinner. "As long as you feed them, they will come," Mary says.

The Walkers visited Jack's family in Australia two Christmases ago, and Mary says a lot of tears were shed when the young man graduated

this past spring.

Not every guest is a world traveler. There are regulars who come to the High Point Furniture Market, and a husband and wife from Rockwell who celebrate their anniversary at Across the Pond each year.

The Walkers are good at giving their guests space as well as sharing information and telling a story or two.

"People ask me about my accent and say, where you from?" says Andrew, who left home at 17 but kept his Leeds accent. "I tell them Woodleaf."

"I can't understand him sometimes," says Mary, who hails from the town of St. Helen, between Liverpool and Manchester. They met while both were in college in Birmingham.

Andrew says he grew up poor, living in quarters at the corner store that his dad ran. The shop was also an "off license," selling miners

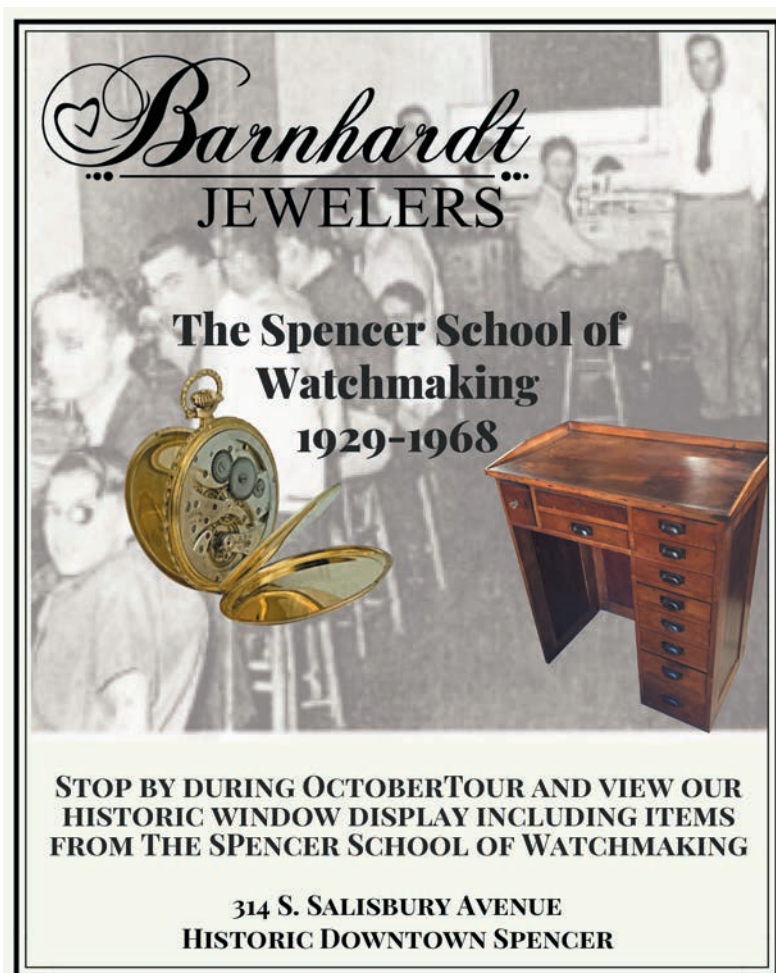
and construction workers beer that was delivered in barrels on wagons pulled by dray horses.

The building had an outhouse out back, Andy says. He likes to tell guests he's gone from zero bathrooms to six now, and he cleans them all.

Making sure every guest room in the B&B had a modern bathroom was an important part of the renovations. The Walkers also removed carpet and refinished the wood floors. And a bit of history revealed itself as they pulled down old wallpaper in their bedroom. Written on the wall were the names of Laster Rahter and Carl Schreiber of W.E. Browne Decorating Co. in Atlanta, along with the 1919 date. They framed the inscription and painted around it.

Guests have three rooms from which to choose:

- The Presley Room, for \$125 a night, offers a queen-size bed and king-themed decor — the



Barnhardt
JEWELERS

The Spencer School of Watchmaking
1929-1968

STOP BY DURING OCTOBER TOUR AND VIEW OUR HISTORIC WINDOW DISPLAY INCLUDING ITEMS FROM THE SPENCER SCHOOL OF WATCHMAKING

314 S. SALISBURY AVENUE
HISTORIC DOWNTOWN SPENCER



Experienced Veterinary Care for Your Pets

Rowan Animal Clinic, PLLC



Call To Ask About Our Boarding Facility

Precious 9 MEMORIAL DOG PARK

Open 7 days a week
Full list of rules posted at park

Mon-Fri 7:30am-6pm; Sat 8am-12pm; Sun Closed
4155 Statesville Blvd, Salisbury, NC | 704-636-3408
RowanAnimalClinic.com

king of rock'n'roll, that is. A painting of Elvis Presley looks out on a room outfitted with a rhinestone-studded, white leather headboard and music-related artwork, including photos by Teenie Harris.

- The Picot Room, at \$140, offers a king-size bed in a room that fits the brightly painted canvases of French artist Jean Claude Picot.

- The Matisse Suite, at \$150, has a queen-size bed and the largest bathroom of the three, as well as a separate sitting room.

The Walkers' quarters are separate from the rest of the house, of course, but Andrew might allow a guest to peek at his retreat in the attic. Summer heat and reflective insulation can make a visitor feel like a turkey trussed for Thanksgiving, he warns, estimating the temperature at 105 degrees. But the space is rich with soccer memorabilia and other keepsakes. Bookcases all around the room accommodate his 2,000-book library, plus books the Sniders left behind relat-

ed to President John F. Kennedy and his family.

Kennedy memorabilia overflows to the bookcases on the first floor, as well, where Andrew says today's large tomes have to be arranged "higgledy-piggledy" on shelves designed for the much smaller books of the early 1900s.

Most visitors want a full English breakfast of bacon, sausage, sautéed mushrooms and tomatoes, fried eggs — all cooked in bacon grease — with toast and fruit. A specialty is Mary's lemon ricotta pancakes with blueberry compote.

When Mary goes away, she leaves Andrew a breakfast casserole to serve the guests.

Andrew recalls one such weekend when Mary was traveling with friends. The Georgia couple who had booked a stay included a "ferce-looking gentleman" driving a huge pickup, he says. Tattoos were much in evidence. The purpose of the visit to Salisbury was knife-collecting — a bit intimidating.

But the visit went so well — including bak-

ing and serving the egg dish — that Andrew excitedly called Mary the moment the guests left to share what they wrote in the guest book: "Absolutely memorable."

Wonderful, said Mary, who was traveling with friends; she'd go away again next weekend.

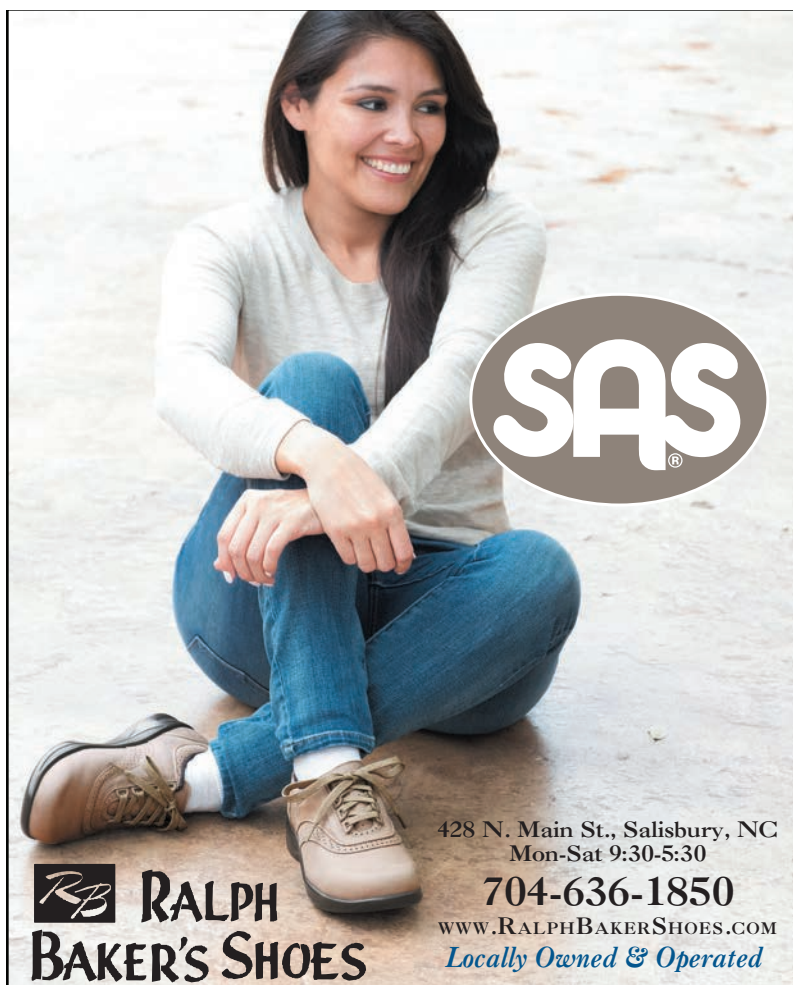
Instantly, Andrew regretted the call. "Me and my big mouth."

That couple returned for a second visit, as many people have.

The Walkers still consider themselves newcomers in their business, but they've learned to appreciate the respite they provide to the people who come through their doors — whether traveling across the pond or across the county.

"It's nice when they relax and come here and you can spoil them a little bit," Mary says. **[S]**

Across the Pond, 324 N. Fulton St., can be contacted at 866-296-7965. Its website is at <http://acrossthepondbandb.com>.



SAS

428 N. Main St., Salisbury, NC
Mon-Sat 9:30-5:30
704-636-1850
WWW.RALPHBAKERSHOES.COM
Locally Owned & Operated

RALPH BAKER'S SHOES

Gotta have it.

Gifts for your loved ones or yourself



Changing Lives, one pound at a time
NC Board of Dietetics and Nutrition approved program
Nutritionally Balanced Plan • Individualized attention
Health and Wellness Coaching (Certified by UNCG)
Semi-Private Circuit Training Classes
Rodan +Fields Skincare Consultant
Start now and receive a free starter kit



336-224-5325 | www.ssweightloss.net
55 South Talbert Blvd., Lexington, NC
Julie Williams CHC, Owner

Your Seasonal Home Improvement Guide

Southern Images
Total Landscape Management
SINCE 1991

704.636.4480
southernimageslawn@att.net

Salisbury's Best Choice
for Highest Quality

FLOOR & UPHOLSTERY CARE

Commercial and Residential **1st Place**

Professional Steam Cleaning • Carpet - Tile
Upholstery - Wood • Oriental Rugs
(Pick-Up/Delivery available)

FREE ESTIMATES SENIOR DISCOUNT **704-633-7030**

Since 1981

TOM'S CARPET CARE
SALISBURY, NC



Call or visit these local professionals to make your home a relaxing oasis!

30 Years Experience

Free Estimates

Certified Installer

CARPET
VINYL
HARDWOODS
LAMINATE
CERAMIC
SANDING
LUXURY VINYL TILE
REFINISHING

Youngs Floor Installation
110 Main St., Rockwell NC
704-279-2278

• Annuals • Landscape Bagged/Bulk Products

Godley's GARDEN CENTER & NURSERY, INC.
2281 Statesville Blvd • 704-638-0082

• Landscape Design • Trees • Shrubs • Perennials

• Lamps • Prints • Fashion Jewelry • Kitchen Décor

• Wedding/Anniversary/Birthday Gifts

Serendipity
Gifts & Home Accents
... A Division of Godley's Garden Center

Find us on Facebook

If you offer a service and would like to be on this page, call 704-797-4220



*The Shoafs' latest ride is a
Gold Wing trike.*

A motorcycle duet

Bob and Margie Shoaf keep moving down the road.

Written by Mark Wineka | Photography by Jon C. Lakey

REMINISCE



Above: The Shoafs often pulled a pop-up trailer for camping on their many trips across the country. *Below:* Fellow bikers like to know where you are from. It's a conversation starter.

Bob and Margie Shoaf still have a map of their first trip across the United States by motorcycle.

They left their Salisbury home May 7, 1984, went to see Margie's folks in California and returned to North Carolina by June 5. The trip covered 29 days, 7,408 miles and 20 states, or so says one of the many notations on the map.

That trip started a 20-year period during which the Shoafs racked up 355,000 motorcycle miles — safe miles — and crossed the country and back 10 times. Add in a short trip to Mexico and three journeys into Canada, including Nova Scotia.

Dedicated life members of the Gold Wing Road Riders Association — they swear by Honda Gold Wings — the Shoafs also have attended chapter meetings, district and state rallies and Wing Dings (national Gold Wing gatherings) throughout the country.

They've seen all 48 continental states from the back of their various motorcycles, always with Bob in front driving and Margie the passenger crouched immediately behind him.

They've ridden through Death Valley when it was 115 degrees. They confronted a bull from a herd of buffalo and lived to talk





about it.

“What if he charges us?” Margie asked Bob on that trip, when the bull was only yards away.

“You’ve heard of motocross,” Bob answered. “Just hang on.”

On the long, boring ribbons of interstate, Margie often would read paperback books.

“We had a lot of people slow up and take our picture,” Bob says.

They particularly loved winding their motorcycle through the stark landscapes of Nova Scotia, the canyon lands out west and the wide open spaces in general.

When they went to the 2008 Gold Wing rally in Corpus Christi, Texas, the Shoafs paid \$10 extra for the chance to steer their trike up a gangplank and onto the USS Lexington. The couple’s Gold Wing was among 400 on deck of the decommissioned aircraft carrier — an experience they won’t forget.

On the U.S. road map for their first cross-country journey, the couple scrawled other notes to



Above: Their motorcycle helmets wait outside the kitchen for the Shoafs’ next trip. Top: Bob Shoaf steered their Gold Wing onto the deck of the USS Lexington in 2008.

REMINISCE

themselves at various locations — sometimes frightening words and numbers such as “cold!!; “105!; “sand storm!; “wet”; “very windy”; “train wreck”; and “flood.”

But they were still hooked.

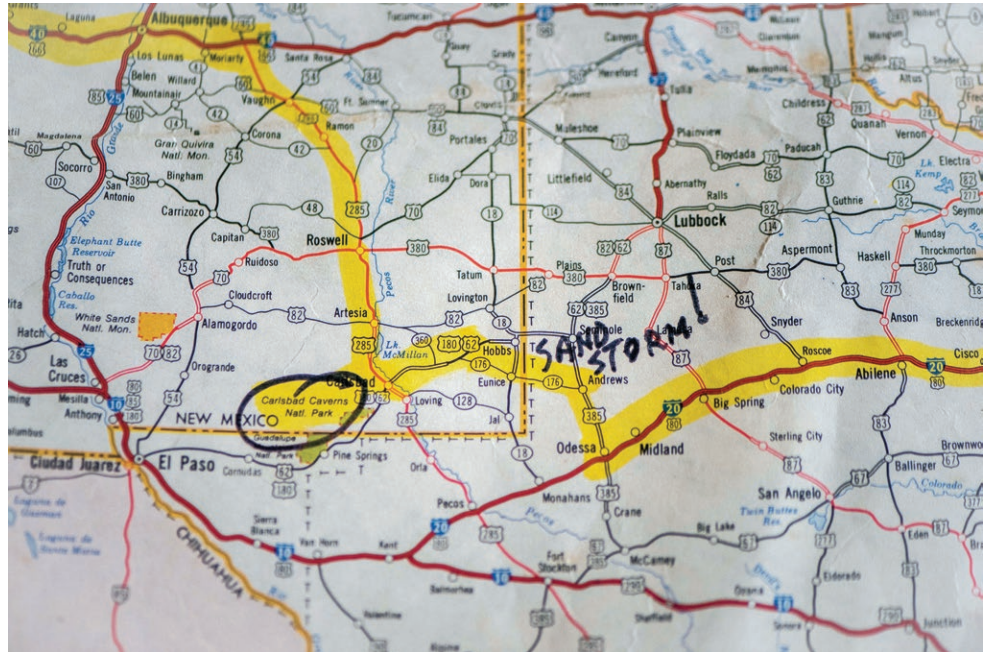
“The sights, the sounds and the smells,” Bob Shoaf says of why he loves being on a motorcycle. “You’re not closed up in a car. Everything is wide open. It’s different, it’s very different.”

For Margie, it also is about friends they’ve made and kept, taking in the beautiful landscapes and observing how people live in different parts of the country.

When they first started riding motorcycles, Bob was steering a 750 Super Sport with a long seat, and Margie said, “If we’re going to ride like this, we’ve got to have something better.”

That’s when they bought their first Gold Wing.

Through the years, getting a little bit bigger and fancier each time, they have ridden these



The Shoafs made note of where they hit a sandstorm in the Southwest.

GAME PLAN FOR LIFE DECISIONS = DESTINY

WHAT CHOICES ARE YOU MAKING TODAY
THAT WILL AFFECT YOUR TOMORROW?

Rowan-Kannapolis
ABC Board

Safer Communities. Stronger Knowledge.

Together We Care.

GAMEPLAN
FOR LIFE



Proactively we do programs to teach our community that: **“The preparation for the game of the life does not include the practice of underage drinking”** ~ Terry Osborne



TRANE
COMFORT SPECIALIST

TRANE
It's Hard To Stop A Trane.

HIGHLY TRAINED
EXPERTS IN
CUSTOMER
SATISFACTION

WE STAND BEHIND EVERY TRANE.

STOUT
HEATING & AIR CONDITIONING, INC.
“The Doctor of Home Comfort”

4243 S. Main Street
Salisbury, NC
704-633-8095
www.trane.com

© 2015 Trane. All rights reserved.

REMINISCE



Gold Wings — a 1982 GL 1100, a 1987 GL 1200, a 1997 GL 1500 Aspenade and a 2003 GL 1800 Gold Wing Trike.

Bob opens up a building behind their house, and it is filled with 136 trophies, ribbons and plaques he and Margie have received at various motorcycle shows and rallies.

“He had them in the house, and I told him you have to put these somewhere else,” says Margie, who was tired of dusting them.

The building is full of many awards, from Florida to California, that say “Best in Show,” “People’s Choice” and “Couple of the Year.” Margie even brought home an “Oldest Co-Rider” recognition from Tennessee.

The couple also cherish their club patches and rally pins from virtually every state. Sit down for a while, and they will pull out scrapbook after scrapbook documenting their longest trips. The albums hold photographs, maps, receipts and brochures of the campgrounds and lodges they stayed in along the way.

Their motorcycles usually pulled either a trailer or pop-up camper.

BUYING? SELLING?
Let me find your perfect fit!
Local, Trusted, and here to help.



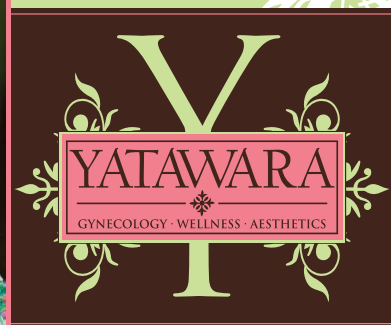
RE/MAX® Trusted.
Leading Edge Respected.
Connected.

704.798-5726
www.JayneHelms.com



Jayne Helms

GAYLE YATAWARA, MD



General Gynecology
Bioidentical Hormone Replacement Therapy
Botox • Juvederm • Latisse • Zo Skin Health
Kybella • Chemical Peels • Jane Iredale
MonaLisa Touch

WWW.YATAWARAMD.COM

704.754.8990

415 STATESVILLE BOULEVARD · SALISBURY, NC 28144

Live Healthfully • Age Gracefully

The Shoafs founded and were among the longtime leaders of the Cardinal Wings motorcycle chapter in Salisbury before it disbanded.

Now 85 and 81, respectively, Bob and Margie don't ride their Gold Wing as much as they once did. In the past year, Bob dealt with a serious case of pneumonia that hospitalized him and required several weeks of convalescence at the State Veterans Home in Salisbury.

But he's feeling much better, and he and Margie regularly attend Gold Wing chapter meetings — either in Albemarle or High Point. Fellow chapter members know Margie as the "Sunshine Lady," because she's often energizing the meetings and giving out candy and cards to recognize accomplishments, anniversaries and birthdays.

The Shoafs' longtime dedication led Wing World, the Gold Wing Road Riders Association's national magazine, to feature the couple in its May 2018 edition under the headline "Ultimate GWRRA Enthusiasts."

You could say Bob and Margie were late bloomers when it came to motorcycles. Only when Bob retired from his 30-year job in the maintenance garage at the N.C. Department of Transportation did their passion for motorcycles take off.

Theirs is an East Coast-West Coast marriage that has lasted 64 years.

A 1951 graduate of Boyden High School in Salisbury, Bob Shoaf en-

tered the Air Force during the Korean War and was sent to Alaska at first. "I wanted to work on airplanes, so I got to do that," says Bob, adding he comes from a long line of blacksmiths and mechanics.

Because of his maintenance record and mechanical acumen, Shoaf made the rank of staff sergeant in three years. His other Air Force stops took him to Newfoundland, Kansas City (engine school), Texas and finally California, where Margie had grown up and was living in Los Banos.

Burleson Farms, LLC

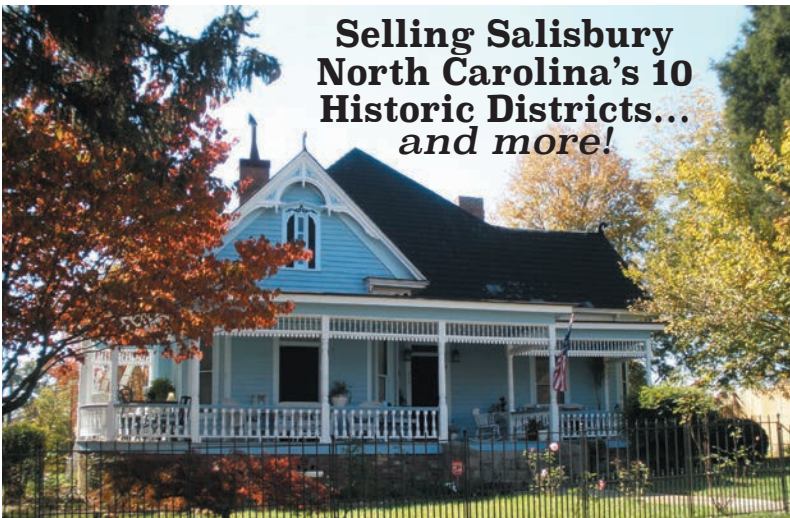
- Certified All Natural Beef
- USDA Inspected
- No Antibiotics
- No Preservatives
- No Added Hormones



Lanny Burleson - Owner
145 Landmark Drive, Salisbury, N.C. 28146
704-239-3841 • lannyburleson@yahoo.com

BurlesonBeef.com

Selling Salisbury North Carolina's 10 Historic Districts... and more!



Your 'old house' expert

Historic Salisbury
Foundation Preservation
Professional of the Year

#OldHouseGuy #ListWithMe

Greg Rapp

704-213-6846

www.RealEstateSalisbury.net

GregRappRealtor@gmail.com



SUSANNA HOLLINGSWORTH
realtor®

susannahollingsworth@kw.com

704.798.1795

KELLER WILLIAMS
R E A L T Y

Each Keller Williams Realty Office is Independently Owned and Operated.

REMINISCE

During a leave at Yosemite Lake one weekend. Bob was paired with Margie's girlfriend at first, but he and an Air Force buddy switched dates so that Bob ended up with Margie "and we've been fighting ever since," he says.

The couple married in 1954, lived two years in Merced, California, and moved back to Bob's home county in North Carolina in 1956. They raised two boys and have been in their Salisbury home since 1961.

Margie remembers the culture shock in those days of moving from California to North Carolina. People here considered her a foreigner, she says, and it took a while for her to adjust to the Southern lifestyle and what was expected.

"The women here stayed in the house and cooked while the men were out in the field,"

Margie says.

On his return to Salisbury, Bob first worked for Parks Co., then he began a 30-year career with the Department of Transportation. He started out chasing parts for the DOT, he says, and ended up as mechanic supervisor.

Bob was still pretty young when he retired, so he started his own garage at the back of his house. "I just did it by appointment, and I always had something to do," he says.

His customers knew one thing: "You don't get it back until I'm satisfied," he told them.

On the side, Bob also made 20 motorcycle cargo trailers for fellow bikers. Packing a motorcycle's trailer is a science, Margie quickly learned. Bob is meticulous about packing, and he explained to Margie how they had to have the balance on the trailer just right.

"You should have seen us loading for the first trip to California," Bob recalls. "She put it in, and I'd take it out."

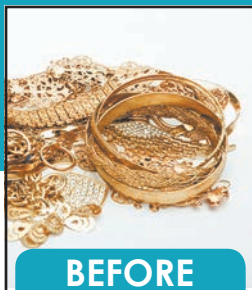
Through the years, Margie was a big believer in taking the co-rider safety courses offered by the GWRRA. When the road conditions call for it, Margie says, a co-rider must be a second pair of eyes for the driver and communicate any possible dangers quickly and succinctly.

They communicate with each other helmet-to-helmet by radio.

"I had to be specific on what I said," Margie explains. "... And when he says hang on and shut up, you hang on and don't say nothing."

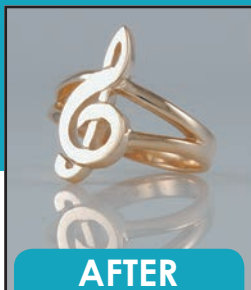
She sees only one drawback to riding with Bob on the Gold Wing.

"I hate that helmet hair when we go to church," she says. **S**



BEFORE

Your jewels don't want to live in a box.



AFTER

Give them new life at **Windsor Gallery Jewelers**

Let's create something special!

Bring in your jewelry for a FREE cleaning and stone checking.



1810 W Innes St Salisbury, NC • 704.633.7115
www.windsorgalleryjewelers.com



Don't settle for average.

Unless you're in the market for it.



Jennifer Karczewski
REALTOR

JenniferK.C21@gmail.com
(704) 680-7890



CENTURY 21

Towne & Country
Each office independently owned.





Bob and Margie in their garage.



Landis Plumbing Supply, Inc.

After 60 years in the business, we understand kitchens & baths.

We also understand what our customers want — competitive price, quality products and friendly, professional customer service.

Walk-ins welcome. Mon-Fri 8:30-4:30

704-857-BATH
CORNER OF 29 NORTH & OLD BEATTY FORD RD, CHINA GROVE
WWW.LANDISPLUMBING.COM



Providing Classical Christian Curriculum for Junior Kindergarten through grade 12



ACSI ACCREDITED SACSCACS



NORTH HILLS CHRISTIAN SCHOOL Established 1967
northhillschristian.com
704-636-3005 ext 109

"Equipping the hearts and minds of students to Impact the world for Christ"



Windows - Gutter Siding - Roofing

J.A. FISHER®
CONSTRUCTION.COM

A Specialty Contractor Since 1979 With Over 10000 Completed Jobs
Salisbury Kannapolis **704-788-3217** Concord Harrisburg

EZ Payment Options



CAROLINA GOLF MART
PRACTICE CENTER & RETAIL STORE

Full Service Discount Golf Center

890 West Ritchie Rd. • EXIT 74 JULIAN ROAD • Salisbury
www.CarolinaGolfMart.com • 704-639-0011



Working in the kitchen behind the Hall House, Susan Worcester mixes the ingredients to a ginger spice cake using a recipe from the Mary Cowan Hall cookbook.



A good-sized crowd filled the Hall House lawn and enjoyed a summer evening of food, drink and bluegrass music.



Kelly Kisor, Lou Anne Dilts and Ray Stiller

Blankets & Bluegrass

About 250 people attended Historic Salisbury Foundation's third annual Blankets & Bluegrass on the lawn of the Hall House on South Jackson Street. Performers, who sang and played from the second-floor balcony of the house museum, were One Fret Over and Destination Bluegrass. The Hall House and the kitchen behind the house were open for tours during the evening.

— Photos by Mark Wineka



Left: Dixie Scott and Alex Bruce had a picnic and enjoyed the music from the Hall House lawn. Middle: Kathryn Hodges, Margot May Pryor, Hazel Wollard and Vater Pruetz. Right: People who attended Blankets & Bluegrass also were able to tour the Hall House museum. Dianne Hall and Linda James served as some of the Hall House docents.



Carol and Chris McNeely



Monika and James Bigsby



Above: Krista and Kevin Payne.

Left: Sheila Prevatte, John Kesler, Cathy Kesler, John Basinger and Joanna Kesler



At left, Destination Bluegrass members Brad Wood and Boyd Hulin with Brandon Tester and Todd Webber.



Catherine Soderberg and Julie Blackburn



Employees and friends of Trinity Oaks and Lutheran Services Carolinas take time for a picture with a Volkswagen van.



Left: Deb Tillman, Ann Bruce, Gina Stevens, Sandra Cross and Christie Reavis



Right: Nancy and Russ Gavitt



Jessica Swanson and Christine Sadler



Trinity Oaks Executive Director Bill Johnson takes the microphone from Chamber President Elaine Spalding



Chamber President Elaine Spalding with Bill Easterling, one of the team captains.



Adam Shepherd and Chamber President Elaine Spalding



Jennifer Lamy, Louanne Stanton, Sheri Stirewalt and Nicole Marsh

Chamber's Campaign Kickoff

The Rowan County Chamber of Commerce kicked off its 2018 Total Resource Campaign with the theme, "Be the Voice — '60s Style." Team captains and many employees of the kickoff's host, Trinity Oaks, dressed in 1960s attire as they encouraged all the volunteer participants to "Be the Voice" for the business community. The campaign, headed by Nicole Matangira of Holmes Iron and Metal Inc. and Matangira Recycling, ran through Sept. 14 with a goal, among other things, of adding 50 new Chamber members.

— Photos by Mark Wineka



Teresa Dakins and Donna Groce



Deana Burris, JoAnn Martin and Linda Agner

Above: Donna Barnes, David Blizard and Sue Dartnell. Right: Nicole Matangira, left, with Dr. Janet Spriggs. Matangira headed the Chamber's Total Resource Campaign, and Spriggs is the Chamber's chairwoman.





Above: Jaysa Jordan of the Concrete Dragonslayers and Katie Presson and Angel Sharkey with Sync or Swim. Left: Cindy and Tim Hart of the Anchors Up team. Right: Anchors Up members Leigh Ann Loeblein, Jennifer Flynn and Deb Smith.



Ayanna Lowery, Tyree Krider, Tarry Krider and Tiffany Bunch, who were with the Power Curbers entry.

Dragon Boat Festival

The Rowan County Chamber of Commerce's fifth annual Dragon Boat Festival was held at the Shrine Club on High Rock Lake. The event offers companies, community groups and associations the chance to take on the waters in dragon boat teams of 20 paddlers and one drummer, beating out the rhythms to their strokes. The 42-foot-long dragon boats raced over a 300-meter course. PanAm Dragon Boat provided the boats, life vests and a steer person for each competing team. Proceeds benefit the Chamber's small business programs and services. Novant Health Rowan has been the title sponsor for five years.

— Photos by Mark Wineka



Carolyn Jackson with Alma and Tyler Stout



Above: Concrete Dragonslayer teammates Penny Barger and Dalia Sanchez. Left: Drew Myers and Graham Lyerly with the city of Salisbury team. Right: Lydia and Luke Miller of the Novant Health Rowan team





Velinda Bost of the F&M team with Cindy Freeman



Jay Whittington, Steve Jarrett, Butch Julian and Deb Julian



Above: Tami Pope and Joyce Caron-Mercier



Right: Jodie Merrill and Mary Helen Atkins of The Cut-Ups relax during the lunch break.



Charlotte Fury teammates Andrea Horvath, Ken Horvath and Jennifer Spence



Above: Katelin Rice and Forrest Anderson, who were teammates on the Hotwire dragon boat. Right: Tammy Laursen and Michael Long, who was with the Concrete Dragon-slayers.



Tina Miller of the Trinity Oaks paddlers.



Mike and Kim Crawford of The Cut-Ups



Elisabeth Farmer and Brandon Edds



University of North Carolina basketball great Al Wood, a friend of new Hall of Famer Chris Sifford, chats with Salisbury-Rowan Hall of Fame coach Sam Gealy, right.



From left, the Hall of Fame class for 2018, included Dawn Gibson (standing in for her late uncle Darryl Gibson), Calvin Hayes Jr., Fred Cooke, Carlos Dixon, Mitch Ellis, Chris Sifford and Jim Gantt.



Diane Hayes, Andrea Hayes, Caleb Hayes and Hall of Fame member Cal Hayes Jr.

Salisbury-Rowan Sports Hall of Fame

The 2018 class of the Salisbury-Rowan Sports Hall of Fame was inducted during an afternoon event at the Salisbury Civic Center in August. The new inductees included Fred Cooke, Carlos Dixon, Mitch Ellis, Jim Gantt, the late Darryl Gibson, Calvin Hayes Jr. and Chris Sifford. The Hall of Fame “honors individuals, living or deceased, who are native to, or have worked or performed in Rowan County. The inductees must be of good character; must have made significant contributions to the dimension of sports by their participation and performance; and must have made a positive impact on sports locally, regionally, nationally or internationally.” The Hall of Fame, which inducted its first class in 2001, now has 116 members.

— Photos by Mark Wineka



Left: Ann Cline, Nancy Cooke (wife of Hall of Famer Fred Cooke) and Bucky Cline.

Right: Legendary Rowan County coaches Aaron Neely, Roger Secrest and Ralph Shatterly.





Above: Hall of Fame inductee Chris Sifford and a fellow Hall of Famer, sports broadcaster Howard Platt. Right: Veronica Cherry, Wilson Cherry and Bonnie Goodlett.



Allie Gilmore, Mack Ellis III and Mack Ellis



Above: Hall of Fame Committee members Scott Maddox, Mike London and chairman Dennis Davidson. Right: Ollie York, aunt of the late Hall of Fame inductee Darryl Gibson, and Adrain Scott.





Emcee Margaret Kluttz talks with 'Little Miss Mater' contestants Lane Card (in the tomato suit) and Amelia Coble.



Baskets of cherry tomatoes were consumed quickly during the Junior Division tomato-eating contest won by Amy Brown.



Judy Matthews, Barbara Atwell, Rene Atwell, Barry Atwell and Carl Moore

Woodleaf Tomato Festival

The annual Woodleaf Tomato Festival at Unity Presbyterian Church — an August tradition in Rowan County — featured its usual parade, tomato-eating, vendors, music, fellowship and tomato-related contests. Proceeds from the festival benefit the church and its missions.

— Photos by Mark Wineka



Patti Safrit and Shelbia Foster



Maria Trinidad and Ava Brown



Molly Graham and Karsen Simpson



Will Baynard (in the red) and Kaden Harris run a relay in which they were required to carry big tomatoes at the end of their plungers.



Franklin Bell was a last-minute walk-on for the tomato-eating contest for adults, and he ended up winning. — Submitted photo



Above: Denny and Janet Lewis of Harrisburg.



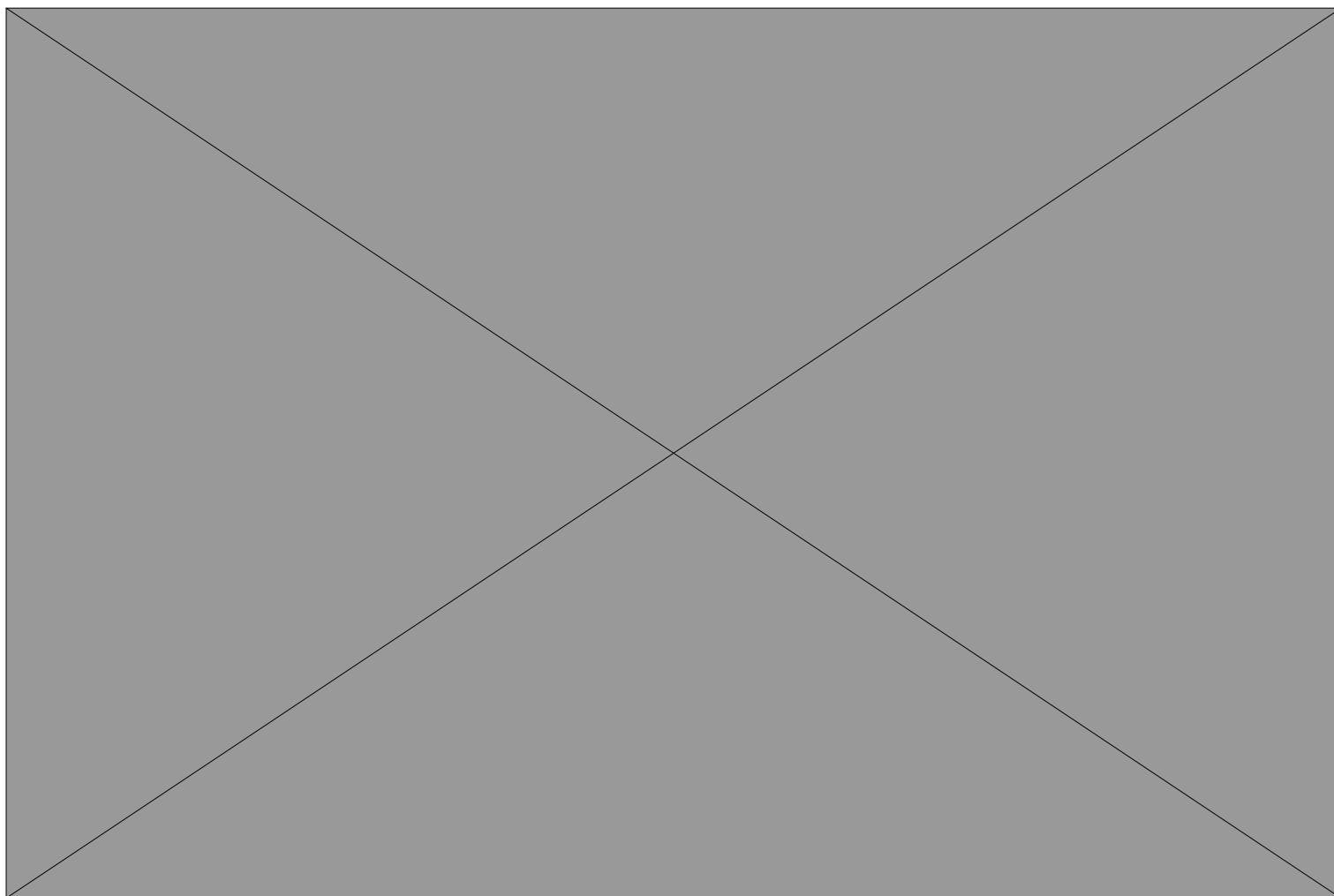
Right: Photographer Wayne Hinshaw is surrounded by some tomato queens, including Libby Watson, Patti Safrit, Mary Helen Myers, Mary Ann Moore, Amanda Huss and Debbie Fleming. — Submitted photo



Paula Campbell and Amanda Wilson



Julia, Jacie and Jamie Kirwin



Carolyn Blackman packs up her paints after working on a plein air painting of the Dr. F.B. Spencer House on South Fulton Street during last year's October Tour. This year's event is Oct. 13-14. — Jon C. Lakey photo

4 Piedmont Antique Show
Oct. 4-7: Rowan County Fairgrounds
Oct. 4-7 — For more information contact 980-521-4928.

4 'For Peter Pan On Her 70th Birthday'
Oct. 4-6: Lee Street theatre — 7:30 p.m. When Ann thinks of her father, she immediately remembers playing Peter Pan in her hometown theater in Iowa. Her memory is jogged by the fact that she and her siblings are with their father during his final moments. A loving look at a family's view of death, life, and the allure of never growing up. General tickets are \$17.55 and student tickets are \$10.

October 2018

Upcoming events in the Salisbury-Rowan area

5 Day Out with Thomas
Oct. 5-7 (also Sept. 28-30): N.C. Transportation Museum — All aboard for a train ride with Thomas, meet Percy, and so much more. Advance purchase of tickets recommended. Ticket prices vary. For more information, visit www.nctrans.org.

5 Busker's Bash
Oct. 5: downtown Salisbury — 5-9 p.m. The best local talent comes together to perform in front of participating downtown businesses. Vote for your favorite, grand finale to follow. Free music from 6 to 8 p.m. Shops and restaurants will offer specials from 5 to 9 p.m.

6 'Americana'
Oct. 6: Catawba College's Keppel Auditorium — Salisbury Symphony's season premiere, featuring soloist Anyeé Farrar.

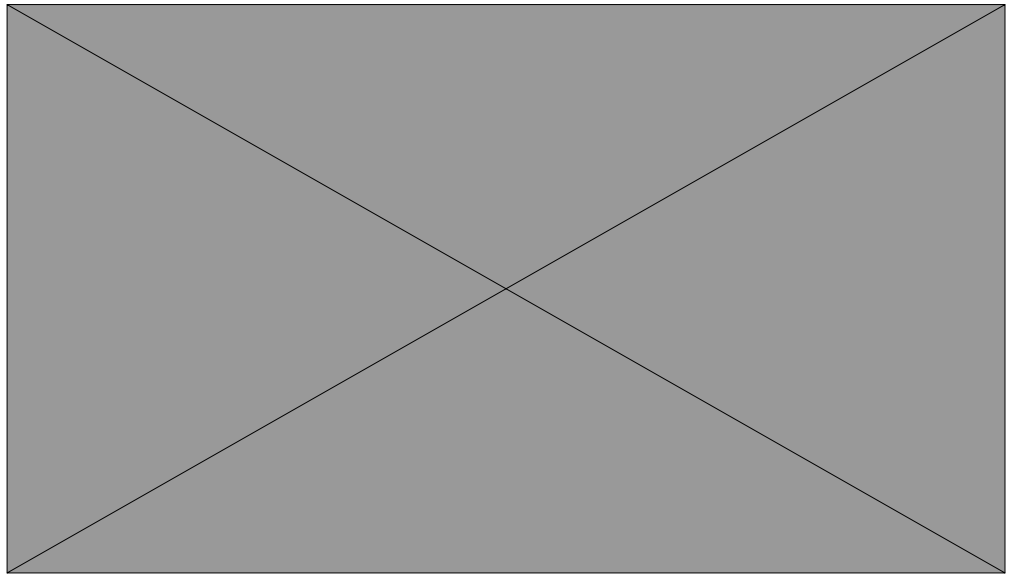
6 Autumn Jubilee
Oct. 6-7: Dan Nicholas Park — 10 a.m.-6 p.m. This 39th annual festival attracts more than 45,000 visitors from across Rowan County and the state. Autumn Jubilee celebrates the season with live music, food, and craft vendors. This is a free event.

12 OctoberTour Luncheon
Oct. 12: Salisbury Station — 11:30 a.m. to 1:30 p.m. — Join us for a delicious meal and wine while you travel back in time with speaker Gary Freeze and his talk, "Towns, Trains, & Transition — 1839-1913. The luncheon will be held at Salisbury Station with a field trip to the N.C. Transportation Museum to see historic private railcars. Luncheon admission: \$50 per person.

13 OctoberTour
Oct. 13-14: historic Spencer and Salisbury — Saturday, 10 a.m.-5:30 p.m.; Sunday: noon-5:30 p.m. Sponsored by Historic Salisbury Foundation, this year's tour of historic places spices things up with several private homes in Spencer and the N.C. Transportation Museum as stops, along with examples of apartment living in downtown Salisbury. Call Historic Salisbury Foundation at 704-636-0103 for more information and advance tickets. Also visit www.OctoberTour.com.

13 OctoberTour Bistro and Brews
Oct. 13-14: Spencer's Library Park — 10 a.m. to 5:30 p.m. This free event is located at Spencer's Library Park and is open to the public. Area restaurants and food trucks offer delicious food and drink for purchase. This area is a hub of activity and a wide array of sweet and savory items are available. Shop at the unique Art Market where local craftsmen and other fine store owners will have their signature merchandise for sale. From unique one-of-a-kind pottery to ornaments with local landmarks, each vendor has something special to share.

13 Granite Quarry Civitan Fiddlers Convention
Oct. 13: East Rowan High School, 175 St. Luke's Church Road — Chopped barbecue plates, hamburgers, hot dogs and desserts start being sold at 11 a.m. Band and individual competition, 2-11 p.m. Bands compete in categories including Traditional Old Time, Bluegrass and Bluegrass Gospel. Individual competition in Old Time Fiddle, Bluegrass Fiddle, Old Time Banjo,



The Gold Line Band, from Gold Hill, performs during last year's Fiddlers Convention. This year's event is Oct. 13. — Jon C. Lakey photo

Bluegrass Banjo, Guitar, Mandolin, DOBRO, Bass. Also, Youth Band and Individual categories.

20 Rowan Blues and Jazz Festival
Oct. 20: 200 W. Fisher Street — 2 to 10 p.m. Rowan Blues and Jazz is dedicated to preserve, promote and present the art forms of blues and jazz music with an emphasis on musical performances by musicians from the Piedmont region of North Carolina. (Check the Rowan Blues and Jazz website for updates on this year's festival.)

25 'Wait Until Dark'
Oct. 25-28, 31: Meroney Theater — 7:30 p.m. plus 2:30 p.m. on Oct. 28. Also Nov. 1-3. A sinister con man and two ex-convicts are about to meet their match. They have traced the location of a mysterious doll to the Greenwich Village apartment of Sam Hendrix and his blind wife, Susy. Sam had apparently been persuaded by a strange woman to transport the doll across the Canadian border, not knowing that sewn inside were several grams of heroin. When the woman is murdered, the situation becomes more urgent. The con man and his ex-convicts, through a cleverly constructed deception, convince Susy that the police have implicated Sam in the woman's murder, and the doll, which she believes is the key to his innocence, is evidence. She refuses to reveal its location, and with the help of a young neighbor, figures out she is the victim of a bizarre charade. Susy knows the only way to play fair is by her rules, so when darkness falls she turns off all the lights leaving both of them to maneuver in the dark until the game ends.

27 Blockwork
Oct. 27: 400 block of South Lee Street, Salisbury — 8:30 a.m.-3 p.m. Neighbors helping neighbors on "Make A Difference Day." The annual city-sponsored Blockwork brings residents and community volunteers together to build cleaner and safe neighborhoods, one block at a time. If you want to volunteer, sign up by Oct. 1 at www.salisburync.gov/BlockWork, or email dmogh@salisburync.gov, or call 704-638-5240.

27 Gold Hill Ghost Tour
Oct. 27: Gold Hill Mines Historic Park, 735 St. Stephens Church Road, Gold Hill — 5:30-8:30 p.m. Ghost stories and guided ghost walks and hayrides to the 19th century gold mines and historic sites in the 70-acre park. Admission: \$6; ages 6-10, \$3. No advance ticket sales. Multiple tours throughout the night until all patrons are out on tour. Plan for a wait. Tours begin at 5 p.m. for families with small children.

28 Rotary Spooky Sprint 5k
Oct. 28: Catawba College — 2 p.m. Packet pickup will be from noon to 1:30 p.m. on the day of the event. A fun run will also take place after the 5k, and there will also be a costume contest. Entry fees go to youth programs, making a difference in their lives. For more information call or text 704-310-1423.

31 Downtown China Grove Trick or Treating
Oct. 31: downtown China Grove — 4-5 p.m. Bring a bag for candy and wear your best costume to trick or treat with the downtown merchants in China Grove. **S**

salisbury's the place |

'THE SQUARE'

By Mark Brincefield

Watercolor

*Artwork for Salisbury's the Place may be submitted to
mark.wineka@salisburythemagazine.com*

Atrium

A PLACE...

filled with light

where each and every heartbeat begins

where connections are made

bringing health, hope and healing

FOR ALL

Carolinas HealthCare System is  **Atrium Health**

DON'T BREAK YOUR STRIDE

Keep moving with expert
orthopaedic and **sports medicine**
care close to home



To make an appointment:
704-633-6442
Lexington.WakeHealth.edu/Ortho

**Salisbury Orthopaedic
Associates, PA**

An affiliate of  **Wake Forest[®]
Baptist Health**